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April 2019
Saugeen News



The Saugeen News is published under the direction of Saugeen Band Council

6493 Hwy 21

Southampton, ON N0H 2L0

For free distribution to members of the Saugeen Band.

Saugeen Band Council Minutes In Brief



Saugeen Band Council
Monday, February 4, 2019
Council Chambers 9:30 a.m.

Present: Conrad Ritchie, Mike Henry, Mark Mandawoub, Lorne Mandawoub, Letitia Thompson, Herman Roote, Sonya Roote, Randal Roote, Gayle Mason Stark

Absent: Chief Anoquot - Holidays

MOTION No.01

Moved by: Sonya Roote
Seconded by: Letitia Thompson
To appoint Conrad Ritchie as Chairperson for today's meeting in the absence of Chief Anoquot.
6 in favor Carried

MOTION No.02

Moved by: Sonya Roote
Seconded by: Letitia Thompson
To appoint Conrad Ritchie as Acting Chief from the dates of February 4-10, 2019 in the absence of Chief Anoquot (Holidays).
Further, that Conrad to receive the Chief's salary for this time. 6 in favor Carried

MOTION No.03

Moved by: Mark Mandawoub
Seconded by: Letitia Thompson
To accept the agenda as presented with additions for today's meeting. 6 in favor Carried

MOTION No.04

Moved by: Herman Roote
Seconded by: Mark Mandawoub
To accept the Saugeen Band Council minutes of January 22, 28, 2019 as presented.
7 in favor Carried

MOTION No.05

Moved by: Mike Henry
Seconded by: Letitia Thompson
To authorize payment to Pape Salter Teillet LLP for the December 2018 invoice.
8 in favor Carried

MOTION No.06

Moved by: Lorne Mandawoub
Seconded by: Mike Henry
To authorize the purchase of a new 2018 Ford F150 truck with plow from Peninsula Ford Lincoln. 8 in favor Carried

MOTION No.07

Moved by: Lorne Mandawoub
Seconded by: Mike Henry
To authorize payment to Leaders & Cioe Conseil en gouvernance et leadership inc. for the January 2019 invoice. 8 in favor Carried

MOTION No.08

Moved by: Mike Henry
Seconded by: Lorne Mandawoub
To adjourn for today's meeting, time being 10:55am. 8 in favor Carried

Saugeen Band Council
Monday, February 11, 2019
Council Chambers 9:30 a.m.

Present: Chief Anoquot, Randal Roote, Conrad Ritchie, Letitia Thompson, Lorne Mandawoub, Gayle Mason Stark, Mike Henry, Herman Roote Mark Mandawoub, Sonya Roote

MOTION No.01

Moved by: Conrad Ritchie
Seconded by: Lorne Mandawoub
To accept the agenda as presented for today's meeting. 9 in favor Carried

MOTION No.02

Moved by: Mike Henry
Seconded by: Sonya Roote
To approve the "OUT OF PROVINCE TRAVEL" for the Chief and Lands Manager to attend the Lands Advisory Board First Nations Lands Governance and Economic Development Conference and Trade Show in Winnipeg MB April 1-3, 2019.
8 in favor Carried

MOTION No.03

Moved by: Herman Roote
Seconded by: Conrad Ritchie
To appoint Sonya Roote as a band representative to sit on the Safer Communities Committee.
9 in favor Carried

MOTION No. 04

Moved by: Gayle Mason Stark
Seconded by: Conrad Ritchie
To accept the FNLED Survey request for Saugeen First Nation. 9 in favor Carried

MOTION No.05

Moved by: Sonya Roote
Seconded by: Mark Mandawoub
To authorize payment to Pape Salter Teillet for the January 2019 invoice, Hensel Barristers in-voice for the January 2019.

9 in favor Carried

MOTION No.06

Moved by: Mike Henry
Seconded by: Lorne Mandawoub
To authorize payment to Eagleson Funeral Home to cover funeral grant for a late band member.
9 in favor Carried

MOTION No.07

Moved by: Mike Henry
Seconded by: Lorne Mandawoub
To authorize payment to Eagleson Funeral home to cover funeral grant for late band member.
9 in favor Carried

MOTION No.08

Moved by: Mike Henry
Seconded by: Lorne Mandawoub
To authorize payment to Eagleson Funeral Home to cover funeral grant for late band member.
9 in favor Carried

MOTION No.09

Moved by: Mike Henry
Seconded by: Lorne Mandawoub
To authorize payment to Eagleson Funeral Home to cover funeral grant for late band member.
9 in favor Carried

MOTION No.10

Moved by: Sonya Roote
Seconded by: Mike Henry
To authorize the Education Winter Intake of Post-Secondary Student Support for January to April 2019. 9 in favor Carried

MOTION No.11

Moved by: Sonya Roote
Seconded by: Letitia Thompson
To approve to fund a post-secondary student to attend the Anishiaabemowin Teg Native Language Conference in Sault Ste. Marie March 27-31, 2019. 9 in favor Carried

MOTION No.12

Moved by: Mike Henry

Seconded by: Lorne Mandawoub

To adjourn for today's meeting, time being
12:30pm. 8 in favor Carried



Saugeen Band Council

Tuesday, February 19, 2019

Council Chambers 9:30 a.m.

