

# Mnidoo-Giisoonhs

Little Spirit Moon



# December 2018 Saugeen News



The Saugeen News is published under the direction of the Saugeen Band Council,
Saugeen First Nation #29, 6493 Hwy 21, Southampton, ON
For free distribution to band members

# Saugeen Band Council Minutes **I**n Brief



Saugeen Band Council Monday, October 1, 2018 Council Chambers 9:30 a.m.

Present: Mike Henry, Mark Mandawoub, Letitia Thompson, Herman Roote, Randal Roote, Lorne Mandawoub, Gayle Mason Stark

Absent: Chief Anoquot, Conrad Ritchie, Sonya

Roote

**MOTION No.01** 

Moved by: Lorne Mandawoub Seconded by: Mark Mandawoub

To accept the agenda as presented with additions

for today's meeting. 6 in favor Carried

**MOTION No.02** 

Moved by: Gayle Mason Stark
Seconded by: Herman Roote
To accept the Saugeen Band Council Minutes of
September 24, 28, 2018 as presented.
6 in favor 1 out of the room – Mike Henry
Carried

**MOTION No.03** 

Moved by: Gayle Mason Stark Seconded by: Letitia Thompson

To approve the Saugeen Band Staff holidays from December 21, 2018 to January 7, 2019 return to work at 9am. 6 in favor Carried

MOTION No.04

Moved by: Lorne Mandawoub Seconded by: Mike Henry

To declare this portion of the meeting to be "IN

CAMERA" time being 11:24am.

5 in favor Carried

**MOTION No.05** 

Moved by: Gayle Mason Stark Seconded by: Mike Henry

To authorize the Band Administrator to a onetime settlement for a previous band employee. If the counter offer was higher then set amount then would need the approval of Chief and Council.

5 in favor Carried

**MOTION No.06** 

Moved by: Randal Roote Seconded by: Mike Henry

To hereby go "OUT OF CAMERA" time being

11:29am. 5 in favor Carried

**MOTION No.07** 

Moved by: Lorne Mandawoub Seconded by: Herman Roote

To allot a band member for Lot 315 Saugeen First Nation No.29 in the Province of Ontario as shown on Canada Lands Survey Records Ottawa.

5 in favor Carried

Moved by: Gayle Mason Stark Seconded by: Lorne Mandawoub

To grant permission for the Lands & Leasing to utilize funds from the Saugeen Lands & Leasing Building/Septic Permits to fund a project to purchase stone, cages for Erosion along County Road 13 (Ah-Sineese Crescent, Stoney Creek). 5 in favor Carried

#### **MOTION No.09**

Moved by: Lorne Mandawoub
Seconded by: Mike Henry
To authorize payment to Olthuis Kleer
Townshend LLP Barrister and Solicitors for the
August 2018 statement. 5 in favor Carried

#### MOTION No.10

Moved by: Gayle Mason Stark
Seconded by: Mike Henry
To authorize payment to Town of Saugeen
Shores for the September 2018 invoice.
4 in favor 1 Opposed Lorne Mandawoub "We should have our own water by now"
Carried

#### **MOTION No.11**

Moved by: Lorne Mandawoub Seconded by: Mike Henry To discharge mortgage with a band member for Lot R Saugeen First Nation No.29. 5 in favor Carried

#### MOTION. No.12

Moved by: Lorne Mandawoub Seconded by: Mike Henry To discharge mortgage with a band member for the Lot 214 Saugeen First Nation No.29. 5 in favor Carried

#### MOTION No.13

Moved by: Gayle Mason Stark

Seconded by: Mike Henry
To discharge mortgage with a band member for
Lot 28 Saugeen First Nation No.29.

5 in favor Carried

#### **MOTION No.14**

Moved by: Mike Henry

Seconded by: Lorne Mandawoub
To add a band councilor to the following
committees: SON Joint Land Claims

Parks Canada. 4 in favor 1 Declined to vote

Letitia Thompson "Conflict" Carried

#### **MOTION No.15**

Moved by: Mike Henry Seconded by: Herman Roote

To adjourn for today's meeting, time being

2:45pm. 5 in favor Carried







Saugeen Band Council Tuesday, October 9, 2018 Council Chambers 9:30 a.m.

No Quorum







Saugeen Band Council Monday, October 15, 2018 Council Chambers 9:30 a.m.

Present: Chief Anoquot, Randal Roote, Mike Henry, Lorne Mandawoub, Conrad Ritchie, Gayle Mason Stark, Herman Roote, Sonya Roote,

Mark Mandawoub

Absent: Letitia Thompson - Medical

#### MOTION No. 01

Moved by: Mark Mandawoub Seconded by: Lorne Mandawoub

To appoint a band councilor as chairperson for today's meeting, Monday, September 17, 2018.

8 in favor Carried

MOTION No.02

Moved by: Gayle Mason Stark Seconded by: Mike Henry

To approve for a council member to resume his duties as Saugeen Band Council member as of to-

day's date Monday, October 15, 2018,

8 in favor Carried

#### MOTION No.03

Moved by: Lorne Mandawoub Seconded by: Mark Mandawoub

To accept the Saugeen Band Council minutes of

October 1, 2018 as presented.

7 in favor 1 Opposed Sonya Roote "Need

Verbatim Minutes" Carried

#### MOTION No.04 "Defeated"

Moved by: Sonya Roote

Seconded by:

To approve the request from a band member for additional 100'x300' parcel of land requested for privacy for her business.

in favor

#### **MOTION No.05**

Moved by: Gayle Mason Stark Seconded by: Letitia Thompson

To amend its Coming into Force section of the Saugeen Financial Administration Law, under section 9 of the First Nations Fiscal Management

Act. 8 in favor Carried

#### MOTION No.06

Moved by: Mike Henry

Seconded by: Mark Mandawoub

To authorize payment to the following: Hensel Barristers August 2018 invoice First Student ULC September 2018 Invoice.

8 in favor Carried

#### MOTION No.07

Moved by: Sonva Roote

Seconded by: Gayle Mason Stark

To award the Community Foundation Grev Bruce

Endowed Education Fund Bursary to a

Post-secondary student. 8 in favor Carried

#### MOTION No.08

Moved by: Randal Roote Seconded by: Herman Roote

To appoint the Acting Health Director as a member to sit on the Southwest Ontario Aboriginal Health Access Board of Directors as a representa-

tive from Saugeen First Nation #29.

