

# *Mnidoog-Giisoonhs*

*(Little Spirit Moon)*



## *December 2019*

### *Saugeen News*



*The Saugeen News is published under the direction of the Saugeen Band Council,  
Saugeen First Nation #29, 6493 Hwy 21, Southampton, ON  
For free distribution to band members*

# Saugeen Band Council Minutes In Brief



Saugeen Band Council  
Monday, October 7, 2019  
Council Chambers 9:30 a.m.

Present: Letitia Thompson, Conrad Ritchie,  
Lorne Mandawoub, Gayle Mason Stark,  
Sonya Roote, Mike Henry

Absent:  
Chief Anoquot, Randal Roote, Mark Mandawoub

NO QUORUM



Saugeen Band Council  
Tuesday, October 15, 2019  
Council Chambers 9:30 a.m.

Present: Chief Anoquot, Letitia Thompson,  
Conrad Ritchie, Lorne Mandawoub,  
Gayle Mason Stark, Mark Mandawoub,  
Sonya Roote

Absent:  
Randal Roote, Mark Mandawoub

## MOTION No.01

Moved by: Lorne Mandawoub  
Seconded by: Letitia Thompson  
To accept the agenda as presented for today's  
meeting, Tuesday, October 15, 2019.  
6 in favor Carried

## MOTION No.02

Moved by: Letitia Thompson  
Seconded by: Gayle Mason Stark  
To accept the Saugeen Band Council Minutes of  
September 23, 30, 2019 as presented.

## MOTION No.03

Moved by: Letitia Thompson  
Seconded by: Gayle Mason Stark  
To accept with regret the resignation from a  
committee member for the Social Services  
Committee. 6 in favor Carried

## MOTION No.04

Moved by: Conrad Ritchie  
Seconded by: Gayle Mason Stark  
To accept and approve the Operations and  
Infrastructure Committee Recommendation #1  
dated October 1, 2019. 6 in favor Carried

## MOTION No.05

Moved by: Letitia Thompson  
Seconded by: Conrad Ritchie  
To accept and agree the Operations and  
Infrastructure Committee Recommendation #2  
dated October 1, 2019. 6 in favor Carried

MOTION No.06

Moved by: Gayle Mason Stark  
Seconded by: Letitia Thompson  
To accept and approve the Operations and Infrastructure Committee Recommendation#3 dated October 1, 2019. 6 in favor Carried

MOTION No.07

Moved by: Gayle Mason Stark  
Seconded by: Conrad Ritchie  
To accept and approve the Operations and Infrastructure Committee Recommendation#4 dated October 1, 2019. 6 in favor Carried

MOTION No.08

Moved by: Sonya Roote  
Seconded by: Gayle Mason Stark  
To accept and approve the submission for the Grant Writer. 6 in favor Carried

MOTION No.09

Moved by: Sonya Roote  
Seconded by: Gayle Mason Stark  
To authorize an additional \$10 per band member to be added to the Saugeen First Nation Interest Distribution in place of Turkey Distribution for 2019. 4 in favor 2 Opposed  
Mike Henry "Not Enough"  
Lorne Mandawoub "Not Enough"  
Carried

MOTION No.10

Moved by: Sonya Roote  
Seconded by: Gayle Mason Stark  
To approve the Annual Elders Christmas Gala December 12, 2019 from 5pm-8pm.  
5 in favor 1 Opposed -Letitia Thompson "We can spend \$15,000.00 but not for others" Carried

MOTION No.11

Moved by: Sonya Roote  
Seconded by: Letitia Thompson  
To approve and authorize the Saugeen Governance Building – from Sierra General Contracting for Contemplated Change Order #4 Building  
Addition dated October 7, 2019.  
6 in favor Carried

MOTION No.12

Moved by: Letitia Thompson  
Seconded by: Sonya Roote  
To accept the Subsidy on Municipal Road Improvements under the Provisions of the Public Transportation and Highway Improvements Act.  
5 in favor 1 Opposed -Lorne Mandawoub "We need the roads fixed up" Carried

MOTION No.13

Moved by: Sonya Roote  
Seconded by: Lorne Mandawoub  
To approve and authorize for the Saugeen Stars Little NHL Committee to begin fundraising (Bingo's, raffles, dinners, etc.) for the Annual Little NHL Tournament being held in Missis-sauga March 2020.  
Further, that the Saugeen Band Chief and Council will pay for the Saugeen Stars Team Registration fees and Performance Bond. 5 in favor Carried

MOTION No.14

Moved by: Sonya Roote  
Seconded by: Letitia Thompson  
That we go "IN CAMERA", time being 3:03pm.  
5 in favor Carried



MOTION No.15

Moved by: Conrad Ritchie  
Seconded by: Letitia Thompson  
To approve the quote from South-Port  
Mechanical to replace furnace (Emergency).  
Additional cost to be added to mortgage.  
5 in favor Carried

MOTION No.16

Moved by: Sonya Roote  
Seconded by: Letitia Thompson  
To go "OUT OF CAMERA" time being 3:45pm.  
5 in favor Carried

