



THURSDAYS APRIL 5TH, 19TH, 26TH & MAY 3RD PAINTING CLASSES

Looking for stress relief, mindfulness, or a way to tap into your creativity? ACYPS will be hosting painting classes in the traditional room at the health center starting Thursday April 5th from 1:00-4:00 pm. Space is limited so if you are interested please contact Carrie at ACYPS at 519-797-5000 to reserve your spot.



Thursdays from 1-4 pm at the Health Center starting April 5th, excluding April 12th

Painting is a great stress reliever

There is no cost to attend this event

Space is limited, please register with Carrie

