

# SAUGEEN FIRST NATION

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## **DATKAAGMIN (BLACKBERRY or THIMBLEBERRY MOON)**

The eighth moon of Creation is Thimbleberry Moon (Blackberry Moon), when we honour the blackberry which produces an abundance of fruit once every three years. It was one of the first plants put on Mother Earth, and its purpose is to protect the Sacred Circle of life by allowing us to recognize and understand the teachings that come from the Spirit World. The eighth moon can fall in either July or August, depending on the year. In 2022 it falls on August 11, 2022. (*13 MOONS – Teacher's Guide 10 – Muskrat Magazine – Aug. 14, 2015*)

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# NEWSLETTER

# AUGUST 2022

# Saugeen First Nation #29 Annual Competition Pow-wow



## AUGUST 13 & 14, 2022

Saugeen James Mason Memorial Centre 47 French Bay RD, Southampton ON, N0H 2L0  
**Everyone Welcome!**

### GRAND ENTRIES

**Saturday: 12pm & 6pm**

**Sunday: 12pm**

### Cash Admission at Gates

#### MASTER OF CEREMONIES:

Allen Manitowabi

**HOST DRUM: CHARGING HORSE**

**CO-HOST: CHIPPEWA HILL**

**HEAD DANCE JUDGE:**

JORDAN WHITEYE

**Head Drum Judge:**

Lorne Pawis

**ARENA DIRECTOR: WESLEY CLELAND**

**HEAD MALE: DESTIN SMOKE**

**HEAD FEMALE: ANGELINE KIMEWON**

### SPECIALS

LORNE PAWIS, 1 MAN 1 DRUM SINGING  
SPECIAL - \$200.00 WINNER TAKES ALL

DARLA WESLEY IRON WOMENS FANCY  
SHAWL MEMORIAL SPECIAL \$1000.00  
PAYOUT

POP-UP COMMITTEE DANCE SPECIALS

### Dancers and Singers Registration: 9:00am - 12:00pm

#### Dance Categories

Golden Age Men's Combined 50+

1st \$1000.00 | 2nd 800.00 | 3rd 500.00 | 4th \$300.00

Golden Age Women's Combined 50+

1st \$1000.00 | 2nd 800.00 | 3rd 500.00 | 4th \$300.00

Adult Categories 18-49

Traditional | Grass | Jingle | Fancy

1st \$1000.00 | 2nd 800.00 | 3rd 500.00 | 4th \$300.00

Teen Categories 13-17

Traditional | Grass | Jingle | Fancy

1st \$400.00 | 2nd \$300.00 | 3rd 200.00 | 100.00

Junior Categories 7-12

Traditional | Grass | Jingle | Fancy

1st \$200.00 | 2nd \$150.00 | 3rd \$100.00 | \$75.00

Tiny Tots and Babies - Payout Daily

Drum Competetion

1st. \$4000.00

2nd.\$3000.00

3rd. 2000.00

Drum Spilt

#### VENDOR INFORMATION REGISTRATION REQUIRED

**FOOD: 1 DAY \$150.00 | FOOD 2 DAYS: \$250.00**

**CRAFT 1 DAY: \$100.00 | CRAFT 2 DAYS:\$150.00**

#### DRUG AND ALCOHOL FREE EVENT

#### FOR MORE INFORMATION

**PLEASE CONTACT LETITIA THOMPSON**

**EMAIL: LETITIA.THOMPSON@SAUGEEN.ORG**

**PHONE: 519-379-7671**

Onsite Parking and Camping: 47  
French Bay RD, Southampton ON  
N0H 2L0



**ENTRY FEE  
\$600**

**PERFORMANCE BOND  
\$200**

**AUGUST 26, 27 & 28, 2022**

# **ALL ONTARIO NATIVE FASTBALL CHAMPIONSHIP**

**| SIX DIVISIONS | DOUBLE KNOCK OUT |**

**MEN'S MASTERS ( 40+)**

**MEN'S OPEN**

**JR MEN'S (U18)**

**WOMENS MASTERS (40+)**

**WOMEN'S OPEN**

**JR WOMEN'S (U18)**

**SAUGEEN FIRST NATION #29 BALL DIAMONDS**

**TEAM REGISTRATION & ENTRY FEE DEADLINE AUGUST 12**



**FOR REGISTRATION, TOURNAMENT OR VENDOR INFORMATION PLEASE CONTACT  
TIM KEWAGESHIG @ SAUGEENALLONTARIO2022@GMAIL.COM**

## Candidate's Withdrawal Form

I, \_\_\_\_\_, band # \_\_\_\_\_, hereby withdraw  
(Name)

my name as a candidate for chief / councillor (circle one) at the election being  
held on the Saugeen First Nation #29 on August 26<sup>th</sup>, 2022.

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)

**Witnessed by:**

\_\_\_\_\_  
(Print name of Witness)

\_\_\_\_\_  
(Signature of Witness)

**Note: The witness must be either the Electoral Officer, a justice of the peace, a notary public or a commissioner for oaths.**



## Polling Notice - General Election

Notice is hereby given to eligible voters of the Saugeen First Nation #29 Indian Band that a General Election poll will be held Friday August 26, 2022, to elect one (1) Chief and nine (9) Councillors of the Band, and that such poll will be open from nine (9:00) o'clock a.m. local time until eight (8:00) o'clock p.m. local time at the **James Mason Memorial Cultural/Recreation Centre**. I will count the votes that same day, Friday August 26, 2022, at the same location immediately after the close of the poll and declare the results of the election.