MOTION No.17

Moved by: Gayle Mason Stark  
Seconded by: Conrad Ritchie  
To support the application dated May 2019 to the  
Federal Economic Development Agency for  
Southern Ontario for the Canadian Experiences  
Fund. 5 in favor Carried

MOTION No.18

Moved by: Gayle Mason Stark  
Seconded by: Sonya Roote  
To approve payment to the Saugeen  
Stoneworkers for hours missed for September  
2019. 5 in favor Carried

MOTION No.19

Moved by: Gayle Mason Stark  
Seconded by: Conrad Ritchie  
To accept the applications for the Saugeen Child  
Prevention Committee. 5 in favor Carried

MOTION No.20

Moved by: Conrad Ritchie  
Seconded by: Letitia Thompson  
To adjourn for today's meeting, time being  
4:00pm. 5 in favor Carried



**Saugeen Band Council**  
**Monday, October 21, 2019**  
**Council Chambers 9:30 a.m.**

Present: Chief Anoquot, Gayle Mason Stark,  
Sonya Roote, Randal Roote, Conrad Ritchie,  
Mike Henry, Mark Mandawoub,  
Lorne Mandawoub

Absent: Letitia Thompson - Travel

MOTION No.01

Moved by: Sonya Roote  
Seconded by: Mark Mandawoub  
To appoint Conrad Ritchie as the Chairperson for  
today's meeting. 6 in favor Carried

MOTION No.02

Moved by: Mike Henry  
Seconded by: Mark Mandawoub  
To approve the agenda as presented for today's  
meeting, Monday, October 21, 2019. 6 in favor  
Carried

MOTION No.03

Moved by: Mike Henry  
Seconded by: Sonya Roote  
To authorize the "OUT OF PROVINCE" for the  
Economic Development Officer to attend the  
International Indigenous Tourism Conference in  
Kelowna BC November 12-14, 2019.  
6 in favor Carried



MOTION No. 04

Moved by: Gayle Mason Stark

Seconded by: Mike Henry

To authorize payment to First Canada ULC for the September and October 2019 invoices.

6 in favor Carried

MOTION No.05

Moved by: Mike Henry

Seconded by: Lorne Mandawoub

To authorize expenditures for a funeral grant for late band member. 6 in favor Carried

MOTION No.06

Moved by: Mark Mandawoub

Seconded by: Mike Henry

To authorize payment to Hensel Barristers for the October 2019 invoice. 6 in favor Carried

MOTION No.07

Moved by: Mike Henry

Seconded by: Mark Mandawoub

To authorize payment to OKT LLP for the August 2019 invoice. 6 in favor Carried



Saugeen Band Council  
Wednesday, October 30, 2019  
Council Chambers  
9:30am

Present: Chief Anoquot, Conrad Ritchie,  
Mark Mandawoub, Gayle Mason Stark,  
Letitia Thompson, Sonya Roote

Absent: Mike Henry, Lorne Mandawoub,  
Randal Roote

MOTION No.01

Moved by: Conrad Ritchie

Seconded by: Letitia Thompson

To accept the agenda as presented for today's meeting. 5 in favor Carried

MOTION No.02

Moved by: Letitia Thompson

Seconded by: Conrad Ritchie

That we the Chippewas of Saugeen First Nation, in concurrence with the Chippewas of Nawash Unceded First Nation, do hereby set the voting date for SON Community Decision Making Process for OPG's DGR Project to January 31, 2020. 5 in favor Carried

MOTION No.03

Moved by: Letitia Thompson

Seconded by: Conrad Ritchie

To accept the Nuclear Waste Management Organization (NWMO) Community Wellbeing Investment Fund.

Further, agrees that these monies will be set aside in a reserve fund, or similar mechanism and will be administered on behalf and to the benefit of the Saugeen Community towards supporting community sustainability and well-being, including capacity building and stewardship initiatives. 5 in favor Carried

MOTION No.04

Moved by: Conrad Ritchie

Seconded by: Mark Mandawoub

To authorize payment to Archaeological Services Inc. for the January 2019 invoice. 5 in favor Carried

MOTION No.05

Moved by: Letitia Thompson

Seconded by: Mark Mandawoub

To authorize to fund a band member to attend the Second Battle of Fallujah 15-year Reunion in Triangle Virginia. 5 in favor Carried

MOTION No.06

Moved by: Sonya Roote  
Seconded by: Mark Mandawoub  
To agree to discharge mortgage for band member  
for whole Lot 3-4 Saugeen First Nation No.29.  
6 in favor Carried

MOTION No.07

Moved by: Conrad Ritchie  
Seconded by: Gayle Mason Stark  
To acknowledge a new mortgage for a band  
member for whole Lot 304 Saugeen First Nation  
No. 29. 5 in favor Carried

MOTION No.08

Moved by: Gayle Mason Stark  
Seconded by: Letitia Thompson  
To accept the Saugeen Band Council minutes of  
October 15, 2019 as presented.  
5 in favor Carried

