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September 2018 Saugeen News



The Saugeen News is published under the direction of the Saugeen Band Council, Saugeen First Nation # 29, 6493 Highway 21, Southampton,ON For free distribution to the members of the Saugeen Band

Saugeen Band Council Minutes In Brief





SAUGEEN BAND COUNCIL Monday, July 9, 2018 Council Chambers 9:30 a.m.

Present: Chief Anoquot, Randal Roote, Conrad Ritchie, Mike Henry, Lorne Mandawoub, Herman Roote, Letitia Thompson, Mark Mandawoub, Sonya Roote, Gayle Mason Stark

MOTION No.01

Moved by: Lorne Mandawoub Seconded by: Mark Mandawoub To accept the agenda with additions as presented for today's meeting. 8 in favor Carried

MOTION No.02

Moved by: Letitia Thompson Seconded by: Conrad Ritchie To accept the Saugeen Band Council minutes dated June 25, 2018 7 in favor

1 Opposed – Sonya Roote "Need verbatim minutes"

1 Declined to vote – Randal Roote "Conflict" Carried

MOTION No.03

Moved by: Letitia Thompson Seconded by: Gayle Mason Stark To accept the Education Committee minutes dated June 25, 2018. 9 in favor Carried

MOTION No.04

Moved by: Mike Henry
Seconded by: Randal Roote
To authorize payment to the following:
KPMG LLP, Town of Saugeen Shores
9 in favor
Carried

MOTION No.05

Moved by: Lorne Mandawoub Seconded by: Herman Roote To authorize the purchase of a Boom Flail Mower and Dual Tire Package for Trackless Machine 9 in favor Carried

MOTION No.06

Moved by: Sonya Roote
Moved by: Gayle Mason Stark
To authorize payment to Keystone Child. Youth & Family Services for the Quarterly Invoice—
Counselling Services dated June 2018.
9 in favor
Carried

MOTION No.07

Moved by: Sonya Roote
Seconded by: Randal Roote
To appoint Head Councilor Conrad Ritchie as chairperson for remainder of the meeting in the absence of the Chief Anoquot.
8 in favor
1 Declined to vote – Conrad Ritchie "Conflict"

Carried Contract Reference Contract

Moved by: Lorne Mandawoub Seconded by: Mike Henry To authorize the hiring of the Ontario Works

Administrator Position.

7 in Favor

1 Abstention – Gayle Mason Stark "Our Membership should be given priority" Carried

MOTION No.09

Moved by: Gayle Mason Stark Seconded by: Lorne Mandawoub To appoint a councilor as a Member of the Tecumseh Community Development Corporation. 7 in favor 1 Declined to vote – Mike Henry "Conflict" Carried

MOTION No.10

Moved by: Lorne Mandawoub Seconded by: Sonya Roote To authorize "Out of Province" travel for Chief Lester Anoquot and Councilor Mark Mandawoub to attend the Assembly of First Nations 39th Annual General Assembly (AGA) on July 22-26, 2018 Vancouver. 8 in Favor Carried

MOTION No.11

Moved by: Mike Henry Seconded by: Lorne Mandawoub To hereby adjourn for today's meeting, time being 12:22pm. 8 in Favor Carried



Saugeen Band Council Wednesday, July 11, 2018 Council Chambers 9:30 a.m. Present: Chief Anoquot, Sonya Roote, Randal Roote, Mike Henry, Lorne Mandawoub, Mark Mandawoub, Conrad Ritchie, Letitia Thompson, Herman Roote, Gayle Mason Stark

MOTION No. 01

Moved by: Mike Henry Seconded by: Lorne Mandawoub To accept the following Committees and Portfolios for the following 2018-2019 9 in favor Carried

MOTION No.02

Moved by: Mike Henry Seconded by: Mark Mandawoub To adjourn for today's meeting, time being 11:07am. 9 in favor Carried







Saugeen Band Council Monday, July 16, 2018 Council Chambers 9:30 a.m.