All members of Saugeen First Nation #29, whether they are living on-reserve or off-reserve, who are eighteen (18) years of age or older on Friday the 26<sup>th</sup> day of August, 2022 are eligible voters and may cast a ballot in person or by mail-in.

Eligible voters living off-reserve, for whom a last-known address is made available to the Electoral Officer by the Saugeen First Nation #29, shall be sent a mail-in ballot package.

Eligible voters living on-reserve, who for any reason choose not to attend the poll or who are unable to attend the poll in person on Friday August 26, 2022, may contact the Electoral Officer to receive a mail-in ballot after July 22, 2022.

Eligible voters who receive or pick up a mail-in ballot package may attend the poll and vote in person but, in doing so, shall forfeit the count of their mail-in ballot.

Given under my hand at Saugeen First Nation #29, July 15<sup>th</sup>, 2022.

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G. Scott Jacobs, Electoral Officer

If you have any questions, please call me or Karen Jacobs at (705) 741-3773, or by e-mail at [scott.jacobs@sympatico.ca](mailto:scott.jacobs@sympatico.ca).



**Happiest of birthdays to the  
following August babies!!**

**Vicky Kewageshig – Aug 3<sup>rd</sup>**

**Kristy Snowdon – Aug 17<sup>th</sup>**

**Ben Mandawoub – Aug 19<sup>th</sup>**

**Phil Kewageshig – Aug 22**

**Love from all the Kewageshig/Mandawoub Families!!**



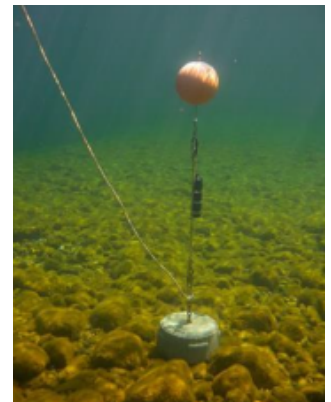
# Whitefish Telemetry Study

## In Progress

Due to the drastic decline of Whitefish in the last 20 years, SON has partnered with MNDMNRF - Upper Great Lakes Management Unit and Parks Canada, in setting up telemetry receivers in Lake Huron and Georgian Bay to track Lake Whitefish movements.

### Watercraft Operators Be Advised!

There are **2** active telemetry study sites in **Lake Huron**. The receivers are tethered to a buoy submerged under the surface of the water. **Please travel cautiously & be aware of your surroundings when dropping anchor.**



\*Small Sailboats and Sea Doo's are most likely to come into contact with this research equipment. *If you manage to snag a receiver and it has been separated from its anchor please call the Saugeen Fisheries Department at 519 797 2781 ext. 2400.*



**SFN Summer Students are Fundraising  
for the 2022 End of the Summer Trip ~  
*Toronto Blue Jay Game – Aug. 17/22.***



**50/50 Draw – Draw date August 26<sup>th</sup>**

**100 Squares @ \$10.00 each ~ Winner of \$500.00 CASH**

**Miigwetch for supporting the Youth of  
Saugeen First Nation.**

*Contact ~ Charity, Rayden, Ryan, Avery, Cashtin, Walker, Jackson, Allan,  
Oakland & Connor*

*Employment Staff – Jennifer 519-797-1224*



# INDIGENOUS DISABILITY CANADA

# 6 - 1610 Island Highway – Victoria - British Columbia – Canada – V9B 1H8

Tel: (250) 381-7303 - Toll Free: 1-888-815-5511 - Fax: (250) 381-7312

Email: [sislp@bcands.bc.ca](mailto:sislp@bcands.bc.ca) - Website: <https://www.bcands.bc.ca/isslp/>

2022

*Dear Friends / Colleagues / Students*

I hope this email finds you well. I am contacting you today from Indigenous Disability Canada (IDC). IDC is an internationally recognized and award-winning, not-for-profit, Indigenous disability organization operating since 1991.

I want to inform you of our **Support for Indigenous Student Learning Program or SISLP**. The SISLP is a time-limited program available through application, to Indigenous students who have limited financial resources, including those students living with disabilities.

Successful applicants will receive a new laptop or other eligible technology support necessary to assist in their studies. Our goal through the SISLP is to assist Indigenous students in their continued educational success and participation, and as eventual leaders in Canada. We are now accepting applications from eligible Indigenous students across Canada. The program is designed to end in March 2023. However, it might be shortened and upon the amount of application we received. So, I would Recommend applying sooner than later.

Last year through the SISLP, IDC awarded over \$800,000 worth of new laptops and technology, and this year we will be awarding another \$2.5 million to successful Indigenous student applicants across Canada.

Indigenous students of **any age** are eligible as long as they are of low-income, enrolled in a Formal educational program or school at any level from kindergarten to postsecondary or taking courses through an accredited institution (online, remote, or on-site), and actively attending their classes. Students can reside within **any province or territory** including within Indigenous and non-Indigenous communities.

You are receiving this letter as we are hoping you can assist us in promoting, coordinating, and identifying potential applicants for this program. I have attached an application form that also includes more information and for the purpose of photocopying, and a poster should be an opportunity to post. Please feel free to circulate this, and please inform any student, parent of students and schools who could benefit from this program!

