

Group Cancellation

Walking the Journey Together

- With the new COVID 19 restrictions of maintaining your social bubble to those whom reside in your own household. the Health Centre has decided to cancel all Group Meetings.
- Our Wednesday Night Group will be cancelled until further notice.
- We are sorry but this is how it has to be for now :(
- We had also talked about joining a group of AA in Hepworth on Tuesday Evenings and this too will be on hold for now.
- We will keep you posted as to any changes
- Play stay safe and keep you distance, check in on each other, while we try and keep ourselves and families safe during this difficult of the 2nd Wave
- **In case of emergency please call 911**
- In need of help or someone to talk with please call
CanCom Security—519.379.4760
Victim Services—1.866.376.9852
Mental Health Crisis Line 1.887.470.5200
Kids Help Phone— 1.800.668.6868