8 in favor Carried

#### MOTION No.09

Moved by: Mike Henry

Seconded by: Mark Mandawoub

To approve the request from the Saugeen Little NHL Committee to host Monday Night Bingo and monthly Monster Bingo's for 2018-2019.

8 in favor Carried

#### **MOTION No.10**

Moved by: Gayle Mason Stark Seconded by: Mike Henry

To adjourn for today's meeting, time being

11:56am. 8 in favor Carried







#### Saugeen Band Council Monday, October 22, 2018 Council Chambers 9:30 a.m.

Present: Chief Lester Anoquot, Randal Roote, Lorne Mandawoub, Gayle Mason Stark, Mike Henry, Sonya Roote, Letitia Thompson, Herman

Roote, Conrad Ritchie

Absent: Mark Mandawoub

Moved by: Lorne Mandawoub Seconded by: Mike Henry

To accept the agenda as presented for today's

meeting. 8 in favor Carried

#### MOTION No.02

Moved by: Mike Henry

Seconded by: Lorne Mandawoub

To approve the Saugeen Band Council minutes

dated October 15, 2018 as presented. 7 in favor 1 Opposed – Sonya Roote "Need Verbatim Minutes" Carried

#### MOTION No.03

Moved by: Sonya Roote Seconded by: Herman Roote

To agree to issue payment to a band member for the purposed of a bounty. The Council herewith request that there be community policy developed by Band Services on Animal Harvest practices of

the Saugeen First Nation #29.
7 in favor 1 Declined to vote –

Lorne Mandawoub "Conflict" Carried

#### MOTION No.04

Moved by: Lorne Mandawoub Seconded by: Mike Henry

To agree to sign the Amending Agreement No.1516-ON-0000002 Amendment No.0019.

8 in favor Carried

#### **MOTION No.05**

Moved by: Lorne Mandawoub Seconded by: Mike Henry

To agree to sign the Amending Agreement No.1516-ON-000002 Amendment No.0021.

8 in favor Carried

#### MOTION No.06

Moved by: Randal Roote Seconded by: Herman Roote

To agree to sign the MOU with the Board Membership Child & Family Services.

8 in favor Carried

#### MOTION No.07

Moved by: Randal Roote Seconded by: Sonya Roote

With concurrence of Chippewas of Nawash Unceded First Nation Band Council, support

the amended applications to the New Relationship Fund Core Consultation Capacity for an additional one year of

funding for the 2018-2019 8 in favor Carried

#### **MOTION No.08**

Moved by: Sonya Roote

Seconded by: Letitia Thompson

To authorize payment to the following:

Olthuis Kleer Townshend for the September,

October 2018 statement

Town of Saugeen Shores for the October

2018 invoice

Innovative HR for the September 2018 state-

ment. 8 in favor Carried

#### MOTION No.09

Moved by: Letitia Thompson Seconded by: Gayle Mason Stark

To agree that the request from a band member be denied as she did not meet the conditions of funding:

- Course to short in length
- Institution was not an approved institute of study
- Application was late
- No basis for an appeal as no funds Available
- Member did not qualify for assistance

8 in favor Carried

#### MOTION No.10

Moved by: Sonya Roote

Seconded by: Letitia Thompson

To agree to fund the Elders Christmas Gala on December 13, 2018. The Right to Play, Community Activator with Home and Community Care will be hosting this event.

7 in favor Carried

Moved by: Lorne Mandawoub
Seconded by: Herman Roote
To accept and approve the Annual
Distribution for 2018 date set as December 5,
2018 Cut-off date for registration November
9 2018 for Direct Deposit.
And will set at \$500.00 per Band Member.
7 in favor Carried

#### **MOTION No.12**

Moved by: Mike Henry
Seconded by: Gayle Mason Stark
To authorize and accept the Saugeen First
Nation #29 Parking By Law Fines & By Law
Fines from Cancom Security as a Permanent
Structure Fee Schedule until further notice.
7 in favor Carried

#### MOTION No.13

Moved by: Lorne Mandawoub Seconded by: Mike Henry To authorize for Pizza Lunch to include the "Off Reserve Students" from GC Huston Public School. 7 in favor Carried

#### MOTION No.14

Moved by: Herman Roote Seconded by: Gayle Mason Stark To authorize for Wood Program to purchase materials such as chainsaws, bars, oils and other items. 7 in favor Carried

#### MOTION No.15

Moved by: Conrad Ritchie Seconded by: Mike Henry To adjourn for today's meeting, time being

4:06pm. 7 in favor Carried



#### Saugeen Band Council Monday, October 29, 2018 Council Chambers 9:30 a.m.

Present: Chief Anoquot, Randal Roote, Conrad Ritchie, Mark Mandawoub, Mike Henry, Lorne Mandawoub, Gayle Mason Stark, Letitia Thompson, Herman Roote

Absent: Sonya Roote "Sick"

#### MOTION No.01

Moved by: Lorne Mandawoub Seconded by: Letitia Thompson To accept the agenda with additions for today's meeting as presented. 8 in favor Carried

#### **MOTION No.02**

Moved by: Randal Roote Seconded by: Lorne Mandawoub To declare this portion of the meeting to be "IN CAMERA" time being 10:38am. 8 in favor Carried

#### MOTION No.03

Moved by: Randal Roote Seconded by: Lorne Mandawoub To go "OUT OF CAMERA" time being 11:13am. 8 in favor Carried

#### MOTION No.04

Moved by: Lorne Mandawoub Seconded by: Mike Henry To allot Lot 110-1 Indian Village Subdivision to a band member. Mortgage repaid in FULL. 8in favor Carried

#### **MOTION No.05**

Moved by; Lorne Mandawoub Seconded by: Mike Henry Agree with the "Relinquishment" of Cottage Lease of Lot 19 Concession "E" in Saugeen Indian Reserve No.29. Further, must remit 2018 Pro-rated Cottage Lease Rental. 8 in favor Carried

Moved by: Mike Henry

Seconded by: Gayle Mason Stark

To discharge Mortgage covering Lot 11-3
Saugeen Indian Reserve No.29 with a band

member. Mortgage repaid in FULL.

