

SHIFTING FROM PANDEMIC TO **ENDEMIC**

WHAT'S THE DIFFERENCE?

Endemic:

An endemic is a disease outbreak that is always present but is easier to control and monitor. **Moving to an endemic phase means COVID-19 will stay with us, but we will be able to manage it.** For example, the flu is considered an endemic because it is manageable and predictable.



Pandemic:

A pandemic is when a disease shows very fast, uncontrollable growth. This means infections skyrocket and case numbers grow larger and larger every day for a prolonged period – just like we've seen with COVID-19.

A disease becomes a pandemic when it covers a large area and affects large groups of people, it has nothing to do with how serious the disease can be. The COVID-19 virus can still result in severe outcomes, even once the pandemic is declared over.



COVID-19 should become more manageable and predictable.

Transitioning from pandemic to endemic may take time and will require help from all around the globe.

The best way to move forward and deal with COVID-19 at this important transition stage is to mask when necessary, get vaccinated, and practice good public health measures.