Present: Chief Lester Anoquot, Randal Roote,
Lorne Mandawoub, Sonya Roote,
Conrad Ritchie, Letitia Thompson, Gayle Mason
Stark

Absent: Mike Henry – travel, Mark Mandawoub
– Travel, Herman Roote -Medical

MOTION No.01

Moved by: Letitia Thompson

Seconded by: Conrad Ritchie

To accept the agenda with additions for today's
meeting. 5 in favor Carried

MOTION No.02

Moved by: Sonya Roote

Seconded by: Letitia Thompson

To accept and approve the Saugeen First Nation
Membership First Nation Management Personnel
Policy with changes as noted by the First Nation
Management Group.

Further, that all other Policies are accepted as
noted Information Management Policy, Finance
Policy. 6 in favor Carried

MOTION No.03

Moved by: Gayle Mason Stark

Seconded by: Conrad Ritchie

To accept and approve the Saugeen First
Nation Membership Organizational Chart as
presented by First Nations Management
dated February 12, 2019.

Further, that this organizational chart can be
changed at any time as needed. 6 in favor
Carried

MOTION No.04

Moved by: Sonya Roote

Seconded by: Conrad Ritchie

To adjourn for today's meeting, time being
12:58pm. 5 in favor Carried



Saugeen Band Council – “Special”

Thursday, February 28, 2019

Council Chambers 9:30 a.m.

Present: Chief Anoquot, Randal Roote, Lorne
Mandawoub, Mark Mandawoub, Herman Roote,
Conrad Ritchie, Gayle Mason Stark, Mike Henry,
Sonya Roote
Letitia Thompson

MOTION No.01

Moved by: Lorne Mandawoub

Seconded by: Mike Henry

To accept the agenda with additions for to-
day's meeting. 9 in favor Carried

MOTION No.02

Moved by: Sonya Roote
Seconded by: Herman Roote
To declare this portion of the meeting to be
“IN CAMERA” time being 1:50pm.
9 in favor Carried

MOTION No.03

Moved by: Sonya Roote
Seconded by: Herman Roote
To declare this portion of the meeting to go
“OUT OF CAMERA”, time being 2:10pm.
9 in favor Carried

MOTION No.04

Moved by: Sonya Roote
Seconded by: Letitia Thompson
To accept the CES Presentation in Principle,
subject to budget allocations.
9 in favor Carried

MOTION No.05

Moved by: Sonya Roote
Seconded by: Letitia Thompson
To approve the “OUT OF PROVINCE
TRAVEL” for the Human Resources
Manager to attend the Life Inc. 2019 Annual
Conference May 5-7, 2019 in Halifax NS.
9 in favor Carried

MOTION No.06

Moved by: Herman Roote
Seconded by: Sonya Roote
To remove two band members from the
Saugeen First Nation Volunteer Fire
Department. 9 in favor Carried

MOTION No.07

Moved by: Sonya Roote
Seconded by: Letitia Thompson
To authorize payment to Peninsula Ford
Lincoln for the purchase of 2 Grey F150 4x4
Ford trucks for the Saugeen Works
Department.
9 in favor Carried

MOTION No.08

Moved by: Sonya Roote
Seconded by: Mark Mandawoub
To authorize the purchase of a 2019 Ram
15000 4x4 from Jim Gardhouse for the
Saugeen Lands and Leasing.
9 in favor Carried

MOTION No.09

Moved by: Sonya Roote
Seconded by: Letitia Thompson
To authorize the purchase of a new vehicle
from Peninsula Ford for the Ontario Works.
9 in favor Carried

MOTION No.10

Moved by: Herman Roote
Seconded by: Conrad Ritchie
To adjourn for today’s meeting, time being
4:27pm. 8 in favor Carried



Get your Saugeen News via e-mail
contact: reception@saugeen.org



*Saugeen First Nation #29
Chief & Council
Community Meeting*

Date: April 25, 2019

Meeting 6-8pm

Topics:

Governance Law/ Residency/ Membership Law/ Election Law

Location:

**James Mason Memorial Culture & Recreation Centre
47 French Bay Rd.**

Light Refreshments

March 22, 2019

Dear Saugeen Food Bank Clients:

Starting April 1st, 2019, there will be a few changes happening at the Food Bank.

First, my hours will now be full-time, Monday – Friday 9:30 to 4:00; I will be closed daily from 12 – 1 for lunch.