8 in favor Carried

#### **MOTION No.07**

Moved by: Lorne Mandawoub Seconded by: Mike Henry To accept the Saugeen Band Council

Minutes dated October 15, 2018 as presented. 8 in favor Carried

#### **MOTION No.08**

Moved by: Lorne Mandawoub Seconded by: Mike Henry

To agree to sign the Aboriginal Labour Force Development Circle Day Care Funding Agreement No.04. 8 in favor Carried

#### MOTION No.09

Moved by: Letitia Thompson Seconded by: Gayle Mason Stark

To authorize payment to Pape Salter Teilllet LLP for the August 2016, September 2018

invoices. 8 in favor Carried

#### **MOTION No.10**

Moved by: Mike Henry

Seconded by: Gayle Mason Stark
To approve the request from a
post-secondary student for rental funds as
outlined in the education directors
recommendation. 8 in favor Carried

MOTION No.11

Moved by: Lorne Mandawoub Seconded by: Mike Henry

In concurrence with the Chippewas of Nawash Unceded First Nation Acknowledge the publication of the chapter title "Indigenous self-determination and food sovereignty through fisheries governance in the Great Lakes Region" in the book Civil Society and Social Movement in Food Systems Governance" Further, to change the word "Saukiing" as this is not the original spelling. 7 in favor 1 Declined to vote – Randal Roote "Haven't read it" Carried

#### **MOTION No.12**

Moved by: Letitia Thompson Seconded by: Mike Henry To acknowledge a new mortgage for a band member for Lot R in Saugeen First Nation #29. 8 in favor Carried

#### MOTION No.13

Moved by: Mike Henry Seconded by: Conrad Ritchie To approve the request from a student to attend the Indigenous Women's Leadership Summit in Ottawa ON November 15, 17, 2018. 8 in favor Carried

#### MOTION No.14

Moved by: Mike Henry

Seconded by: Lorne Mandawoub

To adjourn for today's meeting, time being

12:02pm. 8 in favor Carried







Get your Saugeen News via e-mail contact: reception@saugeen.org

## Call for Committee Members

Saugeen Band Council is seeking "interested and dedicated" Band Members to fulfill the duties of Committee Members

For the following Committees:

#### Finance & Administration Committee - 4 seats

Mandate/Scope: Administrative Operations, Finance, Human Resources, Membership, IT, Data Management, Health & Safety

#### Government Affairs Committee - 4 seats

Mandate/Scope: Intergovernmental Affairs, Treaties, Lands & Leasing, BDC and Strategic Planning

Term: to June 2020

\*\*Cover Letters to include any knowledge/skills you hold for the committees\*\*
may be dropped off at the Saugeen Administration Office,
in a "sealed envelope", clearly marked
Attention: Chief and Council c/o Leona Roote

Chief and Council c/o Leona Roote - Executive Assistant Saugeen First Nation #29, Saugeen First Nation Administration, 6493 Hwy 21 Southampton, Ontario N0H 2L0

Deadline: Friday, December 7, 2018 - 4pm

\*\*Please be sure to include your full mailing address and phone number where you may be contacted \*\*

# Open Call to Saugeen First Nation members

The Band Council and Admin & Finance are looking for a SFN member to be part of a newly established Finance and Audit Committee (FAC) that will have a financial and audit oversight role and report to Council.

#### Responsibilities of the FAC include:

- Develop and/or review and recommend to Council for approval:
  - Strategic plans, operational plans, annual budget, multi-year plans, etc.;
  - Quarterly and annual financial statements;
  - Risk management plan, including adequacy of insurance coverage;
  - Actual financial performance versus budget;
  - Selection and review of auditor.

To review the full scope of the FAC, please refer to sections 11-17 of SFN's Financial Administration Law, available online at:

https://fnfmb.com/sites/default/files/fal approval - saugeen.pdf?current=//en/views/ajax

#### The FAC will be comprised of 3 voting members:

- 2 members of Council Sonya Roote and Letitia Thompson
- 1 SFN member

#### Non-voting FAC contributors:

- Admin Band Administrator (Cheree Urscheler)
- Finance Finance Manager (Jeannette Ladd) & Senior Finance Officer (Bill Butt)

# Open Call to members - continued

#### If you are:

- A voting age Member;
- Financially inclined have knowledge and experience with finances and capable of understanding financial statements, budgets and general record keeping;
- Independent (don't have a direct or indirect financial relationship with SFN, don't have a role in the financial management of SFN);
- Feel you can be a "voice" for the people and represent them in making recommendations to Council on issues related to Band financial management;
- Are available to meet 10 to 15 times per year at the Band Admin Office, during working hours 9:00 to 5:00; with most of the meetings required around the Budget process, Jan
   Mar.

Then please submit your "Letter of intention to be considered" and your resume, to Leona Roote, detailing your qualifications and your availability by Dec 14/18.

Compensation will be the normal committee rates.

# LAND CODE COMMUNITY MEETINGS

Wednesday December 12 2017 696 French Bay Rd, Baptist Church 6:00 – 8:00 pm

> Thursday Dec 13 2018 6439 Hwy 21, Youth Centre 6:00 – 8:00 pm

Draft 2 of Saugeen FN Land Code, Current Status of process. First Nation Land Management (FNLM) Discussing Roles and Responsibilities of Lands,

#### Featuring:

Lands Coordinator – Kirk Roote

Lands Advisory Board Resource Centre (LABRC) Staff – Cassandra Cadeau

SFN Land Advisory Committee Members

Meal to be provided & everyone is invited!