For more information on the SISLP and to download the application form, please visit:

<https://www.bcands.bc.ca/isslp/> or email us at [sislp@bcands.bc.ca](mailto:sislp@bcands.bc.ca)

Thank you for your attention and assistance! Stay well.

Sincerely,

Aifang Qiao

**Program Coordinator**

***The Support for Indigenous Student Learning Program***

Indigenous Disability Canada

Toll Free: 1-888-815-5511

B.C. Capital Region: (250) 381-7303 ext. 202 Email: [sislp@bcands.bc.ca](mailto:sislp@bcands.bc.ca)

# August

2022

## Saugeen Food Bank

- Clients can access the Food Bank **Once Every 4 Weeks**  
(In an emergency Situation, please talk to Food Bank staff)
- Perishables are available on the 2<sup>nd</sup> and 4<sup>th</sup> weeks of each Month, these come on a First Come First Serve basis, so we Reccomend an appointment
- Delivery is available on Tuesdays and Thursday and is for those who Do Not have transportation to access the Food Bank
- Please book a day ahead of time for Delivery as these spots fill fast



| Sunday                    | Monday                              | Tuesday                                   | Wednesday  | Thursday                                  | Friday                    | Saturday      |
|---------------------------|-------------------------------------|---|--|---|---------------------------|---------------|
|                           | 1<br><b>CLOSED</b><br>Civic Holiday | 2<br>OFFICE<br>9-4:30                     | 3<br>9-12<br>Staff Pig Game &<br>BBQ                         | 4<br>OFFICE<br>9-4:30                     | 5<br>OFFICE<br>9-4:30     | 6             |
| 7<br>PERISHABLES<br>WEEK  | 8<br>SHOPPING &<br>PACKAGING        | 9<br>WALK INS<br>9:30-12<br>DELIVERY 1-4  | 10<br>ALL DAY WALK INS<br>Come & Go<br>Luncheon<br>11AM- 1PM | 11<br>WALK INS<br>9:30-12<br>DELIVERY 1-4 | 12<br>ALL DAY<br>WALK INS | 13<br>POW WOW |
| 14<br>POW WOW             | 15<br>OFFICE<br>9-4:30              | 16<br>OFFICE<br>9-4:30                    | 17<br>OFFICE<br>9-4:30                                       | 18<br>OFFICE<br>9-4:30                    | 19<br>OFFICE<br>9-4:30    | 20            |
| 21<br>PERISHABLES<br>WEEK | 22<br>SHOPPING &<br>PACKAGING       | 23<br>WALK INS<br>9:30-12<br>DELIVERY 1-4 | 24<br>ALL DAY<br>WALK INS                                    | 25<br>WALK INS<br>9:30-12<br>DELIVERY 1-4 | 26<br>ALL DAY<br>WALK INS | 27            |
| 28                        | 29<br>OFFICE<br>9-4:30              | 30<br>OFFICE<br>9-4:30                    | 31<br>OFFICE<br>9-4:30                                       |   |                           |               |
|                           |                                     | OFFICE #:<br>(226) -435-2210              | WORK CELL:<br>(519)-372-5926                                 | CLOSED DAILY<br>12 PM -1PM                |                           |               |



# **SAUGEEN FOOD BANK EMPLOYMENT OPPORTUNITY**



Reports to: Food Bank Support Worker  
Terms: 1 year (Funding provided by OW)  
Hours: 3 days a week  
Salary: \$15.55/hr  
Location: Food Bank Building

## **SUMMARY:**

To help the Food Bank staff with daily functions such as food distribution to clients, stocking shelves, shopping and packaging of perishables, maintaining inventory and ensuring a clean and safe work environment.

## **QUALIFICATIONS:**

- Applicants must be OW or ODSP clients
- Must have Food Handlers Certificate or willing to obtain
- Knowledge of Food Safety
- First Aid/CPR or willing to obtain

In order to be eligible for this work placement you must be willing to agree to the following.

- Complete monthly survey reflecting your experience
- Follow up after completion of your employment experience to track the impacts of the Employment experience on the Participant employment past.
- Must not have taken part in the same Employment Experience program within the last 2 year

Applicant **MUST** include:

Current cover letter

Current Resume

Three names of reference with telephone numbers) on must be a recent employer)

DEADLINE DATE                      Wednesday August 17, 2022 @ 4:00 pm  
Please submit resumes to        Saugeen Ontario Works  
   6470 Hwy 21, Southampton, ON   N0H 2L0  
Email: [Tricia.Stevens@saugeen.org](mailto:Tricia.Stevens@saugeen.org)  
Fax:       519-797-2955