Secondly, with the change in my hours, the Food Bank will now be accessible at any time; i.e. any day and week of the month; therefore, perishables will only be available for ***one week, once a month***. These will still come on a ***First Come First Serve basis***, so please watch for Perishables Week.

April's perishables will be available April 15th – April 18th, 2019.

Please keep in mind that clients will still only be able to access **once-a-month** or every **4 weeks**.

For any questions please contact me, Erin Kewaquom, at the Saugeen Food Bank (519) 797 – 2392, on my cell (519) 372 – 5926, or contact me on Facebook through the Saugeen First Nation Food Bank page.

Miigwetch,

Erin Kewaquom

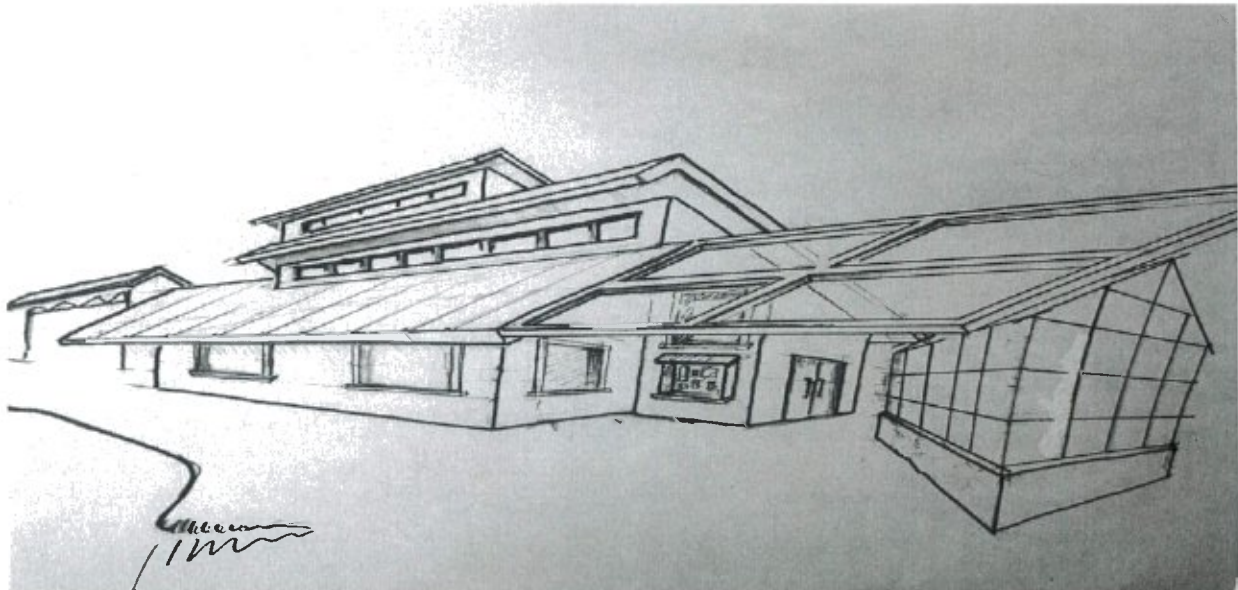
Saugeen Food Hub Project

The Saugeen Food Hub will be a centrally located facility that provides workshops, dining, growing, storage, processing and distribution of food within the community. This building, once fully completed, will include many features such as;

- Office space
- Washrooms
- Foodbank room w extra storage
- Loading bay w walk-in freezer
- Teaching kitchen & dining area
- Outdoor washing stations for produce
- Potting shed and greenhouse
- Game and fish processing building w possible smokehouse
- Compost
- Outdoor market pavilions
- Fire pit

The idea of this facility is to be the first step in providing food security within Saugeen. By having this building, we can begin to provide a variety of different workshops, events and programs ranging from weekly soup kitchens, healthy eating classes, cooking/baking classes, food preservation & canning classes, adulting 101 for our youth, gardening classes, hunting excursions, and many more. For more information on this project please contact the foodbank.

DRAFT DESIGN BELOW



Kindest Regards,
Melissa Snowdon

Saugeen Food Bank Update

Aanii Community Members,

It's been some time since I've last submitted an update to the newsletter regarding the foodbank work that I've been doing as I've wanted to wait until I had something amazing to report on so here are a few items coming down the line for community consideration.

Over the past year I have been working towards fundraising, planning and securing funding for a new building that could permanently house the food bank. Now that the food bank will also run the community garden, this building is even more necessary. Phase one and two of the design plans for this new building have been completed and the results are available at the current food bank building for viewing. I've also host two community meetings to share with you the results of these design plans and our visions moving forward, if you did not get the chance to make it out to one of these meetings please feel free to pop by the office and we would be happy to share with you what we've shared in those meetings.