For more information call Kirk Roote at: 519-797-3039 or cell/519-372-7830 email: kroote@saugeenfirstnation.ca

# Publicly Funded Vaccines

#### Routine Immunization Schedule

2 months Pediacel, Prevnar & Rotovirus

4 months Pediacel, Prevnar & Rotovirus

6 months Pediacel

12 months MMR, Men-C & Prevnar

15 months Varicella

18 months Pediacel

4-6 years Adacel+Polio & MMRV

Immunizations are effective, safe, help save lives& prevent illness. Make sure you are up to date with your vaccines—call you Health Care Provider or the Health Centre if you have any questions or to book an appt

#### **Routine School Based Immunization Schedule**

Grade 7 Hepatitis B & Meningococcal

Grade 8 Human Papillomavirus (HPV)

\*Now both males & females are eligible

14-16 yrs Tetanus, Diphtheria & Pertussis (Tdap)

4-6 years Adacel+Polio & MMRV

#### Routine Adult Immunization Schedule

- Td or Tdap every 10 years\*
- Pneumococcal once in a life time for people over 65 years of age or those with a medical condition (including diabetes)\*
- Shingles Vaccine for individuals 65 to 70 years old\*
- Influenza every year
   \*some exceptions apply

Shingles has been described as

"excruciating"

"potentially debilitating"

with nerve pain that can last for months or even years

It is estimated that nearly 1 in 3 people will experience shingles in their lifetime. If you've had chickenpox and are 50 or over, you are at risk.

For more information or to book an appointment call the Health Centre

519-797-3336

NEW! Shingles Vaccine for people ages 65-70!

### **VACCINES WORK**

	Section 1				
	DISEASE		CASES THEN*	cases NOW**	DECREASE
_	WHOOPING COUGH	No.	19,878	1,275	SSK
	MEASLES		61,370	83	<b>39</b> %
	CHICKENPO	x 🥌	72 <b>,34</b> 3	464	39%
	MUMPS		43,671	94	<b>99</b> %
	DIPHTHERIA	THE STATE OF THE S	9,010	0	100%
	POLIO	N.	5,384	0	100%
_				-	

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Public Health Agence de la sente publique du Canada

Canadä



# Flu Shots

# Available at the Health Centre

# Missed the Flu Clinics?

Its not too late to get your Flu Shot!

- Call the Health Centre to book an appointment
  - \*\*Transportation also available\*\*
    519-797-3336
- See your Health Care
   Provider or Pharmacy
   for a Flu Shot

#### **High Risk Eligibility**

- · People with chronic health conditions including:
  - · diabetes
  - · cancer
  - · blood disorders
  - people who are over weight (BMI above 40)
  - · lung, respiratory, kidney or heart disease
  - immunosuppressed
- Children and teens treated with acetylsalicylic acid for long periods of time
- People who live in long term care facilities, nursing homes or chronic care facilities
- People 65 years of age and older
- · Pregnant women
- · Children 6 months of age to 5 years of age
- · Aboriginal Peoples

#### Who Should Get the Flu Shot

- Anyone included in the High Risk Eligibility
- Health Care Workers or Essential Service Workers
- · Anyone 6 months or older who wants one!

Reduce Your Risks of getting the Flu:



Get the seasonal flu



Wash hands thoroughly and often.



Keep alcohol-based hand sanitizer handy



Cough or sneeze into a tissue or your sleeve



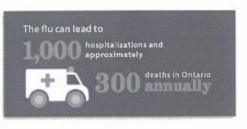
Keep surfaces and items disinfected.

#### GET YOUR FLU SHOT TODAY. EARLY IMMUNIZATION IS THE MOST EFFECTIVE WAY OF PREVENTING THE FLU.

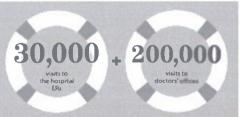
When the vaccine is a good match to the circulating flu strains.

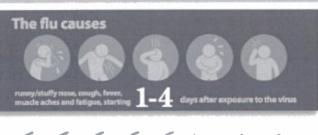


of healthy children and adults can prevent the flu with the flu shot



Every year, Ontario's flu shot program prevents







Approximately 2000 Ontario pharmacies will offer the flu shot this season

and individuals with underlying medical conditions

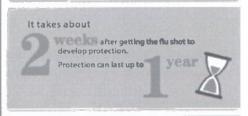
years old

under 2, adults 65+

In Canada, almost all flu cases occur between

November and April

Most influenza occurs in a 10-16 week period that usually starts in December, but can start at any time from late October to mid-February







## SAUGEEN LAND MANAGEMENT

Aahnii,

I would like to take this time to introduce myself; my name is Cheyenne Kewageshig and I have recently accepted the position as the Lands Officer within the Lands and Leasing Department here in Saugeen. I have been in the position since October 2018 and I look forward to continuing to work for/within our community.

I can be reached at the office at 519-797-3039 or by email at cheyenne.kewageshig@saugeen.org.



#### Aanii Boozhoo

My name is Marisa Mackenzie

I am the new Employment & Training Receptionist. I will be working alongside Jennifer Kewageshig at the Employment & Training Centre in Saugeen.

I look forward to working with my community and in my new job position as Employment Receptionist.

Miigwetch

Yours truly,

Marisa Mackenzie

#### JORDAN'S PRINCIPLE - A Child First Initiative

#### Who was Jordan?

Jordan River Anderson was a First Nation child from Norway House Cree Nation in Manitoba born with a rare disorder who required hospitalization from birth. The provincial and federal governments could not agree on who was financially responsible for his care. Jordan's condition worsened and he passed away in hospital before both governments could resolve who would pay. (1999-2005)

#### **Background on Jordan's Principle**

**December 12, 2007** The House of Commons unanimously supported a Private Member's motion to adopt an approach that addressed the needs of the First Nation child first.

2008 INAC and HC (now Indigenous Services Canada) were tasked with implementing Jordan's Principle.

**January 2016** The <u>Canadian Human Rights Tribunal</u> ordered the Government of Canada to cease applying a narrow definition to Jordan's Principle and take measures to implement Jordan's Principle to its full meaning and scope.