Present: Chief Lester Anoquot, Randal Roote, Conrad Ritchie, Mark Mandawoub, Lorne Mandawoub, Gayle Mason Stark, Herman Roote, Sonya Roote, Letitia Thompson

MOTION No.01

Moved by: Lorne Mandawoub Seconded by: Mike Henry To accept the agenda as presented with additions for today's meeting, Monday, July 16, 2018 8 in favor Carried

Moved by: Lorne Mandawoub
Seconded by: Mike Henry
To declare this portion of the meeting to be "IN
CAMERA" time being 12:05pm
7 in favor
2 out of the room
Sonya Roote "Conflict"
Mark Mandawoub "Conflict"
Carried

MOTION No.03

Moved by: Ken Roote
Seconded by: Mike Henry
To hereby go "OUT OF CAMERA" portion of
the meeting ended, time being 12:45pm.
7 in favor
2 Put of the room
Sonya Roote "Conflict"
Mark Mandawoub "Conflict"
Carried

MOTION No.04

Moved by: Mike Henry Seconded by: Steven Vanloffeld To authorize payment to KL Martin & Associates Corp. Dated June 2018 7 in favor Carried

MOTION No.05

Moved by: Sonya Roote
Seconded by: Clint Root
To adjourn for today's meeting, time being
3:12pm.
7 in favor
Carried



Saugeen Band Council Monday, July, 23, 2018 Council Chambers 9:30 a.m.

Present: Conrad Ritchie, Lorne Mandawoub, Mike Henry, Letitia Thompson, Sonya Roote, Herman Roote, Gayle Mason Stark, Randal Roote

MOTION No.01

Moved by: Sonya Roote
Seconded by: Letitia Thompson
To appoint Conrad Ritchie as chairperson for today's meeting.
5 in favor
Carried

MOTION No.02

Moved by: Randal Roote Seconded by: Mike Henry To accept the agenda as presented with additions for today's meeting. Monday, July 23, 2018 6 in favor Carried

MOTION No.03

Moved by: Herman Roote

Seconded by: Randal Roote
To accept the Saugeen Band Council
Minutes of July 9, 11, 16, 2018 as presented.
4 in favor Carried
1 Opposed – Sonya Roote "Need Verbatim
Minutes"
1 Declined to vote – Mike Henry "Wasn't
here"
Carried

MOTION No.04

Moved by: Sonya Roote
Seconded by: Gayle Mason Stark
To clarify the position of the Saugeen Band
Policy Analyst as a political position
associated with the office of the Saugeen
Band Chief.
7 in favor Carried

Moved by: Sonya Roote
Seconded by: Herman Roote
To RESCIND the Resignation from the
Policy Analyst/Communications Officer.
Further, to reinstate to the original position
of Policy Analyst/Communications Officer.
7 in favor Carried

MOTION No.06

Moved by: Lorne Mandawoub
Seconded by: Randal Roote
To authorize payment to the following:
Town of Saugeen Shores July 2018 invoice
Pape Salter Teillet LLP April/May 2018
Invoice
Olthuis Kleer Townshend LLP May 2018
invoice.
6 in favor
Carried

MOTION No.07

Moved by: Randal Roote
Seconded by: Herman Roote
To authorize payment to Innovative HR
April 2018 invoice
Pape Salter Teillet LLP May 2018 invoice
Olthuis Kleer Townshend LLP May 2018
invoice
6 in favor
Carried

MOTION No.08

Moved by: Sonya Roote Seconded by: Gayle Mason Stark To approve the Amended 2018-2019 Post-Secondary Student list for PSSP Funding dated July 2018 6th copy. 6 in favor Carried

MOTION No.09

Moved by: Gayle Mason Stark
Seconded by: Lorne Mandawoub
To RESCIND the Resignation from two
employees dated July 2018.
Further, reinstate the two employees to their
original positions effective immediately.
Furthermore, that these employees to be paid
regular hours for time off until time of return
to regular work hours.

5 in favor

1 out of the room – Sonya Roote "Conflict" Carried

MOTION No.10

Moved by: Sonya Roote
Seconded by: Herman Roote
To approve the request from a Band Member to operate a Chip Wagon at the Sauble Park for the remainder of summer 2018.
5 in favor
Carried

MOTION No.11

Moved by: Sonya Roote
Seconded by: Gayle Mason Stark
To give direction to the Economic
Development Officer and Sauble Park
Supervisor to Close the Sauble Park from
Silver Lake Road to French Bay Gate for use
of SAUGEEN BAND MEBERS ONLY
effective July 2018.
5 in favor

MOTION No.12

Carried

Moved by: Gayle Mason Stark Seconded by: Randal Roote To adjourn for today's meeting, time being 2:43pm. 5 in favor Carried



Saugeen Band Council Monday, July, 27, 2018 Council Chambers 9:30 a.m.

