



The Program Administrator for R.E.A.L. School, **Diane Katsitsawaks Hill** is an Integrative Programs Consultant and Director of Ka'nikonhriyotshera: Fostering Emergence of the Good Mind – An Experience in Quantum Energy Integration. For the past 30 plus years, Diane has been consulting on various Indigenous education initiatives both nationally and internationally. Her work is distinguished in the fields of social work, education and cultural studies. Diane has written books; given lectures on holistic models of learning/teaching and facilitated programs for personal transformation, healing and wellness. Diane is a dynamic keynote speaker and animator of the quantum energy perspective.

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**Jordan Teshakotennyon's Miller** is a Founder of and Program Animator for R.E.A.L. School. He works also as a Gen 7 - Alumnus of the Motivate Canada Youth Program promoting healthy lifestyles through sport, recreation and leadership development. Jordan created the "R.E.A.L. School: Outdoor Leadership Camp" and works in partnership with other program animators.. Jordan is an "out of the box" thinker with a strong vision and passion to create a multi-dimensional leadership program incorporating aspects of traditional culture, the visual and performing arts, music and sports geared to multi-cultural and diverse populations.



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*The Program  
that's not just for Youth!*

## A Program in Innovation & Positive Change!

R.E.A.L. School applies the latest research and draws on the most recent discoveries from the quantum sciences and cellular biology in our program design for leadership development. These quantum sciences explain how the human body is a highly developed system comprised of various fields of energy and electro-magnetic charges. At R.E.A.L. School, we teach participants how to change negative energy charges into positive ones using the power of breath. R.E.A.L. School helps participants to transform how they hold and perceive their life experiences by introducing and exposing them to diverse and varied perspectives.

"Insanity – Doing the same thing over and over again and expecting a different result!"  
– Albert Einstein, Physicist

"We can't solve problems by using the same level of thinking we used when we created them!"  
– Albert Einstein, Physicist

"Remember, there is a choice point between repeating your past or creating a different future."  
– Louise LeBrun, Founder of the WEL-Systems Institute

For more info, please visit:  
[www.getrealschool.com](http://www.getrealschool.com)



**R.E.A.L. SCHOOL**  
**REALITY EDUCATION**  
**& APPLIED LIFE SKILLS**  
**Leadership Development**

*Changing Perceptions!*

*Transforming Perspectives!*

*Igniting New Lives!*



R.E.A.L. School is an innovative and comprehensive life skills program specializing in leadership development. Our learning environment engages participants in interactive activities and creates opportunities for self-discovery and personal development. We're the program that's not just for youth!

**REAL People,  
REAL Talk,  
REAL Issues,  
REAL School!**

The 7 C's of our R.E.A.L. School curriculum are:

1. **Conscious Choice** – expressed thru the power of voice
2. **Curiosity** – about my potential; in identifying my passion; to discover my uniqueness
3. **Courage** – to feel what's inside of me; to speak my truth; to get real
4. **Challenge** – to think outside of the box; to get out of my comfort zone; to try new things
5. **Change** – my perception; to break thru what limits or stops me from being my best
6. **Commitment** – to be the star & leader of my life; to choose what makes me happy
7. **Communication** – to be seen & heard; to show up and be visible; to be my authentic self



An activity showing breath work at a March Break R.E.A.L. School Introductory Program for Youth. Tyendinaga, Ontario - March, 2013



R.E.A.L. School Leadership Development VISION 2020 Summer Enrichment for Youth Cattaraugus, New York, July, 2012

*Concepts & Skills to Help People  
Get REAL & Become the Leader in Your Life*

*Our Mission:  
To Teach People How To Become Deeply Spiritual,  
Highly Evolved, Powerfully Creative Human Beings!*



## **R.E.A.L. School: Leadership Development** **Reality Education and Applied Life Skills**

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This 3-day introductory program introduces participants to the 7 C's of our R.E.A.L. School Leadership curriculum: **Conscious Choice - Curiosity - Courage - Challenge - Change - Commitment - Communication**. These 7 C's are concepts and skills designed to help you to **“Get REAL and BEcome the Leader in Your Life!”**

R.E.A.L. School is reality education and applied life skills training not only for youth, but also for the young at heart. Our fun and challenging learning environment engages participants in hands-on activities and interactive exercises and creates opportunities for self-discovery and personal development.

R.E.A.L. School is a program in innovation leading to positive change. In our program design, we apply the latest research available from the energy-based sciences of quantum physics, cellular biology, epigenetics, neuroscience and neuro-linguistic programming. We promote Indigenous cultural learning using the energy sciences and body-based learning activities focusing on the power of breath.

Our program animators encourage participants to consider creating a life based on the passions that excite them and R.E.A.L. School's teachings explain how! At R.E.A.L. School, we help participants to transform their perspective and when perception changes, we ignite new lives!

**Welcome to R.E.A.L. School and discover the deeply spiritual, highly evolved and powerfully creative human being that you were born to be!**

For more information, visit: [www.getrealschool.com](http://www.getrealschool.com) or find us on Facebook: [facebook.com/getrealschool](https://www.facebook.com/getrealschool) and YouTube: REAL School Leadership.



**R.E.A.L. School Leadership Program**  
**Program Animator Leads: Diane Hill & Jordan Miller**  
**Mohawk Nation, Bear Clan**  
**Six Nations of the Grand River Territory, Ontario CANADA**

