



Kinship/Customary Care Support Circle

A 6 week program to help support caregivers in Kinship/Customary care homes in Saugeen First Nation.

Starting Tuesday July 16th 2019

ACYPS 12pm-2pm

Light lunch will be served

Week 1: July 16th/19- Introductions. Grief & loss/Moving in/Transition

Week 2: July 23rd/19- Development

Week 3: Aug 6th/19 - Relationship & Positive Discipline

Week 4: Aug 13th/19 - Mindful caregiving & Activities to do with children
(Children invited to come)

Week 5: Aug 20th/19 - Helping children succeed at school & when to access
resources

Week 6: Aug 27th/19 - Self care & Yoga for Caregivers.
(Children invited to come)

Please call Sheena Kewageshig or Susan Wilson

@ ACYPS 519-797-5000 to register.