MOTION No.09

Moved by: Gayle Mason Stark  
Seconded by: Letitia Thompson  
To accept the Finance Committee  
Recommendation #1 dated October 11, 2019.  
5 in favor Carried

MOTION No.10

Moved by: Letitia Thompson  
Seconded by: Gayle Mason Stark  
To accept the Finance Committee  
Recommendation #2 dated October 11, 2019.  
5 in favor Carried

MOTION No.11

Moved by: Gayle Mason Stark  
Seconded by: Conrad Ritchie  
To accept the Finance Committee  
Recommendation #4 dated October 11, 2019.  
5 in favor Carried

MOTION No.12

Moved by: Conrad Ritchie  
Seconded by: Gayle Mason Stark  
To accept the Finance Committee  
Recommendation #1 dated October 23, 2019.  
5 in favor Carried

MOTION No.13

Moved by: Conrad Ritchie  
Seconded by: Gayle Mason Stark  
To accept the Finance Committee  
Recommendation #2 dated October 23, 2019.  
5 in favor Carried

MOTION No.14 "DEFEATED"

Moved by: Sonya Roote  
To accept the Finance Committee  
Recommendation #3 dated October 23, 2019.

MOTION No.15

Moved by: Letitia Thompson  
Seconded by: Mark Mandawoub  
To accept the Finance Committee  
Recommendation #4 dated October 23, 2019.  
5 in favor Carried

MOTION No.16

Moved by: Gayle Mason Stark  
Seconded by: Letitia Thompson  
To give notice to the Bruce Grey Child & Family  
Services will not be privy to any information  
regarding the Customary Care Homes in the  
Saugeen First Nation #29 while the Saugeen First  
Nation #29 are funding the families and in  
addition stipulates that Bruce Grey Child &  
Family Services are not allowed to contact band  
funded Customary Homes directly, that you will  
first contract the Anishinabek Child & Youth  
Prevention Services first. 5 in favor Carried

MOTION No.17

Moved by: Gayle Mason Stark  
Seconded by: Letitia Thompson  
To go "IN CAMERA" time being 1:20pm.  
5 in favor Carried



MOTION No.19

Moved by: Gayle Mason Stark  
Seconded by: Letitia Thompson  
To go "OUT OF CAMERA" time being 2:00pm.  
5 in favor Carried

Get your Saugeen News via e-mail  
contact: [reception@saugeen.org](mailto:reception@saugeen.org)

MOTION No. 20

Moved by: Gayle Mason Stark  
Seconded by: Letitia Thompson  
To accept the Operations and Infrastructure Committee Recommendation#7 dated October 24, 2019. 5 in favor Carried

MOTION No.21

Moved by: Conrad Ritchie  
Seconded by: Mark Mandawoub  
To accept the Operations and Infrastructure Committee Recommendation #8 dated October 24, 2019. 5 in favor Carried

MOTION No.22

Moved by: Gayle Mason Stark  
Seconded by: Sonya Roote  
To authorize payment to D & T Mclelland for invoice dated October 28, 2019. 5 in favor Carried

MOTION No. 23

Moved by: Letitia Thompson  
Seconded by: Conrad Ritchie  
To adjourn for today's meeting, time being 2:32pm. 5 in favor Carried



## FAMILY WELLBEING PROGRAM



# WINTER MITTEN MAKING



December 3 & December 5, 2019  
6-8 P.M.

MINO BIMAADSAWIN HEALTH CENTRE  
47 Mason Drive, Southampton, ON

**PLEASE CONTACT THE HEALTH CENTRE**

**519-797-3792**

Limited Spots available- Call today!





# Addictions Group



## Wednesday Evenings

5:00 PM. To 7:00 PM

MINO BIMAADSAWIN HEALTH CENTRE

Join us in Walking this  
Journey  
of Recovery together

DINNER & BEVERAGES PROVIDED





**AA Meeting List - District 5 Central West 4**  
Centralwest4district5aa.org

Answering Service 1-888-695-9357

**PORT ELGIN**

**Port Elgin - New Beginnings Group**

Maple Square Mall  
515 Goderich St  
Monday 8:00 PM Closed  
Friday 12:00 noon Closed  
Saturday 12:00 noon Closed

**Port Elgin - Elginside Group**

United Church  
840 Bruce Street  
Tuesday 8:00 PM Open

**PAISLEY**

**Paisley - Paisley Group**

399 Goldie St  
Tuesday 8:00 PM Closed

**SOUTHAMPTON**

**Southampton - Serenity Meeting**

St Andrews Presbyterian Church  
47 Albert St  
Wednesday 8:00 PM Closed

**Southampton - Saugeen Valley**

St Andrews Presbyterian Church  
47 Albert St  
Thursday 8:00 PM Open





# O.R.S.C.N.A.

## Ontario Regional Service Committee of Narcotics Anonymous

### Georgian Heartland Area

Please view the [Legend](#) of meeting codes here.

Be sure to check with the **Georgian Heartland Area Helpline Number (888) 811-3887** to confirm the meetings date and time.

#### Steps 2 Freedom

Sunday  
7:00 p.m.

