



For Immediate Release

To: Saugeen First Nation Community
From: Gerry Glover, Health Director
Date: July 16th, 2022
Re: Public Information Release – COVID Concern

Please be advised, we are aware of at least three positive COVID tests attributed to the Youth Centre.

Based on Public Health Guidelines, an organization may be considered in outbreak status, if there are two or more positive and confirmed cases. In consideration of national and provincial rates of COVID variants, the Health Centre recommends:

- **Anyone that has been a close contact of someone who has tested positive** for COVID-19 or someone with COVID-19 symptoms and is positive and/or symptomatic and does not reside in the same household, should self-isolate immediately for at least 5 days (*if fully vaccinated or under 12*) **OR** for 10 days (*if not fully vaccinated or immunocompromised*) after symptom onset – and, until you have no fever with any other symptoms, and are improving for 24 hours (or 48 hours for gastrointestinal symptoms) following the self-isolation period.
- **In the event the positive/symptomatic person does not have COVID symptoms**, they should self-monitor for symptoms for 10 days after exposure and report the exposure to the Community Health Nurse (519-797-3792). If the person does develop symptoms, get tested and self-isolate immediately.
- **If the COVID positive person resides with others**, and if they meet the below criteria, they do not need to self-isolate:
 - They have previously tested positive for COVID-19 in the last 90 days
 - They are 18+ and have had a first booster dose
 - They are under 18 years old and are fully vaccinated
 - If they do not meet the above criteria, they must self-isolate while the positive/symptomatic person is isolating. If they develop symptoms, continue



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(or start) to self-isolate and get tested. If anyone else in the household develops symptoms, and if they are isolating and still have no symptoms, then they should extend self-isolation until the newly symptomatic person has finished isolating.

Those that may be affected, please wear a well-fitted mask in public (including schools and childcare, unless under 2 years of age), physical distance and maintain other public health measures for 10 days following last exposure if leaving home.

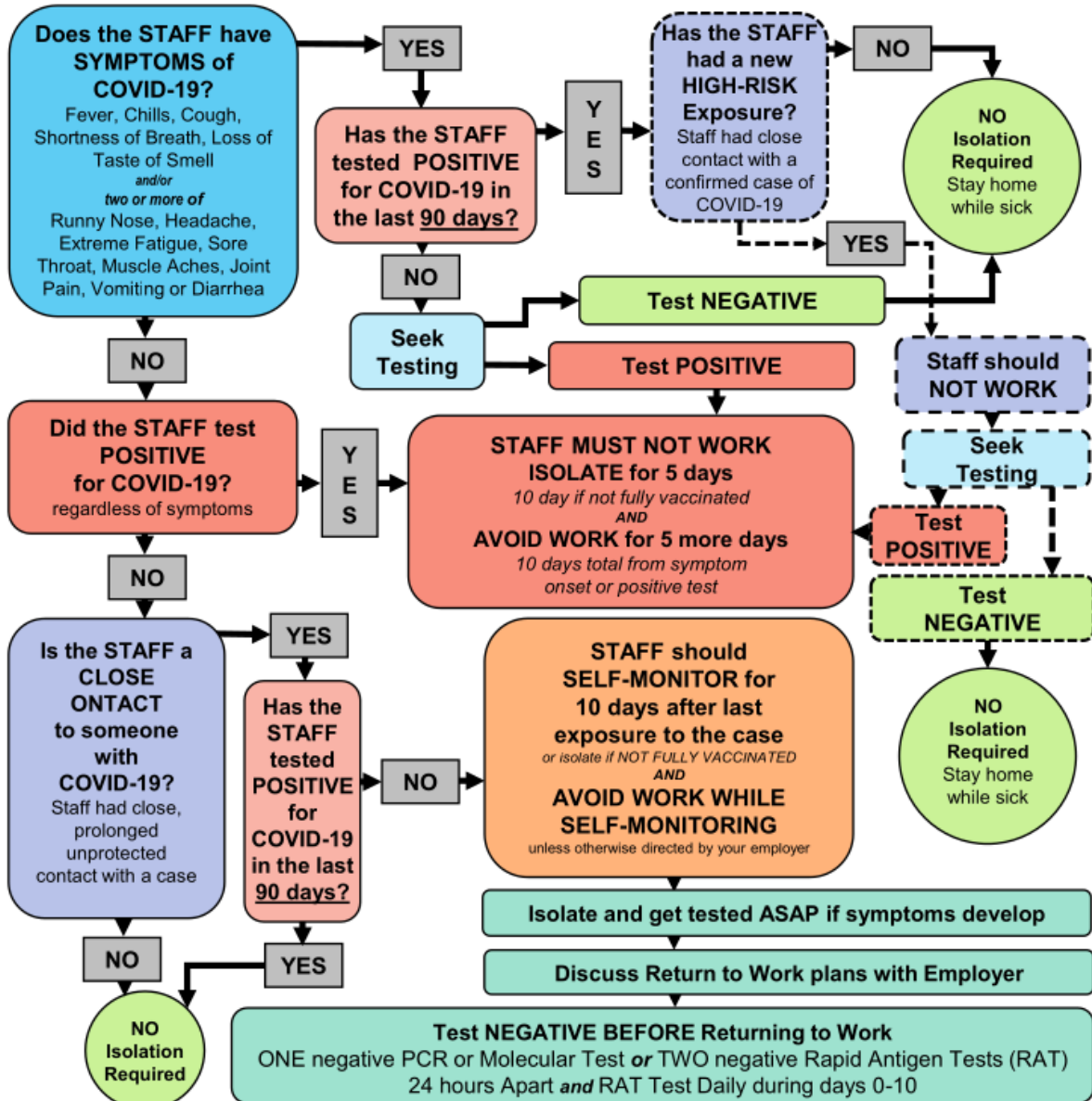
You should NOT visit or attend work in any high-risk settings and not visit individuals who may be at higher risk of illness (i.e.: seniors or immunocompromised) for 10 days after your last exposure.


The Health Centre recommends that programming at the Youth Centre be paused until minimally Wednesday July 27, 2022, and that the Youth Centre undergo a thorough cleaning process.


If you, or others start to experience symptoms that are concerning (for example: shortness of breath), please present at the local emergency room for assessment.

Below, is an illustrative testing and isolation decision process from Grey Bruce Public Health.

COVID-19 Testing and Isolation Decision Process
for Staff in Highest-Risk Settings Updated March 22, 2022



 **PCR or Molecular Testing** is the preferred method for testing for staff in highest-risk settings however Rapid Antigen Testing may be used where there are issues with access or timeliness of more sensitive test options.

 **SYMPTOMATIC STAFF** who are previously positive or who test negative for COVID-19 and do not have to isolate as a case should remain off work as per the employer's illness exclusion policy (e.g. symptoms improving for at least 24 hours, or symptoms resolved for 48 hours if vomiting/diarrhea)