Present: Chief Anoquot, Conrad Ritchie, Letitia Thompson, Sonya Roote, Herman Roote, Randal Roote, Mark Mandawoub

MOTION No. 01

Moved by: Sonya Roote
Seconded by: Herman Roote
To accept the Consolidated Financial Statement

from KPMG for the Saugeen First Nation Audit 2018.

Furthermore, to approve the transfer of funds from various Saugeen First Nation Band Accounts to clean up inter-co-balances at March 2018 as per schedule presented.

6 in favor Carried

MOTION No. 02

Moved by: Sonya Roote Seconded by: Herman Roote To hereby RESCIND Motion No. 04 & Motion No. 05 dated July 23, 2018.

6 in favor Carried

MOTION No. 03

Moved by: Mark Mandawoub Seconded by: Conrad Ritchie To adjourn for today's meeting, time being 3:53pm 6 in favor Carried



Saugeen Band Council Monday, July, 30, 2018 Council Chambers 9:30 a.m.

Present: Chief Anoquot, Conrad Ritchie, Randal Roote, Mark Mandawoub, Mike Henry, Lorne Mandawoub, Gayle Mason Stark, Herman Roote, Letitia Thompson, Sonya Roote

MOTION No. 01

Moved by: Conrad Ritchie
Seconded by: Lorne Mandawoub
To accept the agenda as presented for today's meeting
7 in favor
Carried

MOTION No.02

Moved by: Sonya Roote Seconded by: Mike Henry To authorize the purchase of laptops from CDW Direct for Post-Secondary Students 7 in favor Carried

MOTION No. 03

Moved by: Sonya Roote
Seconded by: Gayle Mason Stark
To support for the Foodbank Coordinator to
apply for the Ontario Trillium Capital Grant to
help secure funds for a permanent structure for
the foodbank program.
8 in favor
Carried

MOTION No. 04

Carried

Moved by: Sonya Roote Seconded by: Conrad Ritchie To authorize funds for Band Members for the U23 Saskatchewan Damon's Pride Fast Ball Team June 2018. 8 in favor

Moved by: Gayle Mason Stark
Seconded by: Letitia Thompson
To not accept the resignation from the Policy
Analyst/Communications.
6 in favor
2 Opposed
Sonya Roote – "Fallout"
Randal Roote – "This is administration work"

MOTION No. 06

Carried

Moved by: Sonya Roote Seconded by: Mike Henry To approve Post-Secondary Funding for student to attend Fanshawe College starting 2018-2019. 8 in favor Carried

MOTION No. 07

Moved by: Herman Roote Seconded by: Sonya Roote To adjourn for today's meeting, time being 5:06pm. 8 in favor Carried







Get your Saugeen News via e-mail contact: reception@saugeen.org

SFN Distribution 2019

Direct Deposit/Address Updates

We are in the process of cleaning out all of the past Direct Deposit information collected, and starting new.

For Direct Deposit for 2019 Distribution, please e-mail your banking information and any address updates to:

distribution@saugeen.org

If you are a current employee or student your banking information will be automatically transferred over for interest.

Even if you have submitted your information in the past, please do so again.

GCHI-MIIGWETCH
Saugeen Membership/Saugeen Finance

COMMUNITY MEETINGS

#2. Wednesday September 27th 2018

47 French Bay Rd. (Rec Centre)
6-830 pm. Dinner, refreshments & door prizes.

2st Draft of Saugeen LAND CODE.

What it means for Saugeen? Indian Act or FNLM?

Featuring:

Lands Coordinator – Kirk Roote

Lands Advisory Board Resource Centre (LABRC) Staff – Cassandra Cadeau

Other presenters to be announced!

SFN FNLM Committee Members

Everyone is invited!