# August

2022

## HOME & COMMUNITY CARE

| Monday  | Tuesday                                  | Wednesday                                     | Thursday                              | Friday                              |
|---|--|---|---------------------------------------|-------------------------------------|
| 1<br>BAND BUILDINGS CLOSED<br>FOR CIVIC HOLIDAY | 2<br>Keady Market                        | 3<br>BRUNCH @ ELDERS<br>BUILDING 11:00am      | 4<br>Falls Prevention<br>11:00- 1:00  | 5<br>PORT ELGIN SHOPPING            |
| 8<br>Falls Prevention<br>11:00- 1:00            | 9<br>Tie Dye Craft at Elders, 12<br>noon | 10<br>PORT ELGIN MARKET                       | 11<br>Falls Prevention<br>11:00- 1:00 | 12<br>JACQUIE ON HOLIDAY            |
| 15<br>Falls Prevention<br>11:00- 1:00           | 16<br>Harrison Park                      | 17<br>ELDERS BINGO<br>12:00 Lunch, 1:00 Games | 18<br>Falls Prevention<br>11:00- 1:00 | 19<br>HANOVER SHOPPING              |
| 22<br>Falls Prevention<br>11:00- 1:00           | 23<br>Keady Market                       | 24<br>LORD ELGINS LUNCH                       | 25<br>Falls Prevention<br>11:00- 1:00 | 26<br>JACQUIE ON HOILDAY            |
| 29<br>JACQUIE ON HOILDAY                        | 30<br>JACQUIE ON HOILDAY                 | 31<br>JACQUIE ON HOILDAY                      | September 1st<br>JACQUIE ON HOILDAY   | September 2nd<br>JACQUIE ON HOILDAY |

PLEASE CALL JACQUIE JOHNSON FOR TRANSPORTATION AND TO SIGN UP FOR EVENTS 519-797-3336 EXT 1010 OR 519-373-7274

# August

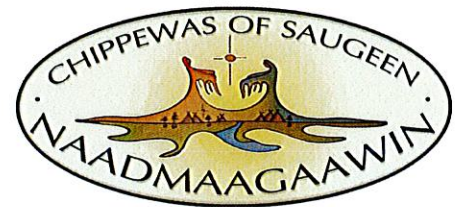
## 2022

Saugeen Ontario Works

### Wild Edible Plants Workshop

Dr. Ferri and Jennifer Ferri, are happy to bring back the Wild Edible Plants Workshop held August 9 and 10, 2022 at 10am to 3pm. Come on out and join us. Lunch and transportation are provided.

Call the Ontario Works office at 519-797-1613 to book for a ride.



| Sunday | Monday | Tuesday   | Wednesday  | Thursday | Friday  | Saturday |
|--------|--------|---|--|----------|---|----------|
|        | 1      | 2<br>Information<br>Session                     | 3  | 4        | 5   | 6        |
| 7      | 8      | 9<br>Wild Edible<br>Plants Workshop<br>10am-3pm | 10<br>Wild Edible<br>Plants Workshop<br>10am-3pm | 11       | 12  | 13       |
| 14     | 15     | 16<br>Income<br>Statements and<br>Job Searches  | 17   | 18       | 19  | 20       |
| 21     | 22     | 23  | 24   | 25       | 26<br>Income<br>Statements and<br>Job Searches late | 27       |
| 28     | 29     | 30<br>Information<br>Session                    | 31<br>Direct Deposit<br>date                     |          |   |          |
|        |        |   |  |          |   |          |



# Saugeen Ontario Works

## Information Session



**Date:** Tuesday August 2, 2022

**Time:** 1:30pm to 3:30pm

**Location:** 6470 Hwy 21, Saugeen Ontario Works Office

**Transportation** is available upon request. Call 519-797-1613  
Please give two to three working day notice if this is a service  
you will need.

Light snacks and drinks will be provided.

Please look for invites in your mail. **Information Session's are mandatory. If you received a letter and fail to attend the session, your eligibility could be put on hold.** Contact your caseworker if the following scheduled invite conflicts with your schedule.

# Saugeen Ontario Works Information Session



**Date:** Tuesday August 30, 2022

**Time:** 1:30pm to 3:30pm

**Location:** 6470 Hwy 21, Saugeen Ontario Works Office

**Transportation** is available upon request. Call 519-797-1613  
Please give two to three working day notice if this is a service  
you will need.

Light snacks and drinks will be provided.

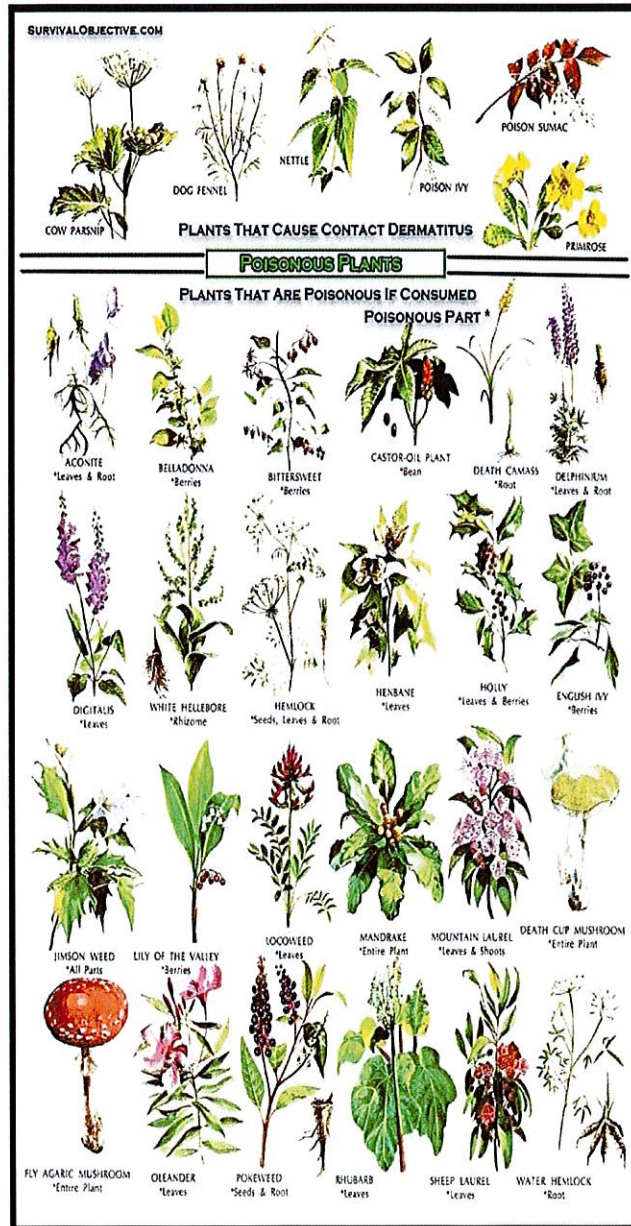
Please look for invites in your mail. **Information Session's are mandatory. If you received a letter and fail to attend the session, your eligibility could be put on hold.** Contact your caseworker if the following scheduled invite conflicts with your schedule.