**Owen Sound,**  
Georgian Shores United Church  
997 4th Ave. East  
[Google Map](#)  
OD / 12 / T

#### Step up to recovery

Tuesday  
8:00 p.m.

**Port Elgin,**  
Faith Lutheran church. 525 Ivings Dr  
[Google Map](#)  
CD, 12 steps, OD

#### Open Doors

Wednesday  
8:00 p.m.

**Owen Sound,**  
Central Westside United Church  
310 10th St. W.  
[Google Map](#)  
BT, CD, WC

#### Open Doors

Friday  
7:00 p.m.

**Owen Sound,**  
Central Westside United Church  
310 10th St. W. Upstairs  
[Google Map](#)  
OD

### Any addict is welcome at any meeting listed

(12) = 12 Steps

(BT) = Basic Text

(C) = Closed to the Public

(CN) = Candlelight Meeting

(D) = Discussion

(GA) = Gay Meeting

(H) = Hearing Impaired Translation

(J) = Just For Today

(L) = Literature

(LB) = Lesbian Meeting

(M) = Men's Meeting

(CF) = Child Friendly

(O) = Open to the Public

(P) = Partages

(S) = Speaker

(T) = Traditions

(WO) = Women's Meeting

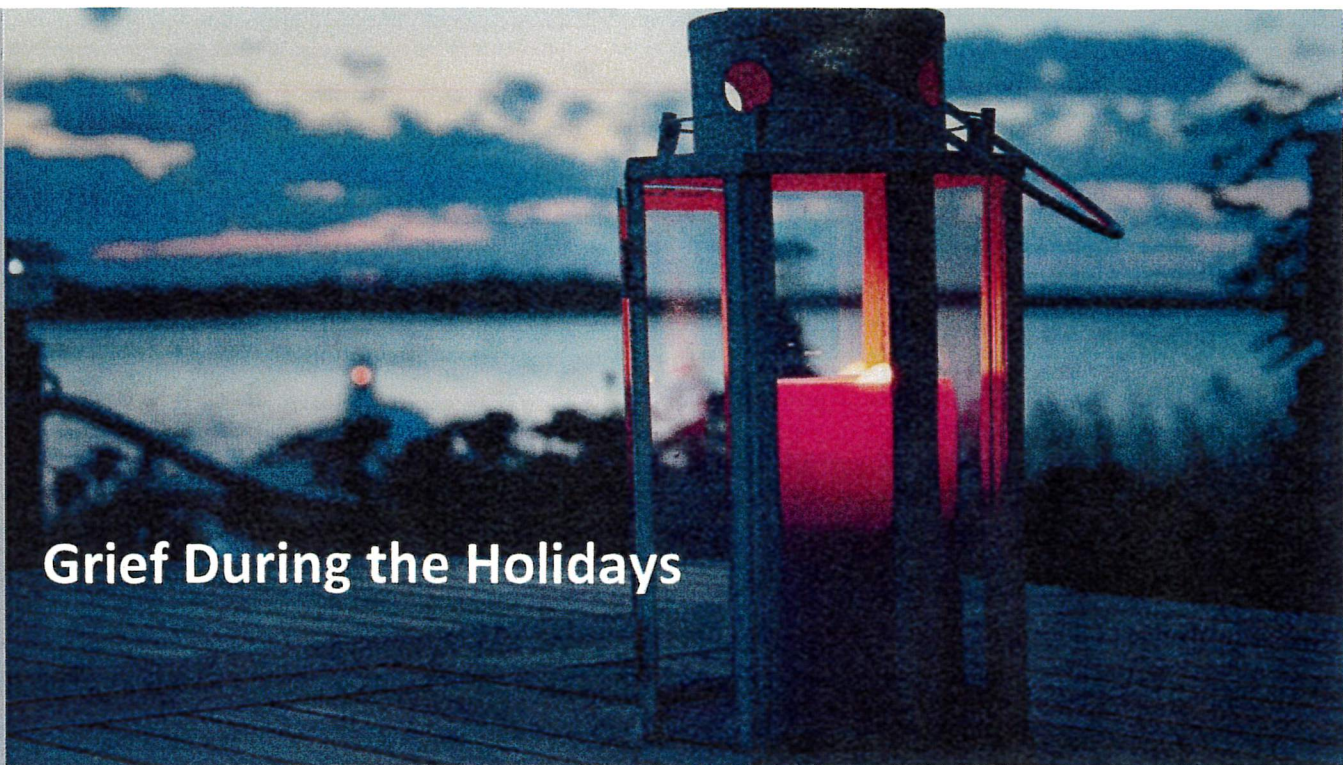
(WC) = Wheel Chair Access

(1,2,3) = Steps 1, 2 and 3

(H&W) = How and Why

(Y) = Youth





## Grief During the Holidays

Grieving the death of a significant person in your life during the holiday season can be overwhelming. It can be an emotional time as you try to navigate your way through the expectations of family and friends.

**Grief During the Holidays** is a one hour community education session where the difficulties of the holiday season are acknowledged and coping strategies are shared to help you through this time.

