

September

2021

FOOD BANK

- Clients can access once-a-month on the second or fourth week of each month, but not both
- Perishables will be available on a bi-weekly basis but will come on a First Come First Serve basis so an appointment is recommended
- Delivery Days are now designated to the Friday of Food Bank Week 's – Available to those who CANNOT make it to the Food Bank to access
- Please book a day or two ahead for delivery.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5 FOOD BANK WEEK	6 CLOSED LABOUR DAY	7 WALK INS / APPOINTMENTS 930-12 / 1-4	8 WALK INS / APPOINTMENTS 930-12 / 1-4	9 WALK INS / APPOINTMENTS 930-12 / 1-4	10 DELIVERY DAY	11 ←
12	13	14	15	16	17 3 RD ANNUAL CHARITY GOLF TOURNAMENT	18
19 FOOD BANK WEEK	20 SHOPPING & PACKAGING	21 WALK INS / APPOINTMENTS 930-12 / 1-4	22 WALK INS / APPOINTMENTS 930-12 / 1-4	23 WALK INS / APPOINTMENTS 930-12 / 1-4	24 DELIVERY DAY	25 ←
26	27	28	29	30 CLOSED NATIONAL DAY FOR TRUTH & RECONCILIATION		

To book an appointment or delivery, please call (519) 372 – 5926