# Wild Edible Plants, Two Day Workshop

With Dr. Ferri and Jennifer

Saugeen Ontario Works has decided to bring the Wild Edible Plants workshop back the second time.



participant

**Date:** Tuesday August 9, and  
Wednesday 10, 2022

**Time:** 10:00am to 3:00pm

**Location:** 6470 Hwy21, Saugeen  
Ontario Works Office.

**Transportation** is available upon request. Call 519-797-1613. Please give two to three working day notice if this is a service you will need. Please call to reserve a spot.

Lunch will be provided.

Topic will cover: **A Walk in the Garden:**  
**Nutritional Discussions on Edible, Medicinal, Useful Plants** Highlights the following:

- Plant Field Activities
- Identifying Edible, Useful, Medicinal Plants
- Braiding Fresh Sweetgrass
- Nutritional Discussions
- Making a Tisane
- Sampling homemade whole grain Pasta
- We will make a freshly sautéed medley of garden greens
- Ingredients: Olive Oil, Red Onions, Garlic, Chives, Lambs quarters, Parsley, Sage, Coltsfoot, Wild Ginger, Dandelion
- Clients will craft a lovely medicinal pouch made of top grain Canadian tanned leather
- 5 Eating Out Books will be supplied to 5





**To:** Members of Saugeen First Nation

**From:** Gerry Glover - Health Director

**Date:** August 2022

**Re:** Practice Re-introduction - Dr. Susan Horsfall

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To Whom It May Concern:

On behalf of the Mino Bimaadsawin Health Centre, we would like to re-introduce the community to, **DR. SUSAN HORSFALL**.

Dr. Susan Horsfall is a primary care physician, providing primary care and family practice coverage to Saugeen First Nation every Tuesday and Thursday. Dr. Horsfall is also a palliative care and obstetrics sub-specialty physician.

Should you, your child(ren) and/or a member of your family, require access to a physician, we encourage you to contact the Health Centre to determine your eligibility.

**Eligibility Criteria**

- Saugeen First Nation Member
- Not currently 'rostered' nor have regular access and affiliation to a primary care provider (physician or nurse practitioner)

The following is contact information for **DR. SUSAN HORSFALL**:

**Address**

Mino Bimaadsawin Health Centre  
47 Mason Drive, Southampton, ON N0H 2L0

**Telephone**

519-797-3792

**Fax**

1-(866) 694-2494

Mino Bimaadsawin Health Centre  
**Saugeen First Nation #29**  
47 Mason Drive, Southampton, ON N0H 2L0  
T 519.797.3792



**To:** Members of Saugeen First Nation

**From:** Melissa Brown - Community Health Nurse  
Gerry Glover - Health Director

**Date:** August 2022

**Re:** COVID Reporting and Testing

Should you, a member of your household and/or a member of your workplace department at Saugeen First Nation, have: concerns related to exposure, and/or is experiencing symptoms associated to COVID, and/or has tested positive for COVID, and/or you have been in contact with someone who has tested positive, we encourage you to:

**Call the Community Health Nurse at: 519-372-6816**

Report Symptoms and/or Exposure Risk  
Get a Test  
Follow Advice

**Have YOU been a close contact of someone who has tested positive?**

Self-isolate immediately for at least 5-days (*if fully vaccinated or under 12*) **OR** for 10-days (*if not fully vaccinated or immunocompromised*) after symptom onset – **AND**, until you have no fever with any other symptoms, and are improving for 24-hours (or 48-hours for gastrointestinal symptoms) following the self-isolation period.

**Questions? Call 519-372-6816**

**If the positive and/or asymptomatic person does not have COVID symptoms**

Self-monitor for symptoms for 10-days after exposure.

If you, or a person you know does develop symptoms, get tested and self-isolate immediately.

**Questions? Call 519-372-6816**

**Wear a Mask. Wash Hands Regularly. Social Distance.**

If you, or others start to experience symptoms that are concerning (for example: shortness of breath), please present at the local emergency room for assessment.

*This protocol will remain in effect until further notice.  
As protocol is revised, updated guidance document(s) will be broadly distributed.  
We appreciate your consideration to the health, safety, and wellness of our community.*



**For Immediate Release**

**To:** Members of Saugeen First Nation  
**From:** Gerry Glover - Health Director  
**Date:** August 2022  
**Re:** New Records Management System

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Please be advised, the Health Centre has recently completed implementation of a Comprehensive Health Records (CHR) system.

This is the first-ever CHR employed for use at the Health Centre and is the latest iteration in record management systems offered by Telus Health.