For more information call Kirk Roote at: 519-797-3039 or cell/519-372-7830

email: kirk.roote@saugeen.org

Dear membership,

Over the past few weeks the maintenance staff and summer students have been working very hard to clean up the cemeteries in the community.

We have uncovered many markers that were overgrown one has a date of 1873!

In conjunction with Jennifer at the Training Center we will be replacing the damaged crosses of our loved ones who have passed. Thanks to the Band Administrator we also have stainless steel nameplates that can be added to the crosses with the name of the loved ones and dates if known.

We are asking for donations to the food bank for these tags.

If you have loved ones that you would like to have a name plate added to there cross please contact me.

I will be leaving a sample plate with Samantha at the Band Office for you would like to see one.

Regards,

Bruce Puddester

Building Maintenance Supervisor



Change in Program Call Outs

The staff of Home & Community Care will **no longer** be calling the Morning of a Program.

We will be calling for participation **the day before** to confirm attendance and inquire for transportation.

It is the responsibility of the client to call and state if they decide to cancel after confirming their seat.

It is encouraged that clients call to preregister for any programs and events in advance

Please call

Tania (519)797-3336 ext 1007 Cherylyn (519)797-3336 ext 1010

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Won	Tue	Wed	Thu	
3 Labour Day	4 Keady Market 9:00-1:00	5 Hair Care 9:30-12:00	6 Falls Prevention Exercise 10:30-11:30	7 Elders Shopping Day 10:00-4:00
Office Closed	Meals on Wheels	Aqua Motion YMCA 12:00-3:00	Meals on Wheels	10.00
10 Craft	11 One on One Visits	12 Hair Care	13 Falls Prevention	14
11:00-2:00	(Call Cherylyn)	9:30-12:00	Exercise 10:30-11:30	Elders Shopping Day 10:00-4:00
Falls Prevention Exercise 2:00-3:00	Meals on Wheels	Arran-Tara Fall Fair 11:00-3:00	Meals on Wheels	
17 Games Day	18 Keady Market	19 Hair Care	20 Falls Prevention	21
12:00-2:00	9:00-1:00	9:30-12:00	Exercise 10:30-11:30	Elders Shopping Day
Falls Prevention Exercise 2:00-3:00	Meals on Wheels	Aqua Motion YMCA 12:00-3:00	Diabetic Lunch & Learn 11:30-1:30 Meals on Wheels	10:00-4:00
24 Craft 11:00-2:00	25 Breakfast 9:30-11:30	26 Hair Care 9:30-12:00	27 Falls Prevention Exercise 10:30-11:30	28 Elders Shopping Day 10:00-4:00
Falls Prevention Exercise 2:00-3:00	Meals on Wheels	Aqua Motion YMCA 12:00-3:00	Meals on Wheels	
Home & Commu	nity Care (519) 79	7-3336	ı	

Facilitated by: Dave Root

Men's Program

Beginning Thursday August 23rd, every
Thursday evening for 8-12 weeks. Doors will
be open at 4:30. Dinner and refreshments
will be provided. Bringing culture and
wellness to the men in the community.

Contact LeeAnn Humpton -NN ADAP

Coordinator for more

nto if nonded

PASS THE FEATHER WORKSHOP

9:00am - 3:00pm

SATURDAY SEPTEMBER 15TH, 2018 at LIBRARY ON FRENCH BAY ROAD

BREAKFAST @ 9:00 LUNCH SERVED



Dawn Setford (Mary Francis Whiteman) is Onkwehonwe, Haudenosaunee, Kanien'kehá ka (Mohawk) whose familial territory is St.Regis/Akwesasne. She is a community-engaged visual and media artist who advocates for equality and facilitates the creation of informed opinions of Indigenous Culture.



Dawn is the founder and executive director of the Aboriginal Arts Collective of Canada and owner at Pass The Feather. She actively

volunteers for the National Indigenous Survivors of Child Welfare committee as the creator of their logo, website and graphic designs. She is a regular contributor to Aboriginal Women's Economic Quarterly Indigenous, Spirit Magazine (Indigenous & Northern Affairs) and frequents retail spaces and powwow trail to market, educate and promote the hand made works of fine Indigenous artisans.

