

**The Ceremony listed below is Conducted by Jay Bird  
from Batchewana First Nation of the Ojibway.**

## **Jiisikaan**

**840 French Bay RD**

**Sunday July,24/22 Sweat go in sweat by 3:00pm**

**Mon, 1 on 1's /Jiisikaan at sunset**

**Tues, Talking Youth**

**Items to bring if you are making a request from Jiisikaan :**

- 1.Tobacco**
- 2. A metre of cloth, any colour except black**
- 3. A gift**

**Please bring a food item for the feast before the ceremony  
and bring your feast bag.**

**Women be sure to wear your skirt if on moon time bring  
helper and helper will bring everything to you.**

**For any questions or more information, and to be put on the sign-up sheet,  
please contact David Root at 519-797-3792 ext 1006  
or Cell 519-353 8135**

**Building Healthy Communities & Community Health Representative**

