

Babaamose Mino Bimaadsawin

Walking a Good Life

Starting May 2nd

Every Thursday 4:30 to 7:30

Meal at 4:30,

Group will begin at 5:15

Location:

Mino Bimaadsawin Health Centre

Traditional Room

Please call to register

15 people to sign up

519- 797 -3792 or cell 519 353-8135

Ext 1006

Men's Group

Safety Expectations

Confidentiality if

**Broken person is asked to
leave till the next cycle**

No Drugs / Alcohol

24 hours before

Be Honest

Respect Others

Check in / check out

Be on Time