Feather Bundle workshops are infused with valuable lessons that reflect respect for others, respect for our land and the animals that we share it with. We explore the value of talking circles within our systems of work and education – how they teach trust, respect and cooperation. We also touch on sustainable hunting practice, ornithology and address intergenerational trauma as a result of the 60's scoop and residential school system.

This workshop initiative envisions a more respectful connection between Ontario's Indigenous and non-Indigenous communities by tapping into mutual interests despite different histories or ideologies. By recognizing mutual ground such as art and environment, we have an opportunity to create a reciprocal relationship and decrease the perceptions of inequality.

Isohetst ne ostó:ser has created this one of a kind community arts workshop that acts as an introduction to Indigenous culture and reminds us of our connection to the natural world and it's importance to our physical and emotional wellbeing.

Sponsored by: Family Well Being Program & Saugeen Library

Are you interested in becoming a Welder or Millwright?

To be considered you need any of theses

- OSSD or
- ACE certificate or
- Pre- Technology Ontario
 College Certificate or
- GED or
- Mature Applicant with appropriate math preparation



We are currently looking for 5 people for each program.

> Welding program planned to begin

> > Jan 2018

Millwright

Sept 2018

with Fanshawe

If interested
Please speak
with Rebecca



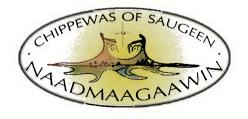


SEPT 18 & 19

SAFETY SKILLS

This two-day workshop is an introduction to Safety Skills. During this workshop, you will have the opportunity to learn and practice Tent and light weight tarp set up, knots and a review of safety and first aid skills

We are once again very excited to welcome back Dr. Gino Ferri and his crew with Survival in the Bush Inc.



2 Day Workshop

Time: 10am – 2pm
Lunch Included

ONLY 5 Spots available

This workshop
will take place
outside, so please
make sure to
dress
appropriately

FOR MORE
INFORAMTION OR
TO REGISTER

PLEASE CONTACT
REBECCA SMITH
EMPLOYMENT
SUPPORT
CASEWORKER

519 - 797-1613

Please join us to Celebrate The RETIRENT Of Joanne Mason

When: Thursday August 30, 2018

Time: 11am – 4pm

The Ontario Works Dept. will be having a come and go tea.

Everyone Welcome!



Have you Heard the News......

We are seeking clients for an OW and ODSP Advisory Group

"A group to provide a client voice at Chippewas of Saugeen Ontario Works"



We are looking for a couple of new members. To be eligible to be a member, you must be a current OW or ODSP client. The purpose of this joint Advisory Group is to help improve client services. This group would require a commitment of monthly meetings, generally held on the second Tuesday, from 11:00 –

1:30pm. Lunch, transportation and childcare cost are all provided!

If this interest YOU, we invite you to come and check out our next meeting on Oct 9, 2018 @ 11am at Saugeen Ontario Works office.

If you are interested in checking out this group to see if it's something your interested in, we ask that you let us know by Sept 28, 2018 so we can prepare for lunch.

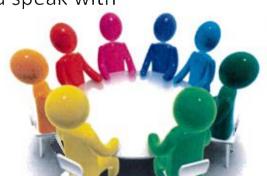
Your voice matters and we want to hear from you!

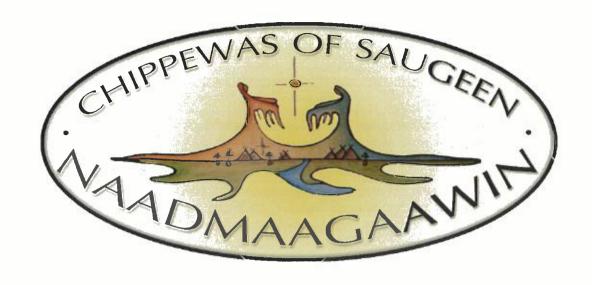
If interested please call the Office and speak with



Rebecca Smith

@ 519-797-1613





IMPORTANT NOTICE:

OUR NEXT CHEQUE DAY WILL BE ON AUGUST 30TH FROM 11AM - 4:30PM

September Birthdays

- 1. Dolly Cameron, Danielle Price, Michael Thompson, Kelsey Diamond, Wrath Bairnes, Daisy Jackson
- 2. River Root, Nelson Kaizer, Gabrielle George, Halle Johnston-Jones
- 3. Sheryl Livingstone, Francine Hollinger, Bridgett Root, Taiden John, Philip Giffen
- 4. Dorothy Parsons, Kristen Pinard, William Wesley, Samuel Tiemens, Bradley Lavalley-King
- 5. Charleen Martell, Elaine Williams, Aidan Johnson, Robert Goddard, Shakor Ritchie, Jackson Roote
- 6. Ashley Partridge, Anthea Kahgee, Clarence Mitchell, Neveah Scheurwater, Joshua Henry
- 7. Tristan Bricker-Ritchie, Charleen John, Michele Puddester, Erin Kewaquom, Bernice Y. Kahgee, Lukas Reimer, Domonique Thomas, Benjamin Aquash, Mariah Henry, Cortni Valeriotte, Nyomi Mthews Tristian Eamer
- 8. Dallas Thompson
- 9. Christina David, Samantha Jo McMullen, Kristen Besito-Renwick, Adrian Kahgee, Jory Campopiano, Steven John
- 10. R. Gary Mason, Cheryl Ritchie
- 11. Brendan Ritchie, Robert Solomon Jr. Keewaydin Stevens, Keegan Ritchie
- 12. Tyler Kewageshig, Christopher Kewageshig, Wilton Miller, Leeann Shimoda
- 13. Edwin Nawash, Gregory V. Ritchie, Thomas Kewageshig Jr., Daniel Thompson-Roote
- 14. Michael Wynn, Sally McCue, Matthew Ritchie, Daryl Roote, Rheal Fontaine
- 15. Leigha Roote, Brody Lagace Roote, Meagan Jeffrey
- 16. Nadia Boudreay, Phillip D. Ritchie, Rhonda John, Bernadette Owl, Elaine Jobson, Rayden Roote
- 17. Jessica Fick-Kewageshig, Madeline Gaetz
- 18. Mary-Ann Thompson, Joanne Roote, Candace Henry, Dallas Lewis, Clorissa Aquash, Devon Foster, Stephanie-Lee Tschirhart, Steven Mann
- 19. Jo-Anna Ritchie, Stafford Cameron, Murray Kewaquom, Jordan Besito, Cali Johnson
- 20. Dustin French, Nathan Riley, Carolyn Carter, Braxton Cameron
- 21. Darlene Roote, Tammy Roote, Ashley Strucke, Richard Roote, Shannon Nashkewa, Jeri Carter
- 22. Jacob Ritchie, Brett Ritchie, Maxine Ritchie, Hayleigh Grenier
- 23. William Mandawoub, Gerri Arbour, Hayleigh Sinson-Wesley
- 24. Roy Bongertman, Jocelyn Carter, Alice Fraser, Victoria Robinson, Robyn McConnell
- 25. Mark Mandawoub, Justin Fick-Kewageshig, Marion Sharp, Eric Ritchie, Alexandra Petonoquot, Kayla Jackson Cooke, Leah Misquadis
- 26. James Farr, Brenda Pealow, Sabrina Bramley
- 27. Shirley Sawyer, Emric Thompson, Ryan Quinn, Joseph McCue
- 28. Brendan Roote, Ashley Thompson, Lucas Gegwetch-Kahgee, Lauren Gegwetch-Kahgee
- 29. Kyrah Wesley, James H. Besito, Leeanne Caskanette, Jeanette Ritchie, Patricia Grice
- 30. Cassidey Ritchie, Wendy Johnson, Kimberley Wesley, Anabelle Mazur, Anissa Nashkewa, Liviah Sousa

CELEBRATE! CELEBRATE! CELEBRATE!