In regards to this new building I am very happy to announce that we have secured a \$150,000 Capital Grant from Ontario Trillium Foundation for this project, however the project is predicted to begin June 2019 and with the guidelines of the grant and we would have one year to finish the project, thus further funding is required to keep this grant and get the building constructed. I am sending out sponsorship forms to help seek financial support for this project and have already had interest from a handful of companies to support the project weather it be financially or through in-kind services. We will also be hosting our annual golf tournament again this July with funds to go towards this project and will also plan to host a bake/lunch sale out of the Healthy Haven one Monday a month so please keep your eye out for those and come on out to support us!

This new building, that we are currently calling the Saugeen Food Hub Project, could open up many doors and opportunities for community programs and members, from youths to elders. We are seeking community support for this project so if you have any questions or concerns regarding the project please feel free to contact myself or Erin.

Lastly, the Queens Bar and Grill has generously offered to host a monthly dinner for community members! This would be a chance for community to get together and enjoy a meal with each other. We are in the process of trying to nail down some dates but keep your eyes open for those posts as we would love to see everyone come out for some good food and good company.

Kindest Regards,

Melissa Snowdon

Food Bank Coordinator foodbank@saugeen.org

**PLEASE COME OUT AND JOIN US
IN WALKING THIS JOURNEY
OF RECOVERY TOGETHER!**



ADDICTIONS GROUP

**WEDNESDAY NIGHTS
5-7PM**

MINO BIMAADSAWIN HEALTH CENTER

DINNER AND BEVERAGES PROVIDED

Addiction Medication Dosing Available at the Mino Bimaadsawin Health Centre.

From Monday to Friday a representative from Kristen's Pharmacy is available at Mino Bimaadsawin Health Centre providing suboxone and methadone to clients. Each day from 8:30am to 9:30am clients are able to receive treatment within the community. Dosing will now be given from the traditional meeting room to allow clients direct access through the side door and provide more privacy.

For those utilizing the service of Kristen's Pharmacy at Mino Bimaadsawin Health Centre, medical transportation is offered. Transportation to and from the Health Centre, to the pharmacy on the weekends and to medical appointments is available and can be booked by calling 519-797-3792 ext.1008.

Individuals' currently receiving prescriptions from the RAAM Clinic, once stabilized, have the option of a Nurse Practitioner from SOHAC taking over their care. As the program expands, tele-health with Dr. Somerville may be a possibility.

Kristen's Pharmacy is hoping to make addiction treatment more available to all members of the community. For any questions related to the program, the representative from Kristen's Pharmacy is at the Health Centre daily or call the pharmacy at 519-483-5085.

Addiction is a treatable disease and there is life after addiction.

APR 2019

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---------------|-------------------------------|-----|------------------------|-----|-----------------------------|-----|
| | 01 | 02 | 03 | 04 | 05 | 06 |
| 07 | 08 | 09 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| | | | Legal Aid 1:30-4:00 | | Good Friday ACYPS closed | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Happy Easter! | Easter Monday ACYPS closed | | | | | |
| 28 | 29 | 30 | | | | |

Earth Day
cleanup date to
be announced...

Earth Day Cleanup

Come on out and help us clean up the community!

Dinner will be provided for participants and there will be great prizes for whoever collects the most garbage!

Cleanup date to be announced....





ABOUT YOUR HOUSE

CE 47

HOME MAINTENANCE SCHEDULE

Regular maintenance is the key

Inspecting your home on a regular basis and following good maintenance practices is the best way to protect your investment in your home. Whether you take care of a few tasks at a time or several all at once, it is important to get into the habit of doing them. Establish a routine for yourself and you will find the work is easy to accomplish and not very time consuming. A regular schedule of seasonal maintenance can put a stop to the most common—and costly—problems, before they occur. If necessary use a camera to take pictures of anything you might want to share with an expert for advice or to monitor or remind you of a situation later.

By following the information noted here, you will learn about protecting your investment and how to help keep your home a safe and healthy place to live.

If you do not feel comfortable performing some of the home maintenance tasks listed below, or have the necessary equipment, for example a ladder, you may want to consider hiring a qualified handy person to help you.

Seasonal home maintenance

Most home maintenance activities are seasonal. Fall is the time to get your home ready for the coming winter, which can be the most grueling season for your home. During winter months, it is important to follow routine maintenance procedures, by checking your home carefully for any problems arising and taking corrective action as soon as possible. Spring is the time to assess winter damage, start repairs and prepare for warmer months. Over the summer, there are a number of indoor and outdoor maintenance tasks to look after, such as repairing walkways and steps, painting and checking your chimney and roof.