Development and configuration of the CHR was a diligent process that occurred over three-months.

The CHR is a central repository whereby all patient information is maintained in compliance with privacy legislation.

Designated staff have received customized training based on their respective portfolios and all staff will participate in mandated privacy and confidentiality training.

We ask for your patience when you attend the Health Centre as we continue to be in a transition period of uploading patient information into the secure repository.

Should there be questions or concerns about the safety and security of your Personal Health Information (PHI), the Health Director is the designated Privacy Officer.



## For Immediate Release

**To:** Members of Saugeen First Nation

**From:** Melissa Brown – Community Health Nurse  
Gerry Glover - Health Director

**Date:** August 2022

**Re:** Public Information Release - COVID Testing & Isolation Decision Process  
**\*\*Continued Vigilance\*\***

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Please be advised, we are aware that COVID cases in Grey-Bruce continue to increase. Saugeen First Nation remains a community considered 'high risk', as such we would like to encourage the community to continue to be vigilant.

Based on Public Health Guidelines, and in consideration of national and provincial rates of COVID variants, the Health Centre recommends:

- Anyone that has been a close contact of someone who has tested positive for COVID-19 or someone with COVID-19 symptoms and is positive and/or symptomatic and does not reside in the same household, should self-isolate immediately for at least 5 days (*if fully vaccinated or under 12*) **OR** for 10 days (*if not fully vaccinated or immunocompromised*) after symptom onset – and, until you have no fever with any other symptoms, and are improving for 24-hours (or 48 hours for gastrointestinal symptoms) following the self-isolation period.
- In the event the positive/symptomatic person does not have COVID symptoms, they should self-monitor for symptoms for 10 days after exposure and report the exposure to the **Community Health Nurse (519-372-6816)**. If the person does develop symptoms, get tested and self-isolate immediately.
- If the COVID positive person resides with others, and if they meet the below criteria, they do not need to self-isolate:
  - They have previously tested positive for COVID-19 in the last 90 days
  - They are 18+ and have had a first booster dose
  - They are under 18 years old and are fully vaccinated
  - If they do not meet the above criteria, they must self-isolate while the positive/symptomatic person is isolating. If they develop symptoms, continue (or start) to self-isolate and get tested. If anyone else in the household develops symptoms, and if they are isolating and still have no symptoms, then they should extend self-isolation until the newly symptomatic person has finished isolating.





## **For Immediate Release**

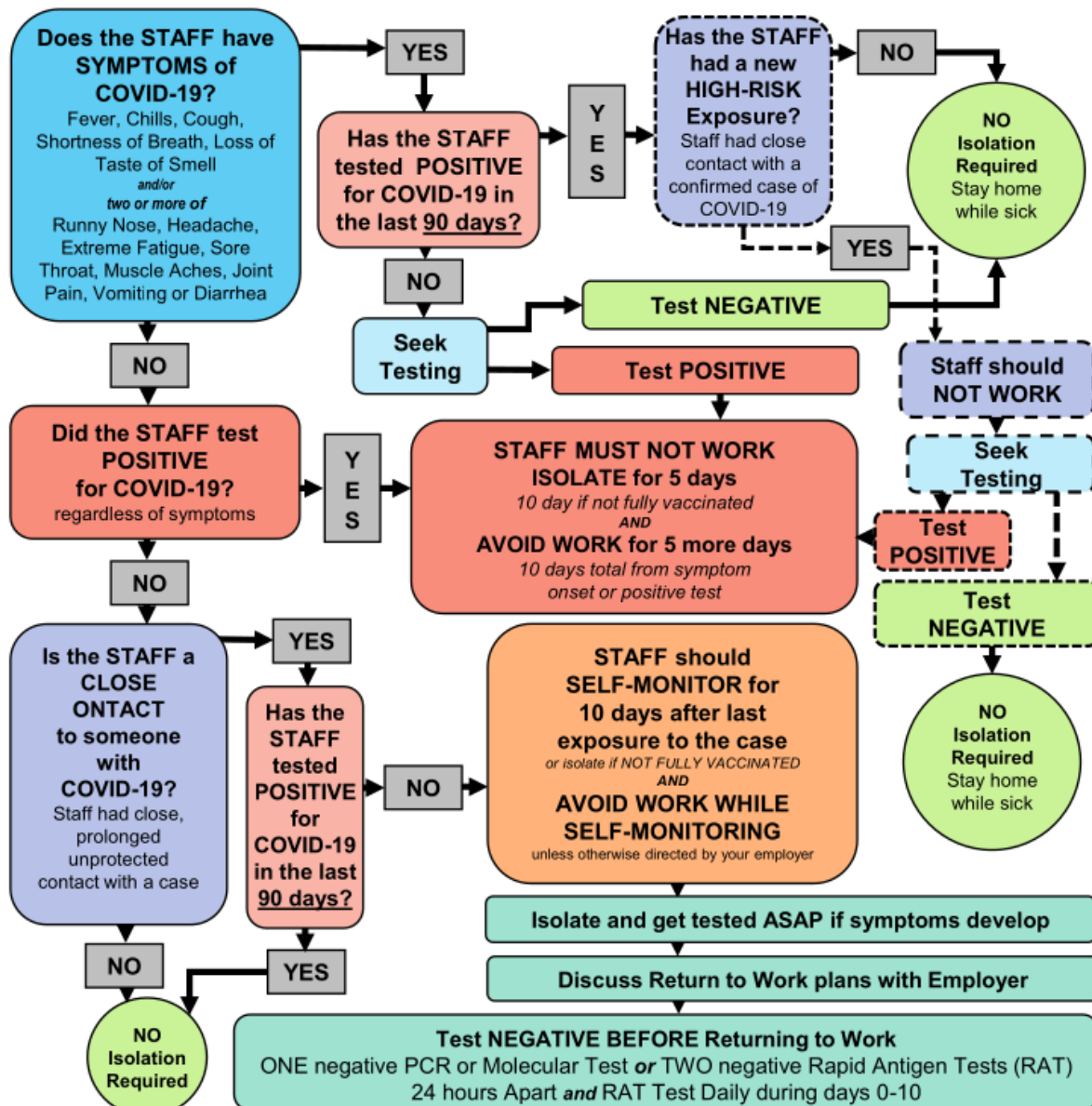
Those that may be affected, please wear a well-fitted mask in public (including Elder's Lodge, Health Centre, and childcare facilities, unless under 2 years of age), physical distance and maintain other public health measures for 10 days following last exposure if leaving home.