**Hanover - December 3, 2019**

Hanover Mennonite Church - 172 5<sup>th</sup> Street, Hanover

**Markdale - December 5, 2019**

SEGCHC- 55 Victoria Street, Markdale

**Port Elgin- December 9, 2019**

Faith Lutheran Church - 525 Irvings Drive, Port Elgin

**Owen Sound - December 11, 2019**

Seasons Retirement Home - 1389 16<sup>th</sup> Ave E. Owen Sound

All sessions begin at 7 pm.

No charge to attend; Registration required

For more information and registration, please contact Ingrid Bell at  
(519)376-5895 x 260 or [Ingrid.Bell@von.ca](mailto:Ingrid.Bell@von.ca)





Kristen's Pharmacy  
197 Albert St. S. Unit #3  
Southampton, ON N0H2L0  
Ph: 519.483.5085  
Fax: 519.483.5747  
kristenspharmacyrxhealthmed@gmail.com

**NOTICE:**  
**METHADONE & SUBOXONE DAILY DOSES AVAILABLE ON**  
**SAUGEEN FIRST NATION**  
**EFFECTIVE OCTOBER 17, 2018**

Effective **October 17, 2018** daily observed doses of **Methadone & Suboxone** will be available at the Mino Bimaadsawin Health Centre, 47 Mason Drive, Southampton. Doses with carries will also be available.

- All patients must have a valid prescription to receive their doses.
- Dosing times will be 8:30am – 10:30am Monday to Friday weekly.
- Doses will be returned to Kristen's Pharmacy in Southampton and available until 6pm if dosing on site is missed.
- Saturday doses will be available at Kristen's Pharmacy in Southampton 9am – 1pm
- We will assist with Sunday doses elsewhere.

**Please note, no narcotics, methadone or Suboxone will be stored on site at the Health Centre.**

If you have questions about using this service, beginning treatment or any other questions, please contact us at **519.483.5085**

Your partner in health,

Kristen Watt BSc Phm RPh



# Naloxone: Save a Life

## What is naloxone?

Naloxone (pronounced na-LOX-own) is a fast-acting drug used to **temporarily reverse the effects of an opioid overdose**. Naloxone can restore breathing within 2 to 5 minutes.

## Why does naloxone work only temporarily?

Naloxone is active in the body for only **20 to 90 minutes**, but the effects of most opioids can last longer. This means that the **effects of naloxone are likely to wear off before the opioids are gone from the body**, which could cause breathing to stop again. Naloxone may need to be used again, depending on the amount, type or method of consumption of the opioids (e.g., oral, injection).

An **overdose is always an emergency**. Even if naloxone has been administered, **always call for help**.

**TIP:** If you or someone you know is using opioids, make sure to carry naloxone with you. It's available without a prescription and can be picked up at most pharmacies or local health authorities.

## Is naloxone safe for everyone?

Yes, naloxone is **safe for all ages**. It works only if you have opioids in your system. It is safe to keep on-hand because it cannot be improperly used and does not create dependence.

## How is naloxone helping to address Canada's opioid crisis?

Naloxone has been used to successfully reverse thousands of opioid overdoses across Canada. It is used by first-responders such as paramedics and firefighters. Take-home naloxone kits are also available to anyone who may be at risk of an overdose or who is likely to encounter one. Take-home naloxone kits are **available without a prescription** and can be picked up at **most pharmacies or local health authorities**.

## In Canada, two types of take-home naloxone kits are available:



**Naloxone Nasal Spray** is sprayed directly into the nose where it is absorbed. It starts to take effect in 2 to 3 minutes.



**Injectable Naloxone** is injected into a muscle in your body: the upper arm, thigh or buttocks are best. It starts to take effect in 3 to 5 minutes.

## Naloxone Saves Lives. Get a Kit.

- ✓ Naloxone temporarily reverses the effects of an opioid overdose to help restore breathing
- ✓ If you think someone is experiencing an opioid overdose, call 9-1-1 or your local emergency help line, then give naloxone by following the directions on the kit
- ✓ Take-home kits are available at most pharmacies or local health authorities; no prescription is needed
- ✓ Kits expire and should be replaced after 18 to 24 months

**KNOW  
MORE**

DRUGS: GET THE FACTS.  
KNOW THE RISKS.

ISBN 978-0-660-28934-2

Get the facts at **Canada.ca/Opioids**



Government  
of Canada

Gouvernement  
du Canada

Canada



**Mental Health Drop in Clinic**

**FEELING DOWN?  
WORRIED?  
STRESSED?**

**We can help.**

Drop in for referrals, resources and/or mental health support.

**Free. No appointment necessary. First come, first served.**

Services provided in collaboration with Grey Bruce Health Services.

**SOUTHAMPTON**

**Every 1st & 3rd Thursday of the Month**

**1:00-3:00 PM**

**353 High Street  
Southampton, ON**



Canadian Mental  
Health Association  
Grey Bruce  
Mental Health and Addiction Services







## What is naloxone?

Naloxone is a drug that blocks opioid actions and is used to reverse the effects of opioid overdoses. Common signs of overdose include respiratory depression (difficulty breathing), sedation (feeling sleepy) and hypotension (unusually low blood pressure). The World Health Organization refers to naloxone as “an essential medicine that can save lives in opioid overdose situations”.

