



BHC & NNADAP SUPPORT

YOUR JOURNEY TO RECOVERY



**WE WOULD LIKE TO START A HEALING CIRCLE
FOCUSING ON SUBSTANCE ABUSE.**

**IF YOU FEEL THIS WOULD BE HELPFUL TO YOU
COME OUT ON:**

**FRIDAY, APRIL 1ST AT 2PM!
AT THE HEALTH CENTRE**

**THIS FIRST SESSION WILL BE A MEET-AND-GREET AND
A TIME TO SHARE ANY THOUGHTS OR SUGGESTIONS.**