As a general reminder, you should NOT visit or attend any highest risk settings and not visit individuals who may be at higher risk of illness (i.e.: seniors or immunocompromised) for 10 days after your last exposure.


If you, or others start to experience symptoms that are concerning (for example: shortness of breath), please present at the local emergency room for assessment.

## COVID-19 Testing and Isolation Decision Process for Staff in Highest-Risk Settings

Updated March 22, 2022



 **PCR or Molecular Testing** is the preferred method for testing for staff in highest-risk settings however Rapid Antigen Testing may be used where there are issues with access or timeliness of more sensitive test options.

 **SYMPTOMATIC STAFF** who are previously positive or who test negative for COVID-19 and do not have to isolate as a case should remain off work as per the employer's illness exclusion policy (e.g. symptoms improving for at least 24 hours, or symptoms resolved for 48 hours if vomiting/diarrhea)



## For Immediate Release

On behalf of the Mino Bimaadsawin Health Centre and in collaboration with Grey Bruce Health Services, we are pleased to announce the introduction of Sharing Circles.

The purpose of Sharing Circles is to provide a welcoming and supportive environment for members of our community - who may have had care experiences that fell short of expectations, the opportunity to constructively share and discuss concerns with a member of the patient relations team from Grey Bruce Health Services.

**Beginning Thursday July 7<sup>th</sup>, 2022**, the Mino Bimaadsawin Health Centre will host Saskia MacMillan who will co-facilitate a Sharing Circle in conjunction with Dave Root. Sharing circles will be offered the first Thursday of each month from 1:00p.m. until 4:00p.m.

**Beginning Thursday July 21<sup>st</sup>, 2022**, community members may schedule a one-on-one appointment with Saskia MacMillan to further discuss their concerns, care experiences, or to report complaints. Appointments will be offered the third Thursday of each month from 1:00p.m. until 4:00p.m. and may be scheduled via email at: [patientrelations@gbhs.on.ca](mailto:patientrelations@gbhs.on.ca) or via telephone at: 519-372-3920 extension 2308.

### What is Sharing Circle?

- Sharing Circles offer an opportunity to allow for trusting, respectful and reciprocal relationships to be built, strengthened, and enhanced through improved communication.
- Sharing Circles apply lessons from the Seven Sacred Teachings of: Respect, Honesty, Wisdom, Love, Bravery, Truth, and Humility.
- Sharing Circles allow participants to see each other, and that regardless of our role, lived experience or capacity – we are all equal in a circle.
- A Sharing Circle reminds participants that they are not alone, and through sharing experiences, it is thought that we will develop new relationships that will survive the sharing circle.

### Expectations of Process

Discussing concerns, and/or reporting complaints may be emotional and even overwhelming. This process does not have authority to terminate employment, however; this process will view complaints objectively as an opportunity to learn and improve.

### For more information, please contact:

Gerry Glover, Health Director  
Mino Bimaadsawin Health Centre  
T: 519-797-3792 ext.: 1003  
E: [health.director@saugeen.org](mailto:health.director@saugeen.org)

Saskia MacMillan, Patient Relations Advisor  
Grey Bruce Health Services  
T: 519-376-2121 ext.: 2308  
E: [patientrelations@gbhs.on.ca](mailto:patientrelations@gbhs.on.ca)



### **Sharing Circle Protocols**

- a. Determine what the circle will use as a talking piece. Usually, an item from nature is preferred such as a stick or feather.
- b. Determine the facilitator (or co-facilitator). The facilitator will be the keeper of the talking piece, open the circle and close the circle.
- c. Determine what is in the middle of the circle. Some circles surround a fire, some surround sacred medicines, pipes, or smudging tools.
- d. Determine the direction of the circle. This usually depends on the Indigenous territory – for example if the circle was held Haudenosaunee (Iroquois) territory, the circle will most likely go counter-clockwise with the moon. If the circle was held in Anishinabek territory, the circle will most likely go clockwise with the sun.
- e. Participants will enter the circle single file by walking the perimeter in the established direction and not across the middle.
- f. It is not acceptable to bring any material objects into the circle as the focus is on listening and learning.

### **The Circle**

The facilitator will open or begin the circle by holding the talking piece and welcoming the participants. Often the facilitator will open with an introduction, land acknowledgment and comment on the topic of the discussion.