#### WHO can apply for assistance

- Family, caregiver, or worker of child with an unmet need or need not funded by other programs
- Applies to ALL First Nation Children on or off reserve, with (or eligible for) a registration number
- 18 years of age and under (Until their 19<sup>th</sup> Birthday) and in some social or educational situations until their 22nd birthday
- Inuit
- Indigenous child residing in a First Nation community and recognized by that community as a member

#### How to apply:

IFN Resource teams or family members refer family to IFN JP Navigator



IFN JP Navigator and family complete application



JP Navigator sends application to Federal JP Focal Points



48 hours



Application sent to Review Team



6-15 working days

IFN JP Navigator contacted for further action



If approved \$ for resource/service arrives for children

To learn more about Jordan's Principle:

https://www.canada.ca/en/indigenous-servicescanada/services/jordans-principle.html https://fncaringsociety.com/jordans-timeline Examples of Services you can apply for:

Eye care, speech and language, mental health services, assessments, educational supports, computer programs, assistive devices, special diets/formulas, respite care, transportation to appointments, mobility aids, medical supplies



#### Independent First Nation Jordan's Principle Navigators

Leeann Shimoda RSSW 519-708-5830 leeann@ifnc.ca

Crystal Nayanookeesic 807-355-0062 Crystal@ifnc.ca

Please contact us if you believe you or a family member have a **Jordan's Principle** case and we will help you file your application





December 6<sup>th</sup> – 10 am – 4 pm

December 7<sup>th</sup> – 10 am – 4 pm

December 20th - 10 am - 4 pm

December 21st – 10 am – 4 pm

Please note that perishables come on a First Come First Serve basis so an appointment is recommended

Please call Erin Kewaquom to make an appointment

Cell: (519) 372 - 5926

Office: (519) 797 - 2392

Or message the Saugeen First Nation Food Bank on Facebook

Happy Holidays from your Ontario Works Team! Nicole, Cindy, Erica, Jennifer, Melissa and Theresa

#### Decembers Important Reminders

- The office will be closed from December 21-January 6
  - Income statements are due to the office between
     December 15-20th at 4:30pm

\*Please ensure that your income statements are submitted before December 20<sup>th</sup> at 4:30pm to avoid a late payment scheduled for January 6th

- Entitlement (Cheque) Day will be Friday December 28<sup>th</sup> from 11-3pm
- ODSP will be in the office December 4th and December
   18th
- · Legal Clinic will be in the office Thursday December 20th
  - Please join us in ringing in 2019 at the James Mason Recreation Centre on December 31<sup>st</sup>- Posters will be posted with further details
  - We are looking for volunteers to assist with the New Years event (an honorarium will be given to volunteers):
     please contact Jennifer if interested
    - We are looking for volunteers to assist in making centerpieces for the New Years event. A workshop will be held on Monday December 17<sup>th</sup> at the OW office.
       Supplies will be provided to make one for the event and one take home: please contact Jennifer if interested



Date/Time: December 31, 2018

5:00pm - 7:00pm (Community Feast to be served at 5:00pm)

10:00 pm (late night snack table)

**Contact:** Jennifer Roote

519.797.2781 - ext. 2200 or jennifer.roote@saugeen.org

Location: James Mason Memorial Cultural & Recreation Centre

Hosted By: Saugeen First Nation #29

#### Please include:

Name

- Contact number & email
- Cost breakdown
- Dinner Menu including traditional meats, corn soup, scone, additional sides (potatoes, vegetables, salads) Indian tacos, scone dogs, assorted desserts
  - o Including cold refreshments, coffee, and tea
- Snack Menu- pre-made take out containers from dinner leftovers, sandwiches, fruit and vegetable trays, cheeses, crackers, finger foods, desserts
  - o Including cold refreshments, coffee, and tea
- Safe Food Handlers Certificate or equivalent
- Cost breakdown per person/plate with a final total

#### **Services Required:**

- Buffet Table setup
- Table setup and tear down
- Plates, cups/mugs, silverware, napkins, etc.

Estimated number of persons in attendance: 200-250

#### Successful bidder will be contacted via email and phone call.

The lowest tender may not necessarily be accepted, and SFN reserves the right to accept, reject, or cancel, in whole in part, all bids.

Application Deadline December 14, 2018 @ 4:30pm

(No applications will be accepted after this deadline)



### **Volunteer's Needed**

We are looking for 8 Ontario Works participants to assist with this years Community New Years Eve Celebration

Date: December 31st

Time: 3pm-1:00am

Duties: Assist with set up/take down, assist with Mini

Powwow, serving/clean up of community feast and late-

night snack

\*Hours will count towards your monthly participation

\*Interested participants will receive an honorarium at the end of the evening

(Honorarium will not be considered earnings and therefore will not affect your monthly entitlement)

Contact Jennifer at 519-797-1613 or on our Facebook page

### Holiday Centerpiece Workshop

Hosted by: Cindy Solomon

We are looking for volunteers to assist in making centerpieces for our New Years Eve Celebration

When: Monday December 17th at the OW office.

Time: 10:00-12:00

Lunch will be provided from 12:00-1:00pm

- · Supplies will be provided
- · Make one for the event and one take home
- Space is limited, please register as soon as possible

Please contact Jennifer @ 519-797-1613 or on our Facebook page if interested



# Saugeen Native Language Program

#### **EVERY MONDAY AT THE LIBRARY**

Band Members and staff that want to learn the Anishinaabemowin can attend classes

December 3, 2018 2-3 pm

December 10, 2018 6-7 pm

December 17, 2018 2-3 pm

Closed for holidays

FIRST CLASS WILL BE MONDAY 2-3 PM

SECOND CLASS WILL BE MONDAY EVENING 6-7 PM

CHILDCARE AVAILABLE @ SECOND CLASS

FOR MORE INFORMATION CONTACT (519) 797-5986

E-mail Sylvia.Besito@saugeen.org

# December

2018

#### CARA

Starting in January 2019 the CARA Program will be introducing "How to snowshoe" this is great physical activity that moves all your muscles! Watch for the posters!! CARA would like to wish all children and families Merry Christmas & Happy New year!!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Elders Outing	CARA Hockey 6-7:30 under 11 7:30pm 12 over	6	7 CARA Volleyball 6-7:30 under 11 7:30pm 12 over	8
9 CARA Family skate 10am-11am Tara arena	10	Elders Outing	No CARA	13	14 CARA Volleyball 6-7:30 under 11 7:30pm 12 over	Talent Show 6:00-9:00pm
16	17	Elders Outing	CARA Hockey 6-7:30 under 11 7:30pm 12 over	20	CARA Christmas Party 6-9pm	22
CARA Christmas Family Skate 3pm-4pm Tara arena	24	Merry Christmas	26	27	28	29
30	31					



