

# Yuwupi Healing Ceremony

*Saturday February 8, 2020*

**3 PM Start for Sweat Lodge**

*(Recommended to attend if attending Ceremony)*

*Sweat Lodge to occur at Health Centre*

**6 pm doors close for ceremony –**

*Doors will remain closed till the ceremony is finished*

**The ceremony will be held for wellness and healing for your wellbeing.**

**If you are sick or struggling with your health, grief, loss, trauma, looking for direction and understanding, or your family is looking for healing, your name, or your clan, plan to attend.**

**1 meter of cloth with tobacco tied in it will be required.**

**Sacred songs, prayers, doctoring's, pipe and feast will be part of the ceremony. Women wear a long skirt. No moon time.**

Conductor: Laidman Fox Jr.

Spirit Lake, North Dakota, USA.

Contact David Root, *Building Healthy Communities Coordinator*

519 797 3336 ex 1006, cell: 519-353-8135

for further details and protocols.