

Mental Health and Addiction Support

Tracey Urquhart RP, Mental Health Counsellor
SOAHAC

Tuesday afternoons 1 – 4 PM

Dates available: July 20, 27, August 17 and 24

Drop-in appointments available

Please call the Saugeen Health Center for more
information or to reserve an appointment

519-797-3336



Southwest Ontario
Aboriginal Health
Access Centre