Naloxone is a safe drug and administering naloxone to a person that is unconscious because of a non-opioid overdose is unlikely to create more harm. However, it will not reverse overdoses that are not caused by opioids. For example, naloxone will not work to reverse overdoses caused by alcohol, benzodiazepines, psychostimulants (e.g. cocaine, amphetamines or methylphenidate), etc.

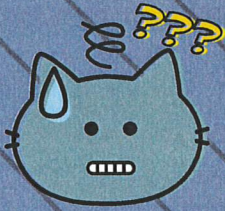
## How should I store NARCAN™ Nasal Spray?

- Store NARCAN™ Nasal Spray at room temperature between 15°C and 25°C.
- NARCAN™ Nasal Spray may be stored for short periods between up to 40°C.
- Do not store NARCAN™ Nasal Spray in the car on hot summer days.
- Do not freeze or leave NARCAN™ Nasal Spray in a car during the winter.
  - NARCAN™ Nasal Spray may not be as effective if it is not stored properly. If NARCAN™ Nasal Spray gets frozen or is stored at 40°C for long periods of time, you should replace it. Only discard the NARCAN™ Nasal Spray once you have a replacement for it. If you did not replace NARCAN™ Nasal Spray before it is needed, it is better to use it, even if it hasn't been stored properly.
- Keep NARCAN™ Nasal Spray in the box until ready to use. Protect from light.
- Replace NARCAN™ Nasal Spray before the expiration date on the box.
  - If only expired NARCAN™ Nasal Spray is available, it should be used in an overdose situation.
- Keep out of reach and sight of children.



Saugeen Ojibway Nation Environment Office Presents:

# Trivia ? Night



## CHAMPIONSHIP

Join the top teams as they compete  
against one another to take home the  
title and trophy of Trivia Master!

Food | Games | Photo Booth | Fun

Tuesday December 17, 2019

Bogey's Pub, Sauble Beach  
(Sauble Golf & County Club)

Doors Open at 5:00 pm

No cost for teams. Limited space available for guests and spectators.

For more information, or to attend, contact: 519-534-5507

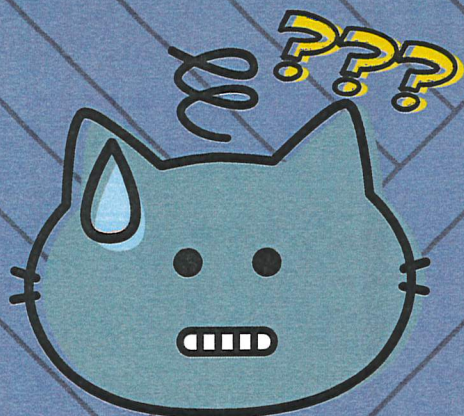


Find us on  
Facebook



SAUGEEN OJIBWAY NATION  
ENVIRONMENT OFFICE





Do you think you can beat the top team?  
Come show off your know how at the next few  
Trivia Nights!  
You'll get an invite to the Championship too!