While most maintenance is seasonal, there are some things you should do on a frequent basis year round:

- ☐ Make sure air vents indoors and outside (intake, exhaust and forced air) are not blocked by snow or debris.
- ☐ Check and clean range hood filters on a monthly basis.
- ☐ Test the ground fault circuit interrupter(s) monthly by pushing the test button, which should then cause the reset button to pop up.

- ☐ If there are young children in the house, make sure electrical outlets are equipped with safety plugs.
- ☐ Regularly check the house for safety hazards such as a loose handrail, lifting or buckling carpet, etc.

Timing of the seasons varies not only from one area of Canada to another, but also from year to year in a given area. For this reason, we have not identified the months for each season. The maintenance schedule presented here, instead, is a general guide for you to follow. The actual timing is left for you to decide, and you may want to further divide the list of items for each season into months.



HOME TO CANADIANS
Canada

Photocopy or print this maintenance schedule

To be effective, home maintenance must be done on an ongoing basis, from year to year. We suggest you make a photocopy of this maintenance schedule to use as your checklist. That way, you will always have an unmarked original to make more copies. Alternatively, you can print this maintenance schedule from CMHC's Web site, at www.cmhc.ca

Fall

- ☐ Have furnace or heating system serviced by a qualified service company every two years for a gas furnace, and every year for an oil furnace.
- ☐ Open furnace humidifier damper on units with central air conditioning and clean humidifier.
- ☐ Lubricate circulating pump on hot water heating system.
- ☐ Bleed air from hot water radiators.
- ☐ Examine the forced air furnace fan belt for wear, looseness or noise; clean fan blades of any dirt build-up (after disconnecting the electricity to the motor first).
- ☐ Turn ON gas furnace pilot light.
- ☐ Check and clean or replace furnace air filters each month during the heating season. Ventilation system, such as heat recovery ventilator, filters should be checked every two months.
- ☐ Vacuum electric baseboard heaters to remove dust.
- ☐ Remove the grilles on forced air systems and vacuum inside the ducts.
- ☐ If the heat recovery ventilator has been shut off for the summer, clean the filters and the core, and pour water down the condensate drain to test it.
- ☐ Clean portable humidifier, if one is used.
- ☐ Have well water tested for quality. It is recommended that you test for bacteria every six months.
- ☐ Check sump pump and line to ensure proper operation, and to ascertain that there are no line obstructions or visible leaks.
- ☐ Replace window screens with storm windows.
- ☐ Remove screens from the inside of casement windows to allow air from the heating system to keep condensation off window glass.
- ☐ Ensure all doors to the outside shut tightly, and check other doors for ease of use. Renew door weatherstripping if required.
- ☐ If there is a door between your house and the garage, check the adjustment of the self-closing device to ensure it closes the door completely.
- ☐ Ensure windows and skylights close tightly.
- ☐ Cover outside of air conditioning units.
- ☐ Ensure that the ground around your home slopes away from the foundation wall, so that water does not drain into your basement.
- ☐ Clean leaves from eavestroughs and roofs, and test downspouts to ensure proper drainage from the roof.
- ☐ Check chimneys for obstructions such as nests.
- ☐ Drain and store outdoor hoses. Close valve to outdoor hose connection and drain the hose bib (exterior faucet), unless your house has frost proof hose bibs.
- ☐ If you have a septic tank, measure the sludge and scum to determine if the tank needs to be emptied before the spring. Tanks should be pumped out at least once every three years.
- ☐ Winterize landscaping, for example, store outdoor furniture, prepare gardens and, if necessary, protect young trees or bushes for winter.

Winter

- ☐ Check and clean or replace furnace air filters each month during the heating season. Ventilation system, such as heat recovery ventilator, filters should be checked every two months.
- ☐ After consulting your hot water tank owner's manual, drain off a dishpan full of water from the clean-out valve at the bottom of your hot water tank to control sediment and maintain efficiency.
- ☐ Clean humidifier two or three times during the winter season.
- ☐ Vacuum bathroom fan grille.
- ☐ Vacuum fire and smoke detectors, as dust or spider webs can prevent them from functioning.
- ☐ Vacuum radiator grilles on back of refrigerators and freezers, and empty and clean drip trays.
- ☐ Check gauge on all fire extinguishers; recharge or replace if necessary.
- ☐ Check fire escape routes, door and window locks and hardware, and lighting around outside of house; ensure family has good security habits.
- ☐ Check the basement floor drain to ensure the trap contains water. Refill with water if necessary.
- ☐ Monitor your home for excessive moisture levels—for example, condensation on your windows, which can cause significant damage over time and pose serious health problems—and take corrective action. Refer to *About Your House* factsheet *Measuring Humidity in Your Home*.