Sept 1 – Ken & Sonya Sault – 17 years

Sept 2 – Gabriel & Sherry Ritchie – 29 years

Sept 3 – Gerald & Barbara Barrett – 35 years

Sept 6 – Melissa & Jesse Cameron – 10 years

Sept 9 – Trevor & Angela Scoular – 18 years

Sept 10 – Jeff & Alice Fraser – 9 years

Sept 13 – Michael & Renee Schmidt-Trenoweth – 27 years

Sept 19 – Perry & Sharon John – 31 years

Sept 19 - Murray & Penny Kewaquom - 20 years

Sept 21 – Brody & Susan Williams – 16 years

Sept 22 – Kenneth & Susan Roote – 34 years

Sept 22 – Lloyd & Angela Ritchie – 11 years

Sept 23 – Andrew & Judy Juniper – 35 years

Sept 24 – Robert & Francine Hollinger – 30 years

Sept 25 – Brian Jr. & Samantha George – 14 years

Sept 26 – Wayne & Kelly Thompson – 28 years

Sept 27 – Bruce & Gayle Mason-Stark – 20 years

On September 25th wishing a Happy 7th birthday to our Princess Leah love Mommy, Daddy and your brother and sisters!!





AGENDA

1:00 • CHIEF & COUNCIL WELCOME

FOLLOWED BY CHILI & SCONE

1:20 - 3:30 ● CANOES, KAYAKS, SUP BOARDS, GAMES INCLUDE TUG OF WAR, WATER BALLOON TOSS, PONY RIDES, FACE PAINTING, PHOTO BOOTH, BOUNCY CASTLE

2:00 - 3:00 • ELDERS BINGO & PRIZES

3:30 • BBQ

4:00 - 7:00 ● ENTERTAINMENT, GREG & NINA FOLLOWED

Poor Prizes include a chance to win 1 of 3 fruit baskets containing 3 admission tickets to Canada's Wonderland!

Good Food Box

The Good Food Box comes out once a month, Place your order and payment on the First Friday of the month.

Food comes in the Second Thursday of the month.

Usually done by 12: 00pm and are ready for pick up.

Please provide a phone number to call you when boxes are done. Food is better fresh to take home and not wait for 1-2 days before you pick up.

The Good Food Box has gone up in price; \$20.00 a box, Diabetics are \$10.00 along with the Prenatal

Tips for your Good Food Box

Once you get your Good Food Box home, you should start your prep work if possible.

Potatoes and apples keep in a dark cool spot.

Cut up (easier on blender when small chunks) store in a seal tight container or bag up to freeze apples, pears, bananas, peaches,

Cut up and wash and store in fridge in seal tight containers/ bags of carrots, celery, peppers.

Onions, celery and tomatoes cut in small pieces and freeze for spaghetti sauce later.

Don't keep apples and bananas together in fruit bowls, (bananas will brown faster if kept together.

Lettuce, cut the ends, wash and separate pieces and then place in wet paper towel in layers, keep in a seal tight container, this will keep ur lettuce fresher longer and ready to use when needed.



Tuesday Sept 11 th	10am – 3pm
Wednesday Sept 12 th	10am – 3pm
Thursday Sept 13 th	10am – 3pm
Tuesday Sept 25 th	10am – 3pm
Wednesday Sept 26 th	10am – 3pm
Thursday Sept 27 th	10am – 3pm

OCTOBER HOURS ARE:

Tuesday Oct 9 th	10am – 3pm
Wednesday Oct 10 th	10am – 3pm
Thursday Oct 11 th	10am – 3pm
Tuesday Oct 23 rd	10am – 3pm
Wednesday Oct 24th	10am – 3pm
Thursday Oct 25 th	10am – 3pm



For more information please contact: Mindy Gill-Johnson, Education Administrator mindy.gill@saugeen.org 519-797-2781 x 1118

Back To School Backpacks!

Generously supplied by the United Way's Backpack Campaign.

If you missed our first pick-up date, we are having a second day!

We still have backpacks for Saugeen First Nation students from JK to <u>High</u> **School**.

Distribution/Pick-Up

Where: ACYPS Parking Lot

Date: Friday August 24, 2018

Time: 10:00am to 1:00pm

We have backpacks* for:

Primary – Junior Kindergarten to Grade 3

Intermediate - Grade 4 to Grade 6

Senior - Grade 7 and 8

High School

Special thanks to Saugeen First Nation Education Department and ACYPS Staff.

^{*}Backpacks are divided between male and female based on colours of the backpack or contents inside.

NEWSLETTER DEADLINE

When: Friday September 21, 2018

Time: 4DM

Issuz: October 2018







Please remember to do a **spell check** before handing in all submissions.

Please, No late submissions