# Trivia Night

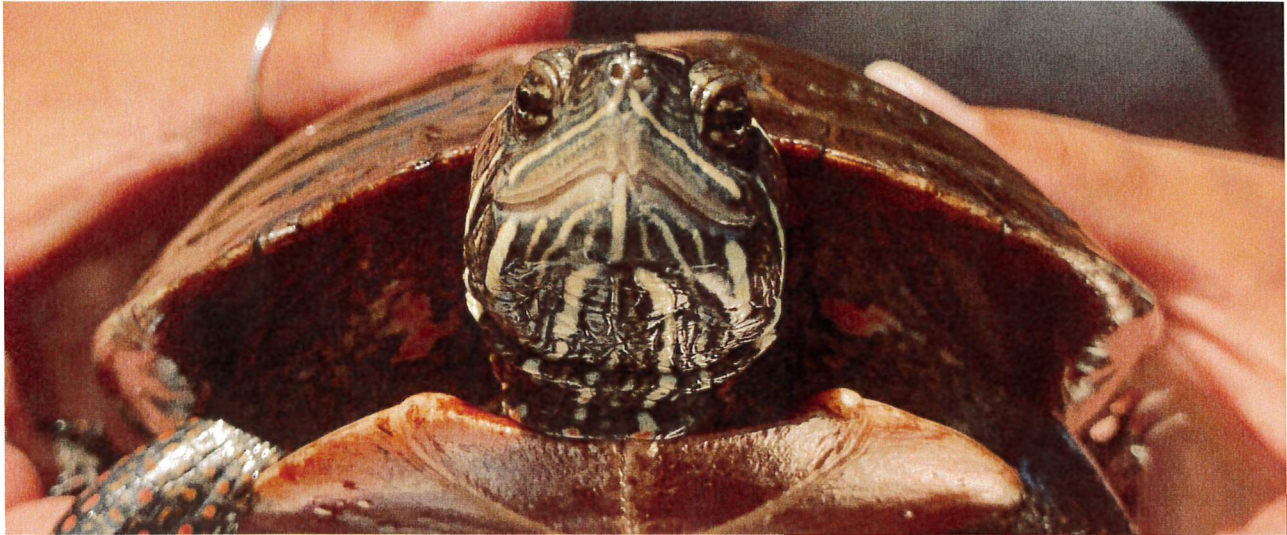
# Leaderboard

	Round 1 Saugeen	Round 2 Nawash	Round 3 Saugeen	Round 4 Nawash	Round 5 Saugeen	Round 6 Nawash	Round 7 Saugeen	Round 8 Nawash	FINAL SCORES
<b>3 Generations</b>	0	51	0	40.5	0	30			<b>122</b>
<b>The Feds</b>	0	61	0	0	0	0			<b>61</b>
<b>The I Dunno's</b>	0	56	0	0	0	0			<b>56</b>
<b>Awesome Oppossums</b>	0	0	51	0	0	0			<b>51</b>
<b>Pizza Pockets</b>	0	0	50	0	0	0			<b>50</b>
<b>Team Tuguy</b>	0	0	43	0	0	0			<b>43</b>
<b>Cloud Keepers</b>	0	0	0	0	0	34			<b>34</b>
<b>Cindy &amp; Gregor</b>	0	0	0	25	0	0			<b>25</b>
<b>Shancai huaze Lei Si</b>	0	0	0	0	0	20			<b>20</b>



# UPCOMING EVENTS

*Updates and information from the  
Saugeen Ojibway Nation Environment Office*



## Webinar Wednesdays

Each week the Environment Office hosts a live webinar featuring current topics and issues affecting the SON Territory. Tune in each week to hear updates, and have your questions answered. Past episodes include: *Intro to the Environment Office, Harvesting Rights, Environmental Monitoring, Land Claims, Fisheries Pt. 1 & 2*. For past and future episodes, please visit:

[www.saugeenojibwaynation.ca/weeklywebinar/](http://www.saugeenojibwaynation.ca/weeklywebinar/)

The next webinars are scheduled for:

Wednesday November 20, 2019 at 6:00 pm

Wednesday November 27, 2019 at 6:00 pm

## One-on-One Conversations

Would you like to speak with a member of the Environment Office one-on-one? Schedule a time that works for you - weekends, weeknights or weekdays. Please call the office, and we will arrange to speak with you, either in person, by phone or by Skype.

Please call the Environment Office and ask to speak with Diana Ross: 519-534-5507

### IN THIS ISSUE

#### WEBINAR WEDNESDAYS

#### ONE-ON-ONE VISITS

#### ON-RESERVE DOOR-TO-DOOR CAMPAIGN

#### SON COMMUNITY MEETINGS ON DGR

#### SON COMMUNITY GATHERING ON DGR

#### DGR VOTE



## Door-to-Door Campaign

Starting this November, the Environment Office Outreach Team will be visiting homes and contacting members of Saugeen and Nawash. This is your chance to have your concerns heard, ask questions, or update your contact information.

If you have a preferred time for a visit, please give the office a call to set up a time: 519-534-5507

## SON Community Meetings on the DGR

In December, we will be hosting two community meetings to discuss the OPG's proposed DGR and OPG's Offer to the community. Plan to attend.

**Thursday December 5, 2019**

James Mason Memorial Recreation Centre

4:00 pm - 8:00 pm

**Saturday December 14, 2019**

Nawash Community Centre

9:00 am - 12:00 pm

## SON Community Gathering on the DGR

**Save the Date.** On Saturday January 11, 2020, we will be hosting a community gathering for Saugeen and Nawash community members to discuss the January 31, 2020 vote on OPG's proposed DGR. **Please stay tuned for further updates about this gathering.**

If you have any questions or concerns, please do not hesitate to reach out to the Environment Office and speak with Kat Ryan.



## DGR Vote

The vote for OPG's proposed DGR has been scheduled for:  
**Friday January 31, 2020.**

23 Maadookii Subdivision,

Neyaashiinigmiing, ON N0H 2T0

Phone: 519-534-5507

Fax: 519-534-5525

Email: [soneo@saugeenojibwaynation.ca](mailto:soneo@saugeenojibwaynation.ca)

[www.saugeenojibwaynation.ca](http://www.saugeenojibwaynation.ca)



### Office Hours:

Monday 8:30 am - 4:30 pm

Tuesday 8:30 am - 4:30 pm

Wednesday 8:30 am - 4:30 pm

Thursday 8:30 am - 4:30 pm

Friday 8:30 am - 4:30 pm



## Upcoming:

- **One-on-One Conversations.** Have a member from the office speak with you - weekends, weeknights or weekdays. Call the office to arrange.
- **Saugeen Ojibway Nation Community Gathering** on OPG's proposed DGR on *Saturday January 31, 2020*
- **Saugeen Ojibway Nation Youth Gathering** on OPG's proposed DGR in *January 2020*