Come Join CARA Program Family Skate December 9<sup>th</sup> 2018

Time: 10am-11am

Where: Tara Arena

December 23 2018 CARA Christmas Family Skate

Time: 3pm-4pm

Where: Tara Arena

Please note children are to be fully supervised by adult at this event. If any questions please don't hesitate to contact Community Activator Rachel

(519)797-2781 ext 2301

**Sponsored by CARA Program** 

- Happy-Birthday oo ec 9th/2018 · Mina-Dibishkon. To Benna Cameron and Dughter. Angel Cameron @ e. On December 9th 2018 Gemma will be 50 years young, Angel will be 16 years young! thank-you everyone for your prayers, I'm a Lucky man, thankyo to the creator, and god bless our family and nation. this is my wish for you. Laughter to Kiss your lips, Beauty for your eyes to see, Sunsets to warm your heart Rain bows to totallow the clouds, Smiles, then sadness intrudes. Hugs when spirits sag, comfortoned ficult days, faith so you can believe, confidence for when you doubt, Patience to accept the truth, courage to know yourself, hove to complete your Lite de Happy Birthday to my Little family! God Bless you, love today, tomorrow and "Migwetch" Karl. S. Cameron

# **NEEDING FIREWOOD?**

The Wood Crew Program has started! November 19, 2018 to March 29, 2019

SFN Band Membership can call the Training Center to be added to the list – indicating the 911 address and contact number. You must have a wood burning stove in your home. 2 cords/per home a month.



Employment & Training Department 519-797-1224

\*\* Also available ~ Dog Houses and Garbage Bins.



### **HOME MAINTENANCE**

- Have furnace or heating system serviced by a qualified service company every two years for a gas furnace, and every year for an oil furnace.
- Examine the forced air furnace fan belt for wear, looseness or noise; clean fan blades of any dirt buildup (after disconnecting the electricity to the motor first).
- Turn ON gas furnace pilot light.
- Check and clean or replace furnace air filters each month during the heatin season. Ventilation system, such as heat recovery ventilator, filters should be checked every two months.
- Vacuum electric baseboard heaters to remove dust.
- **Remove the grilles on forced air systems and vacuum inside the ducts.**
- If the heat recovery ventilator has been shut off for the summer, clean the filters and the core, and pour water down the condensate drain to test it.
- Check sump pump and line to ensure proper operation, and to ascertain that there are no line obstructions or visible leaks.
- Replace window screens with storm windows.
- Ensure all doors to the outside shut tightly, and check other doors for ease of use. Renew door weather stripping if required.
- If there is a door between your house and the garage, check the adjustment of the self-closing device to ensure it closes the door completely.
- Cover outside of air conditioning units.
- Ensure that the ground around your home slopes away from the foundation wall, so that water does not drain into your basement.
- Clean leaves from eavestroughs and roofs, and test downspouts to ensure proper drainage from the roof.
- Check chimneys for obstructions such as nests.
- Prain and store outdoor hoses. Close valve to outdoor hose connection and drain the hose bib (exterior faucet), unless your house has frost proof bibs.
- If you have a septic tank, measure the sludge and scum to determine if the tank needs to be emptied before the spring. <u>Tanks should be pumped out at least once every three years</u>.

## Maintaining Your Heat Recovery Ventilator (HRV)

Your heat recovery ventilator (HRV) can help make your house a clean, healthy living environment, while keeping fuel bills down. But your HRV can't do all this without your help.

It only takes seven simple steps to keep your HRV happy...

# THE SEVEN STEPS TO A HAPPY HRV

#### Step 1: Turn off your HRV

First, turn off your HRV and unplug it.

Step 2: Clean or replace air filters

Dirty or clogged filters can lower ventilation efficiency. Try to clean your filters at least every two months. Filters in most new HRVs can be easily removed, cleaned with a vacuum cleaner, then washed with mild soap and water before being replaced. Older units have replaceable filters. If your HRV is easily accessible, this is a five-minute job.

Step 3: Check outdoor intake and exhaust hoods

Remove leaves, waste paper or other obstructions that may be blocking the outside vents of your HRV. Without this vital airflow, your HRV won't function properly. During winter, clear any snow or frost buildup blocking outside vents.

# Step 4: Inspect the condensate drain

Check to see if your HRV has a condensate drain—a pipe or plastic tube coming out of the bottom. If it does, slowly pour about two litres of warm, clean water in each drain pan inside the HRV to make sure it is flowing freely. If there's a backup, clean the drain.

Step 5: Clean the heat exchange core

Check your HRV owner's manual for instructions on cleaning the heat exchange core. Vacuuming the core and washing it with soap and water will reduce dust that can build up inside the core.

# Step 6: Clean grilles and inspect the ductwork

Once a year, check the ductwork leading to and from your HRV. Remove and inspect the grilles covering the duct ends, then vacuum inside the ducts. If a more thorough cleaning is required, call your service technician.

#### Step 7: Service the fans

Remove the dirt that has been accumulated on the blades by gently brushing them. Most new HRVs are designed to run continuously without lubrication, but older models require a few drops of proper motor lubricating oil in a designated oil intake. Check your manual for complete instructions.

Check out our easy maintenance program on page 3.



Maintaining Your Heat Recovery Ventilator (HRV)

Your HRV should be serviced annually. If you are not comfortable doing it yourself, contact a technician accredited by the Heating, Refrigeration and Air Conditioning Institute of Canada (HRAI). Make sure the technician you call has been trained by the manufacturer of your HRV.

#### CHECK YOUR HRV BALANCE: THE GARBAGE BAG TEST

HRVs need to be balanced, with the fresh air flow matching the exhaust flow. If you do not know if your HRV was balanced when installed or if you have changed or added HRV ducts, you may want to check the balance with the following simple procedure. This test will take about 10 minutes.

Use a large plastic bag, typically 1.2 m (48 in.) long. Untwist a wire coat hanger. Tape the wire to the mouth of the bag to keep it open. You now have a garbage bag air flow tester. Go outside to where your HRV ducts exit the foundation.