- ❑ Check all faucets for signs of dripping and change washers as needed. Faucets requiring frequent replacement of washers may be in need of repair.
- ❑ If you have a plumbing fixture that is not used frequently, such as a laundry tub or spare bathroom sink, tub or shower stall, run some water briefly to keep water in the trap.
- ❑ Clean drains in dishwasher, sinks, bathtubs and shower stalls.
- ❑ Test plumbing shut-off valves to ensure they are working and to prevent them from seizing.
- ❑ Examine windows and doors for ice accumulation or cold air leaks. If found, make a note to repair or replace in the spring.
- ❑ Examine attic for frost accumulation. Check roof for ice dams or icicles. If there is excessive frost or staining of the underside of the roof, or ice dams on the roof surface, consult the CMHC *About Your House* factsheet, *Attic Venting, Attic Moisture and Ice Dams* for advice.
- ❑ Check electrical cords, plugs and outlets for all indoor and outdoor seasonal lights to ensure fire safety: if worn, or plugs or cords feel warm to the touch, replace immediately.

Spring

- ❑ After consulting your hot water tank owner's manual, carefully test the temperature and pressure relief valve to ensure it is not stuck. (Caution: This test may release hot water that can cause burns.)
- ❑ Check and clean or replace furnace air filters each month during the heating season. Ventilation system, for example heat recovery ventilator, filters should be checked every two months.
- ❑ Have fireplace or woodstove and chimney cleaned and serviced as needed.
- ❑ Shut down and clean furnace humidifier, and close the furnace humidifier damper on units with central air conditioning.
- ❑ Check air conditioning system and have serviced every two or three years.
- ❑ Clean or replace air conditioning filter (if applicable).
- ❑ Check dehumidifier and clean if necessary.
- ❑ Turn OFF gas furnace and fireplace pilot lights where possible.
- ❑ Have well water tested for quality. It is recommended that you test for bacteria every six months.
- ❑ Check smoke, carbon monoxide and security alarms and replace batteries.
- ❑ Clean windows, screens and hardware, and replace storm windows with screens. Check screens first and repair or replace if needed.
- ❑ Open valve to outside hose connection after all danger of frost has passed.
- ❑ Examine the foundation walls for cracks, leaks or signs of moisture, and repair as required. Repair and paint fences as necessary.
- ❑ Ensure sump pump is operating properly before the spring thaw sets in. Ensure discharge pipe is connected and allows water to drain away from the foundation.
- ❑ Re-level any exterior steps or decks which moved due to frost or settling.
- ❑ Check eavestroughs and downspouts for loose joints and secure attachment to your home, clear any obstructions, and ensure water flows away from your foundation.
- ❑ Clear all drainage ditches and culverts of debris.
- ❑ Undertake spring landscape maintenance and, if necessary, fertilize young trees.

Summer

- ❑ Monitor basement humidity and avoid relative humidity levels above 60 per cent. Use a dehumidifier to maintain safe relative humidity. Clean or replace air conditioning filter, and wash or replace ventilation system filters if necessary.
- ❑ Check basement pipes for condensation or dripping, and take corrective action, for example, reduce humidity and or insulate cold water pipes.
- ❑ Check the basement floor drain to ensure the trap contains water. Refill with water if necessary.
- ❑ If you have a plumbing fixture that is not used frequently, for example, a laundry tub or spare bathroom sink, tub or shower stall, run some water briefly to keep water in the trap.
- ❑ Deep clean carpets and rugs.
- ❑ Vacuum bathroom fan grille.
- ❑ Disconnect the duct connected to the dryer and vacuum lint from duct, the areas surrounding your clothes dryer and your dryer's vent hood outside.
- ❑ Check security of all guardrails and handrails.
- ❑ Check smooth functioning of all windows and lubricate as required.
- ❑ Inspect window putty on outside of glass panes and replace if needed.
- ❑ Lubricate door hinges and tighten screws as needed.
- ❑ Lubricate garage door hardware and ensure it is operating properly.
- ❑ Lubricate automatic garage door opener motor, chain, etc. and ensure that the auto-reverse mechanism is properly adjusted.
- ❑ Check and replace damaged caulking and weatherstripping around windows and doorways, including the doorway between the garage and the house.

- ☐ Inspect electrical service lines for secure attachment where they enter your house, and make sure there is no water leakage into the house along the electrical conduit.
- ☐ Check exterior wood siding and trim for signs of deterioration; clean, replace or refinish as needed.
- ☐ Check for and seal off any holes in exterior cladding that could be an entry point for small pests, such as bats, squirrels.
- ☐ Remove any plants that contact, or roots that penetrate, the siding or brick.
- ☐ Climb up on your roof, or use binoculars, to check its general condition, and note any sagging, that could indicate structural problems requiring further investigation from inside the attic. Note the condition of all shingles for possible repair or replacement, and examine all roof flashings, such as at chimney and roof joints, for any signs of cracking or leakage.
- ☐ Sweep chimneys connected to any woodburning appliance or fireplace, and inspect them for end-of-season problems.
- ☐ Check the chimney cap and the caulking between the cap and the chimney.
- ☐ Repair driveway and walkways as needed.
- ☐ Repair any damaged steps that present a safety problem.

