## Sundance Teachings

Jordan Williams WhiteEye & Talon WhiteEye

Aaron Roote Memorial Youth Centre
Thursday, March 24th & Friday, March 25th
9:00am - 4:30pm
Lunch Provided



Day 1. Anishnaabe Thunderbird Sundance of Ontario

- Origin of the ATSO
- Fasting camp
- Sweatlodge
- Break down of the 4 day ceremony
- Roles of women and men during the Sundance

## Day 2. Healing through song (Sharing circle)

- Speaking on the different types of drum we have in our communities to help us heal.
- 5 different drums in attendance, all five drums will be sounded
- Smudging of the drums, and cleansing with smudge and eagle wing fan.