#### Step 1

Crush the bag flat and hold the opening tightly over the exhaust hood. The air flowing out of the hood will inflate the bag. Time the inflation. If the bag inflates in eight seconds or more, go to Step 2. If the bag inflates in less than eight seconds, turn your HRV to a lower speed, and repeat the test. Then go to Step 2.

#### Step 2

Swing the bag to inflate it and hold the opening against the wall around the HRV supply hood. The air going into the HRV will now deflate the bag. Time the deflation.

If your HRV is balanced, air going into the HRV will balance the air coming out of the HRV.

The inflation and deflation times should be roughly equal. If you find that the bag inflates twice as fast as it deflates, for instance, your HRV is unbalanced. If you can't see a problem with the filters that would cause such an imbalance, you should call a service person to test and adjust your HRV.

Please don't ignore your HRV! Just a little bit of your time is all it takes to keep it running smoothly.

The easy maintenance program on the next page can be taped directly onto your HRV. Simply check off each box as you complete the indicated task.

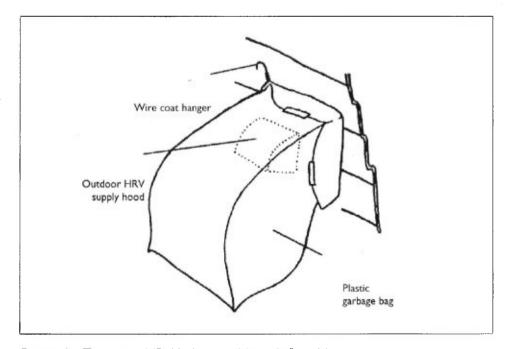


Figure 1 Test your HRV balance with an inflated bag

Maintaining Your Heat Recovery Ventilator (HRV)

# EASY MAINTENANCE PROGRAM

To start your easy maintenance program, simply disconnect the electrical power source, then open up the front panel.

## April or May (■)

 Turn the dehumidistat (the adjustable control on many HRVs that activates the HRV according to relative humidity) to the HIGH setting or to OFF.

#### September or October (O)

- Clean core and check fans
- Check condensate drain
- Check grilles and ducts in house
- Reset dehumidistat (40–80 per cent)

Table I HRV maintenance checklist

Year:				Year:			Year:				
	Clean filter	Clean hood screen	Other		Clean filter	Clean hood screen	Other		Clean filter	Clean hood screen	Other
January				January				January			
March				March				March			
May				May				May			
July				July				July			
September			0	September			0	September			0
November			William Control	November				November			

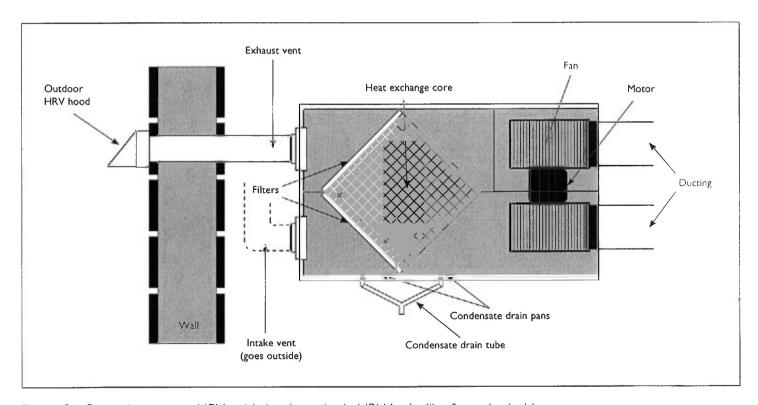


Figure 2 Get to know your HRV—this is what a basic HRV looks like from the inside



# HAVE YOUR VOICE HEARD FOR THE FUTURE OF SAUBLE PARK!

#### **BEACH OPERATIONAL STRATEGY 2018**

Saugeen First Nation is conducting a community-wide consultation to identify the opportunities, challenges and potential solutions for enhancing beach operations at Sauble Park. We would like to hear your ideas to ensure that Sauble Park remains as a point of pride for community members and a world-class destination for visitors.

Share your thoughts and shape the future of Sauble Park! Complete the attached survey and drop it off at the Economic Development Office (9 Indian Agency Road) by December 31st, 2018

You can also complete the survey online at the following link: https://www.surveymonkey.com/r/SaugeenSaublePark

Additional paper copies of the survey are available at the Band Office or at the Saugeen First Nation Public Library. Your opinions are valued and appreciated.





### Sauble Park Beach Survey

Please complete this survey and return it to the Economic Development Office (9 Indian Agency Road) by December 31st, 2018

Name						
Organization						
Occupation / Position						
Phone Number & Email						
Rate your level of satisfaction with the current operations at Sauble Park.  1 –Not at all Satisfied; 2 – Somewhat Satisfied; 3 – Fully Satisfied						
1 2	3					
. Rate Sauble Park's current so 1 – negative impact; 5 – pos	ocial, cultural, environmental and economic impact on the area. sitive impact					
b. Environmental Impact 1 2 c. Economic Impact - Pro	ct - strengthens community through the promotion of local culture  3					
. Which aspects of Sauble Park	x's beach operations do you think are working well?					
5						
. Which aspects of Sauble Park	x's beach operations do think could be improved upon?					