Other useful Canada Mortgage and Housing Corporation information

Home Care: A Guide to Repair and Maintenance

\$6.95 (order #61019)

Homeowner's Inspection checklist

\$19.95 (order #62114)

Moisture and Air: Problem and Remedies

Free (order #61033)

To find *About Your House* fact sheets plus a wide variety of information products, visit our Web site at **www.cmhc.ca**

or contact:

Your local CMHC office
or
Canada Mortgage and Housing Corporation
700 Montreal Road
Ottawa ON K1A 0P7

Phone: 1 800 668-2642
Fax: 1 800 245-9274

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BOUT YOUR HOUSE

CE9

MAINTAINING YOUR HRV

Your heat recovery ventilator (HRV) can help make your house a clean, healthy living environment, while keeping fuel bills down. But your HRV can't do all this without your help.

It's only takes seven simple steps to keep your HRV happy...

The Seven Steps to a Happy HRV

First turn off the HRV and unplug it.

Step 1 Clean or Replace Air Filters

Dirty or clogged filters can lower ventilation efficiency. Try to clean your filters at least every two months. Filters in most new HRVs can be easily removed, cleaned with a vacuum cleaner, then washed with mild soap and water before being replaced. Older units have replaceable filters. If your HRV is easily accessible, this is a five-minute job.

Step 2 Check Outdoor Intake and Exhaust Hoods

Remove leaves, waste paper or other obstructions that may be blocking the outside vents of your HRV. Without this vital airflow, your HRV won't function properly. During winter, clear any snow or frost buildup blocking outside vents.

Step 3 Inspect The Condensate Drain

Check to see if your HRV has a condensate drain, a pipe or plastic tube coming out of the bottom of the HRV. If it does, slowly pour about two litres of warm, clean water in the drain inside the HRV to make sure it's flowing freely. If there's a backup, clean the drain.

Step 4 Clean the Heat Exchange Core

Check your HRV owner's manual for instructions on cleaning the heat exchange core. Vacuuming the core and washing it with soap and water will reduce dust which can build up inside the core.

Step 5 Clean Grilles and Inspect the Ductwork

Once a year, check the ductwork leading to and from your HRV. Remove and inspect the grilles covering the duct ends, then vacuum inside the ducts. If a more thorough cleaning is required, call your service technician.

Step 6 Service the Fans

Remove the dirt that has been accumulated on the blades by gently brushing them. Most new HRVs are designed to run continuously without lubrication, but older models require a few drops of proper motor lubricating oil in a designated oil intake. Check your manual for complete instructions.



HOME TO CANADIANS
Canada

HRV MAINTENANCE CHECKLIST

To start your easy maintenance program, simply disconnect the electrical power source, then open up the front panel.

| Year | | | | Year | | | | Year | | | |
|------|--------------|-------------------|-------|------|--------------|-------------------|-------|------|--------------|-------------------|-------|
| | Clean filter | Clean hood screen | Other | | Clean filter | Clean hood screen | Other | | Clean filter | Clean hood screen | Other |
| Jan | | | | Jan | | | | Jan | | | |
| Mar | | | | Mar | | | | Mar | | | |
| May | | | ■ | May | | | ■ | May | | | ■ |
| July | | | | July | | | | July | | | |
| Sept | | | ○ | Sept | | | ○ | Sept | | | ○ |
| Nov | | | | Nov | | | | Nov | | | |

