

'HEALING FROM TRAUMA'

Trauma is defined as a deeply distressing or disturbing experience; or it could be an emotional shock following a stressful event or a physical injury. It can come in many forms; shock, distress, grief, pain, anguish, heartache, anxiety, heartbreak, or physical wounds.

Date: Friday, January 11, 2019

Location: Band Office

Time: 9:30am - 4:30pm

9:30am-11:30am - Healing From Trauma

12:00pm-4:30pm - 1.5hr one-on-one or family/friends sessions

Call To Register - Limited Seating 519-797-3336

Liz Akiwenzie from Manitou Kwe Consultation

Specializing in cultural competency awareness and training.

Keynote: Topics: Education on western world view vs Indigenous world view. Education, justice & corrections, health and wellness of self, family, community & nation.

Liz has 35 years of experience providing cultural healing & wellness. She is Ojibway and Oneida with an education in Social Service work. She has worked in the health, education, addiction, as well as justice & correctional services sectors.