The consultants consider an individual's information confidential. We do not disclose any personal information gathered online to third parties. We do not sell, rent, or transmit personal information to other organizations. All answers will be kept confidential.

a. Improving visitor parking and traffic flow  1	ugeen First Nation
b. Enhancing facilities for walk-on/pedestrian traffic (e.g. beach boardwalk)  1 2 3 4 5  c. Options for food services (i.e. restaurant, food tucks/stands, etc.)  1 2 3 4 5  d. Opportunities for visitors to learn about the local Indigenous culture (e.g. interpretive signage)  1 2 3 4 5  e. Respecting the natural environment including waste management  1 2 3 4 5  f. Beach maintenance and infrastructure improvements  1 2 3 4 5  g. Public safety and provision of basic services  1 2 3 4 5  h. Spin-off tourism businesses and opportunities for entrepreneurs  1 2 3 4 5  i. Employment opportunities for community members  1 2 3 4 5  j. Youth involvement  1 2 3 4 5  k. Attracting new target markets and increasing visitor spending  1 2 3 4 5  k. Establishing partnerships and linking Sauble Park to other tourist attractions within Saugeet  1 2 3 4 5  m. Other:  1 2 3 4 5  6. In your opinion, what are the biggest safety concerns that need to be addressed or consi	ugeen First Nation
1 2 3 4 5  C. Options for food services (i.e. restaurant, food tucks/stands, etc.) 1 2 3 4 5  d. Opportunities for visitors to learn about the local Indigenous culture (e.g. interpretive signage 1 2 3 4 5  e. Respecting the natural environment including waste management 1 2 3 4 5  f. Beach maintenance and infrastructure improvements 1 2 3 4 5  g. Public safety and provision of basic services 1 2 3 4 5  h. Spin-off tourism businesses and opportunities for entrepreneurs 1 2 3 4 5  i. Employment opportunities for community members 1 2 3 4 5  j. Youth involvement 1 2 3 4 5  k. Attracting new target markets and increasing visitor spending 1 2 3 4 5  l. Establishing partnerships and linking Sauble Park to other tourist attractions within Saugeer 1 2 3 4 5  m. Other:	ugeen First Nation
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1 2 3 4 5  6. In your opinion, what are the biggest safety concerns that need to be addressed or consi	
1 2 3 4 5  6. In your opinion, what are the biggest safety concerns that need to be addressed or consi	
<ol> <li>Which tourism services, features and/or infrastructure would you like to see developed a (Choose all that apply)</li> </ol>	ed at Sauble Park?
a. Pedestrian boardwalk  b. Boat launch	
<ul><li>a. Pedestrian boardwalk</li><li>b. Boat launch</li><li>c. Full service restaurant</li></ul>	
<ul><li>a. Pedestrian boardwalk</li><li>b. Boat launch</li><li>c. Full service restaurant</li><li>d. Food stands</li></ul>	
<ul> <li>a. Pedestrian boardwalk</li> <li>b. Boat launch</li> <li>c. Full service restaurant</li> <li>d. Food stands</li> <li>e. Educational interpretive signage</li> </ul>	
<ul> <li>a. Pedestrian boardwalk</li> <li>b. Boat launch</li> <li>c. Full service restaurant</li> <li>d. Food stands</li> <li>e. Educational interpretive signage</li> <li>f. Improved washroom/changing facilities</li> </ul>	
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<ul> <li>a. Pedestrian boardwalk</li> <li>b. Boat launch</li> <li>c. Full service restaurant</li> <li>d. Food stands</li> <li>e. Educational interpretive signage</li> <li>f. Improved washroom/changing facilities</li> <li>g. Mobile phone application to educate tourists and enhance the visitor experience</li> <li>h. Shops and other tourism businesses</li> <li>i. Watersport rentals (i.e. kayaks, stand-up paddle boards, etc.)</li> </ul>	

The consultants consider an individual's information confidential. We do not disclose any personal information gathered online to third parties. We do not sell, rent, or transmit personal information to other organizations. All answers will be kept confidential.

8.	What opportunities do you see for small business development or tourism spin offs from Sauble Park?
9.	Do you feel that the influx in tourists at Sauble Park over the past few years has had a positive or negative impact on your community?
	a. Positive, please explain:
	b. Negative, please explain:
	c. Both, please explain:
10.	What do you feel are some of the greatest challenges (currently and in the future) for sustainable beach management at Sauble Park?
11.	What do you feel are some solutions to the above challenges?
12.	What benefits do you feel that the enhancement of Sauble Park can bring to the community of Saugeen First Nation?

13.		initiatives would you recommend for enhancing Sauble Park's beach management and ons? (Choose all that apply)
	a.	Increasing the beach's human resource capacity and training
	b.	Investing in strategic partnerships
	c.	Investing in a strategic marketing plan for Sauble Park or improving marketing initiatives
	d.	Creating a beach committee for Sauble Park
	e.	Seeking ongoing input from community members
	f.	Investing in strategic operational and financial planning
	g.	Creating an environmental management and mitigation strategy
	h.	Other:
14.	What w	ould you recommend in order to increase revenues at Sauble Park?
15.		you like to see an increase in visitors at Sauble Park?  Yes  No
	C.	Maybe, please explain:
16.		re the greatest opportunities that you see for enhancing Sauble Park as a community asset and destination?
17.	Please	provide any additional comments that you have for Sauble Park.
1		

Holiday greetings to all. It's time to voice my opinion once again as I see it.

The Band Council has been involved in a number of issues lately. Many of those issues that should be a priority have not been discussed to their fullest and why is that? Some time-consuming issues are: administration and unnecessary "petty" issues. Main cause of those? They're called personality issues that don't belong there. Anger and unnecessary emotional issues plague our community. Problems are unable to be solved by families and relationships and are expected to be solved by Council. NO MORE!

Too many concerns are at our doorstep that requires Council attention.

Our community needs to understand the dangers of our existence into the future. Issues such as the government making changes through the "framework" legislation means changes to the Indian Act. Maybe Saugeen wants to continue the Governments' control over us? If so, we should not try to make any changes. For me, changes such as the Election Code should be accepted because once we accept it, we obtain some control back. We can change the wording later, if there are changes that need to be made...and yes, decision making can be easy, if you don't complicate it. I ask Council to have one last community meeting to review it and then set a voting day for acceptance in the spring.

Another issue of importance is the "Bruce Peninsula Lawsuit" that will get started in 2019. Our request is for money, but we need to look at our rights, land base, and only some money for our community needs!

I am glad that work will be started to construct a new Band Office, which will house a new Council Chambers. This will help the growth of our community.

But, I must not forget the social issues that our people have. The abuses on one another caused by \_\_\_\_\_?? The government isn't going to fix any of this for us, they would rather see us disappear over the next few decades. It's only us that can fix ourselves!

My concerns are some of your concerns, so I hope we can support the development and work our council is going to do for our precious community. My ending is to remind everyone of the reason we celebrate Duluth Day.

Milgwetch, Vernon Roote



