

SAUGEEN INDIAN DAY SCHOOLS RETREAT

**January 17 – 19, 2023
(10am To 4pm each day)**

**Silverlake Mennonite Camp
Retreat Site
72 Forest Dr, Sauble Beach**

What will we do at this Retreat?

- A safe space to come back together as people who attended the day schools
- Open sharing circles
- What is Intergenerational Trauma and does it affect me?
- Self-Care Sessions
- Discussions on what is needed for healing for self, family and community

- Transportation – Saugeen Elders bus (Home & Community Care)
- Emotional support will be available each day
- All meals provided
- Day retreat only - “no overnight accommodation”
- **Please contact Lori Kewaquom to register (519) 389-1164**
- **Deadline to register: January 10, 2023**