**SAUGEEN OJIBWAY NATION  
ENVIRONMENT OFFICE**

## December 2019

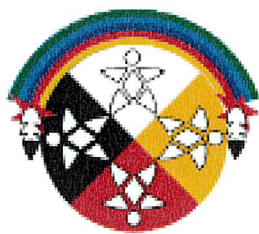
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Trivia Night Saugeen	4 Webinar 6:00 pm	5 Geo-cache Draw Date ..... DGR Meeting Saugeen	6	7
8	9	10 Trivia Night Nawash	11 Webinar 6:00 pm	12	13	14 DGR Meeting Nawash
15	16	17 Trivia Night Championship	18 Webinar 6:00 pm	19	20	21
22	23	24	25 ..... Office Closed ..... 	26	27	28
29	30	31 ..... Office Closed ..... 				

\*Office will reopen on Monday January 6, 2020

25 Maadookii Subdivision  
Neyaashiinigmiing, ON N0H 2T0  
Phone: 519-534-5507  
Fax: 519-534-5525  
Email: [soneo@saugeenojibwaynation.ca](mailto:soneo@saugeenojibwaynation.ca)







# Nimkee NupiGawagan Healing Centre

Solvent & Substance Abuse Treatment Centre for Indigenous Youth

20850 Muncey Road

Muncey, Ontario

N0L 1Y0

## Who?

Indigenous youth ages 12-17 who are at risk, experiment, or have problem substance use.

## What?

Nimkee is an Indigenous addictions treatment centre promoting wholistic wellness and healthy living.

## How?

Referrals are accepted from self, parents, NNADAP workers, counsellors, child/youth agencies, etc.

Referrals require completion of the Drug Use Screening Inventory (DUSI-R), and the intake application package in its entirety.

## Treatment Includes:

- Assessment & Treatment Planning
- Individual/Group Counselling & Therapy
- Indigenous Wellness Practices
- Nutrition & Exercise
- Health & Dental Care
- Aftercare Planning & Follow-up

## Why?

To support our young people in taking the next step in their healing journeys.

## When?

4 month gender blocks:

January 2020 – April 2020 (Female)

May 2020 – August 2020 (Male)

## Contact

t. 1-888-685-9862

t. 519-265-2277

f. 519-264-1552

[www.nimkee.org](http://www.nimkee.org)

e. [jessmig@nimkee.org](mailto:jessmig@nimkee.org)





# YOU'RE INVITED... OPEN HOUSE

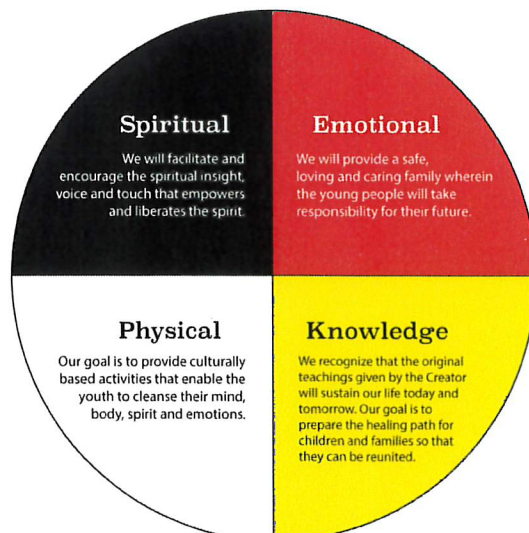
## Nimkee NupiGawagan Healing Centre

Join us on **December 11<sup>th</sup> 2019** between 10:00am and 3:00pm for a chance to tour and learn more about Nimkee NupiGawagan Healing Centre.

Nimkee is a residential addictions treatment centre for Indigenous youth ages 12-17.

A light lunch and refreshments will be provided.

We look forward to meeting you.



**December 11,  
2019**

**Drop-in between  
10-3pm.**

**Learn from staff  
members.**

**Door prizes drawn  
each hour.**

**Light lunch and  
refreshments  
provided.**

20850 Muncey Road  
Muncey, Ontario  
N0L 1Y0

519-264-2277

[www.nimkee.org](http://www.nimkee.org)





# December

2019

## Saugeen Food Bank

Perishables come on a First Come First Serve basis, so an appointment is recommended.

To book an appointment, please call Erin at (519) 797 – 2392 or (519) 378-8988 or Melissa at (519) 372 – 5926 or message on the SFN Food Bank page!

Please call to make an appointment for off Food Bank weeks so we can ensure someone will be in office at that time.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Food Bank 10 am – 3 pm	4 Food Bank 10 am – 3 pm	5 Food Bank 10 am – 3 pm	6 Toy Drive Applications Due by 4 pm	7
8	9	10	11	12	13 End of Toy Drive	14
15	16	17 Food Bank 10 am – 3 pm	18 Food Bank 10 am – 3 pm	19 Food Bank 10 am – 3 pm	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	

**CLOSED**

**For the Holidays**

# News Letter Deadline

Date: Monday December 16, 2019

Time: 4PM

Issue: January 2020



Please be sure to do a spell check on all submissions!

No late submissions 😊