The facilitator may remind participants that:

- Whoever is holding the talking piece is encouraged to speak freely about personal feelings and opinions.
- Speakers are asked to be respectful of other people's time.
- When the speaker is finished, the talking piece is passed in the appropriate direction to the next participant.
- Listeners are not to speak, interrupt or display any reactions to the speaker's feelings or opinions.





- Listeners are encouraged not to judge but be open to learning from each speaker and accept differences of opinion as valuable.
- Participants do not have to speak and can pass the talking piece to the next participant.
- Outside of the circle, participants are not permitted to repeat what is shared by other participants. What is said in the circle, stays in the circle.

Often at this time the facilitator or helper will walk around the circle with a bowl of medicines so that each participant has an opportunity to smudge. This may be repeated at the end of the circle before closing comments.

If there is a fire in the middle of the circle, participants may offer medicines such as tobacco or cedar to the fire from each of the four directions.

During the sharing circle process, a participant may choose not to speak and can pass the talking piece to the next participant. Often when one chooses to say nothing, they are in fact, speaking volumes.

If all participants that have chosen to speak are finished, the circle will end with the facilitator holding the talking piece.

Everyone who didn't speak should be offered another opportunity. It is okay to pass the talking piece back around the circle to that person, should they choose to speak. Keep the talking piece going in the same direction at all times.

Once everyone has had an opportunity to speak, the talking piece is back in the hands of the facilitator. Usually, facilitators will close the circle with a short reflection on the subject matter and encouraging words for participants.

At this time, often the facilitator or a helper will return with the medicines and offer another smudge.

Only once the facilitator is done speaking and puts down the feather are participants able to talk freely or leave the circle.

Participants should leave the circle in the same manner as entering: single file in the same direction as the speaking process.



**To:** Members of Saugeen First Nation

**From:** Melissa Brown – Community Health Nurse  
Gerry Glover - Health Director

**Date:** August 2022

**Re:** Introduction: Community Paramedicine Clinics

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In partnership with Bruce County Emergency Medical Services (EMS) Community Paramedicine (CP) Program, the Health Centre is collaborating to offer a Community Paramedicine Clinic.

The Community Paramedicine Program is a scheduled clinic whereby a Community Paramedic is trained to assist people with managing their health outside the emergency setting, and/or for those who may experience difficulties in accessing primary care services.

Community Paramedics use their expertise, knowledge, and skills to conduct both in-person and virtual visits that include physical assessments, vital signs monitoring, diagnostic testing or procedures, and point of care testing. Community Paramedics are also able to complete home safety scans, falls risk evaluations, and other proactive and preventative evaluations to keep patients safe in their homes.

Should you, or a member of your family, have concerns about your general health, blood pressure, diabetes, falling or diet, we invite you to schedule an appointment, or to drop-in to the Health Centre for an assessment by a member of the Community Paramedicine team. In the event of mobility concerns and if you are not able to attend the Health Centre, please know that we can request a member of the Community Paramedicine team to come to your home.

The Community Paramedicine Program will operate **Monday August 7<sup>th</sup>, 2022, and Monday August 22, 2022, from 10:00am-3:00pm.**

To schedule an appointment, please contact the Health Centre to speak with the Community Health Nurse or the Health Director.



NEYAASHIINIGMIING 36TH ANNUAL TRADITIONAL

# POW WOW

SAT. AUG 20, 2022 | CAPE CROKER PARK



## CALL OUT FOR VOLUNTEERS

We are looking for:

- Setup
- Gate Admission
- Security
- Maintenance
- Drum Registration
- Dancer Registration
- Cedar Gathering
- Merchandise Sales
- Parking Attendants
- Arbour Setup

Some setup will be required a week prior to the event.



We need volunteers :

- Starting as soon as possible
- As well as from Aug. 14-21st
- And most of the day Aug. 20th

Volunteering is open to the public.

If interested, please contact Shawn and provide your:

- First Name, Last Name
- Email Address & Phone #
- Home address
- And volunteer position you are interested in



## CONTACT

Shawn Nadjiwon - Celebration Coordinator  
celebrationcoord@nawash.ca |  
Cell: 519-477-3013 | P: 519-534-1689 ext. 240

<https://www.facebook.com/Nawash.Events.Planning>  
<https://www.facebook.com/groups/325102180892822>





JOIN US FOR  
NEYAASHIINIGMIING 36TH ANNUAL  
TRADITIONAL POW WOW

# MUSICFEST

## FIREWORKS & DRONE SHOW

FRIDAY, AUGUST 19TH  
5:30PM TO SUNSET

AT  
**CAPE CROKER PARK**

GENERAL ADMISSION:  
DONATION

**PERFORMERS JUST  
ANNOUNCED:**

HOCHMAN AKA KEVIN  
LAVALLEY  
GORDIE NADJIWON  
PAINTED SKY  
WITH  
KEESIS NADJIWON AS  
PERFORMER & MC



### IMAGE OF DRONE LIGHT SHOW

This picture is from North Star  
Drone Show; showcasing an  
aerial extravaganza of Swan  
Lake First Nation's heritage.

For more information: Shawn Nadjiwon - Celebration Coordinator  
celebrationcoord@nawash.ca | Cell: 519-477-3013 | Office: 519-534-1689 ext. 240  
<https://www.facebook.com/Nawash.Events.Planning> | <https://www.facebook.com/groups/325102180892822>