■ April or May

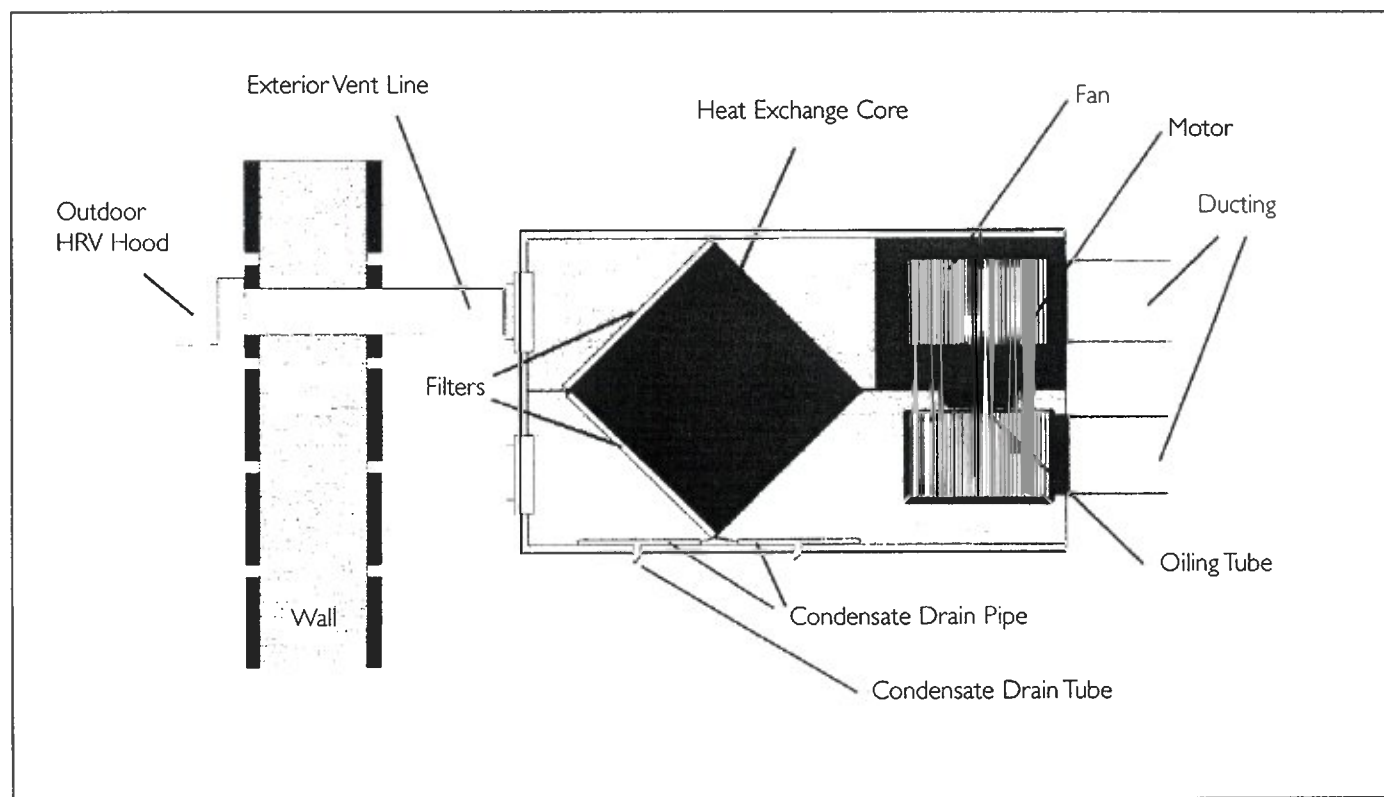
- Turn dehumidistat (the adjustable control on many HRVs which activates the HRV according to relative humidity) to HIGH setting or to OFF

○ September or October

- Clean core
- Check fans
- Check condensate drain
- Check grilles and ducts in house
- Reset dehumidistat (40 per cent-80 per cent)

Getting to Know Your HRV From the Inside

Here's what a basic HRV looks like from the inside.



NIIGAANIBATOWAAD: FRONTRUNNERS

*A film of **Survival,**
Reconciliation
and a
New Way Forward*



Sunday, April 14th
7:00pm Film at Meaford Hall

FREE ADMISSION

donations invited to support Indigenous cultural and wellness programs

3:30 – 4:00PM (approx.): Greet runners from Neyaashiinigmiing (Cape Croker) arriving at the Hall after an 83KM run

After the film: two of the original FrontRunners will speak of their experiences



sponsored by



12 Nelson St. E., Meaford

OPEN HOUSE

Monday,
April 22, 2019

James Mason
Memorial,
Cultural &
Recreation Centre

5pm to 7pm

Wild Edibles
&
Traditional Food!

Presented by:

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FABULOUS
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OF
FRINGE
FILM

Saugeen Takes on Film



Community
Film
Screening!

Meet & Greet
Filmmakers!

Meet & Greet
the
Filmmakers!

Find out
more about
the film
workshop!

We gratefully acknowledge funding
from the OAC and SSHRC

With thanks to our partners:



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Any Appliances or
Electronics you have laying
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Call: Ants Ritchie

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NOTICE TO CREDITORS HEIRS & OTHER CLAIMANTS

ALL PERSONS having claims against the estate of:

Keith Edward Brian Thompson

of the Saugeen #29 Indian Reserve

who died March 8, 2018 are notified to send full

particulars of their claim to the undersigned on or before

April 25th, 2019 after which date the estate will

be distributed with regard only to claims then received.

Dated this 27th day of February, 2019.

Harold Thompson and Bernice Kahgee
Executor/Administrator(s)

Harold Thompson
Address

Bernice Kahgee, 5 Isabella Rd, Southampton, ON. N0H2L0
Telephone number

News Letter Deadline

Date: Thursday April 18, 2019

Time: 4PM

Issue May 2019



Please remember to do a SPELL Check
before handing in Submissions.

No Late Submissions.